

TUESDAY, AUGUST 23, 2022

9:00 AM – 9:10 AM

WELCOME TO THE 2022 ILLINOIS HARM REDUCTION SUMMIT

9:10 AM – 10:40 AM

KEYNOTE PRESENTATION: HISTORY OF HARM REDUCTION

The goal of the presentation is to: (1) By the end of the session participants will be able to describe the development of harm reduction in the United States;(2) Participants will understand what factors contribute to the success of harm reduction's growth and dissemination, and what can be done to continue the growth of harm reduction in our state.

Maia Szalavitz, Award-Winning Neuroscience Author, Journalist & Mental Health Advocate

10:40 AM – 10:55 AM

BREAK

10:55 AM – 11:55 AM

PANEL: TECHNOLOGIES FOR IDENTIFYING FENTANYL AND OTHER EMERGING SUBSTANCES

Objectives: (1) Participants will be able to describe the different technologies available for front-line drug checking, clinical toxicology, and forensic toxicology; (2) Participants will be able to describe gaps in results and/or evidence for each of the technologies in Objective #1, including how polysubstance use can be interpreted in light of different types of results; (3) Participants will be able to describe general trends in the Illinois illicit drug market, including the emergence of new substances and potential risks for consumers.

Lydia Karch, Program Coordinator, Cook County Department of Public Health

Taylor Wood, Drug Checking Technician, Chicago Recovery Alliance

Dr. Neeraj Chhabra, MD, Cook County Department of Public Health

Dr. Marya Lieberman, University of Notre Dame

11:55 AM – 12:00 PM

BREAK

12:00 PM – 1:00 PM

PANEL: CO-OCCURRING DIAGNOSES THROUGH A HARM REDUCTION LENS

Objectives: (1) Presentation attendees will be able to summarize the connection between substance use disorder and mental illness through a brief overview of co-occurring diagnoses. By emphasizing the biopsychosocial model of substance use disorders and mental illness, attendees will gain perspective of the importance of holistic, trauma-informed, person-centered, integrated care.; (2) Presentation attendees will be able to describe unique perspectives from a person with lived experience of co-occurring diagnoses seeking care through behavioral health services, as well as their professional experience working with people who use drugs who also are experiencing mental illness.; (3) Presentation attendees will be able to define harm reduction principles and practices and successfully integrate them into support for people experiencing substance use and mental illness, both professionally within comprehensive integrated care settings, and personally while supporting loved ones.

Jen Nagel-Fischer, IL-CRSS, IL-CPRS, Founder & Director, The Porchlight Collective

Tom Kinley, MA, Field Support and Systems Change Facilitation, Heartland Alliance Midwest Harm Reduction Institute

WEDNESDAY, AUGUST 24, 2022

9:00 AM – 9:10 AM

WELCOME TO DAY 2 OF THE 2022 ILLINOIS HARM REDUCTION SUMMIT

9:10 AM – 10:00 AM

PRESENTATION: TRAUMA INFORMED PRACTICE

After attending the Trauma Informed Care session, attendees will understand the following: (1) Describe what Trauma-Informed Care is, and the purpose of it.; (2) Explain the roles of Story, Effect, Adaptation, and Resilience in understanding someone's traumatic experiences.; (3) Identify the distinction between Trauma Informed Care and Trauma-specific care.

Erica Ernst, LCSW, RDDP-EMT-P, CADC, Clinical Director / Board President, Renaissance Social Services, Inc. / Chicago Recovery Alliance

10:00 AM – 10:50 AM

PANEL: CREATING OPPORTUNITIES TO COLLABORATE

Objectives: (1) Participants will learn about how to build partnerships for collaboration; (2) Participants will learn how to identify and overcome barriers to collaboration; (3) Participants will identify effective communication strategies regardless of an audience's level of acceptance of Harm Reduction

Joe Trotter, Harm Reduction Program Coordinator, Champaign Urbana Public Health District

Chris Schaffner, CADC, Program Director, JOLT Foundation

Damon Harris, Certified Peer Support Specialist / Case Manager / Harm Reductionist, Utah Naloxone

10:50 AM – 11:05 AM

BREAK

11:05 AM – 11:55 AM

PANEL: FOCUSING ON YOUTH, SUPPORTING FACULTY AND FAMILIES WITH HELPING STUDENTS NAVIGATE SUBSTANCE USE

Objectives: (1) Participants will be able to outline factors impacting young people in receiving adequate information and support about drugs and drug use; (2) Participants will be able to discuss important strategies for adults wanting to support and inform young people about drugs and drug use

Vilmarie Fraguada Narloch, PSYD, Director of Drug Education, Students for Sensible Drug Policy

Stefanie Jones, MA, Harm Reduction Advocate

Mikayla Hellwich, MSW Candidate, Founder & Director, Drug Education Consulting, LLC

Rhana Hashemi, MS, PhD Candidate, Drug Educator, Drug Lady Collective

11:55 PM – 12:00 PM

BREAK

12:00 PM – 1:00 PM

PANEL: OVERDOSE PREVENTION CENTERS / SITES

Objectives: (1) Participants will be able to recognize the role of harm reduction, including safe consumption spaces, on the recovery continuum.; (2) Participants will be able to apply evidence-based harm reduction and treatment services for Substance Use Disorders.

Sam Rivera, Executive Director, OnPoint NYC

Nicole Gastala, MD, Medical Director, Substance Use Prevention and Recovery Division of IDHS

David Jones, IDPH Deputy Director, State of Illinois