

Illinois Department of Public Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  <b>IL6000681</b>	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____  B. WING: _____	(X3) DATE SURVEY COMPLETED  <b>04/15/2019</b>
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NAME OF PROVIDER OR SUPPLIER  <b>HERITAGE HEALTH-GILLESPIE</b>	STREET ADDRESS, CITY, STATE, ZIP CODE <b>7588 STAUNTON ROAD GILLESPIE, IL 62033</b>
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S 000	Initial Comments  Annual Health Survey  Statement of Licensure Violations	S 000		
S9999	Final Observations  Statement of Licensure Violations  300.610a) 300.1210b) 300.1210d)6) 300.3240a)  Section 300.610 Resident Care Policies  a) The facility shall have written policies and procedures governing all services provided by the facility. The written policies and procedures shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee, and representatives of nursing and other services in the facility. The policies shall comply with the Act and this Part. The written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, documented by written, signed and dated minutes of the meeting.  Section 300.1210 General Requirements for Nursing and Personal Care	S9999		

**Attachment A**  
**Statement of Licensure Violations**

Illinois Department of Public Health LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE  Electronically Signed	TITLE	(X6) DATE  05/02/19
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S9999	<p>Continued From page 1</p> <p>b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident. Restorative measures shall include, at a minimum, the following procedures:</p> <p>Section 300.1210 General Requirements for Nursing and Personal Care</p> <p>d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis:</p> <p>6) All necessary precautions shall be taken to assure that the residents' environment remains as free of accident hazards as possible. All nursing personnel shall evaluate residents to see that each resident receives adequate supervision and assistance to prevent accidents.</p> <p>Section 300.3240 Abuse and Neglect</p> <p>a) An owner, licensee, administrator, employee or agent of a facility shall not abuse or neglect a resident.</p>	S9999		
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S9999	<p>Continued From page 2</p> <p>These Regulations were not met as evidenced by:</p> <p>Based on observation, interview and record review, the facility failed to implement fall precautions, provide supervision, provide a proper transfer and determine the root cause of repeated falls for 4 of 4 residents (R23, R44, R50, R10) reviewed for falls in the sample of 42. This failure resulted in R23 sustaining 3 broken ribs and R44 sustaining a laceration requiring staples.</p> <p>Findings include:</p> <p>1. R23's Admission Record, dated April 10, 2019, documents R23 was admitted on 08/02/2018. This Admission Record documents R23 has diagnoses of Dementia, Chronic Atrial Fibrillation, repeated Falls, Hypertension, syncope and collapse and multiple fractures of ribs right side (onset date 4/8/2019).</p> <p>R23's Minimum Data Set (MDS), dated 11/8/2018, documents R23 has a Brief Interview of Mental Status (BIMS) of 12 indicating R23 is moderately cognitively impaired. This MDS also documents R23 requires limited assistance of 1 staff member for bed mobility, transfer and locomotion on the unit. This MDS documents R23 is not steady but able to stabilize without staff assistance when moving from seated to standing, R23 is not steady and only able to stabilize with staff assistance for locomotion with the use of a walker.</p> <p>R23's MDS, dated 2/5/2019, documents R23 has a Brief Interview of Mental Status (BIMS) of 10</p>	S9999		
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S9999	<p>Continued From page 3</p> <p>indicating R23 is moderately cognitively impaired. This MDS also documents R23 requires limited assistance of 2 staff members for bed mobility, limited assistance of 1 staff member for transfer and locomotion on the unit. This MDS documents R23 is not steady but able to stabilize without staff assistance when moving from seated to standing, R23 is not steady and only able to stabilize with staff assistance for locomotion with the use of a walker.</p> <p>R23's Care Plan, dated 11/08/2018, documents, in part, "Focus: I am at risk for falls r/t (related to) Gait/balance problems, hx (history) of falls, and hx of syncope. I need limited assist for transferring and toileting, walking with walker, locomotion in w/c. I am able to walk with one assist and walker in room and corridor. Intervention: Ensure that I am wearing appropriate footwear when ambulating or mobilizing in w/c (wheelchair). Date initiated: 08/09/2018, Educate me on safety reminders and what to do if a fall occurs Date initiated: 08/09/2018, Be sure my call light is within reach and encourage me to use it for assistance as needed. I need prompt response to all requests for assistance. Date initiated: 08/09/2018, Anticipate and meet my needs Date initiated: 08/09/2018. Ensure I am wearing well fitting shoes prior to getting up Date initiated: 1/26/2019. staff retraining on fall interventions date initiated 2/1/2019. Pressure pad to bed and chair date initiated 3/3/2019."</p> <p>R23's Fall Risk Assessment, dated 2/5/2019, documents R23's Morse Fall Risk Score of 80 indicating R23 is a High Fall Risk. There are no other Fall Risk assessments available for review.</p> <p>R23's Occurrence Report, dated 12/22/2018 at</p>	S9999		
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S9999	<p>Continued From page 4</p> <p>02:15 AM, documents, in part, R23 had an unwitnessed fall while ambulating in his room which resulted in a 1.5 centimeter by 1.0 cm laceration to the center of his forehead. The Report Notes documented "Resident stated he was attempting to ambulate to the bathroom unassisted when he slid and lost balance landing on floor. The Report documented he was wearing only socks when the incident occurred. The Report documented "Root cause: Other, inappropriate footwear Recommendation: Slipper socks worn at night Remind and encourage to use call light."</p> <p>R23's Occurrence Report, dated 1/26/2019 at 07:30 AM, documents, V19 witnessed R23 fall in his room. The Report documented R23 sustained a skin tear to the back of his right hand which required steri-strips. The Report documented "Resident was being assisted out of bed by CNA. Resident wearing slipper socks. As CNA assisted resident into a sitting position on the bed he began to slide out of bed, CNA was unable to prevent the fall, but was able to lower resident safely to the floor, landing on his buttocks. Resident did hit his hand on bed frame as he slid onto floor causing a skin tear. Footwear: Slipper-socks." The Report documented the root cause as inappropriate footwear with recommendations for staff to assist resident to wear well fitted shoes before getting up.</p> <p>R23's Care Plan was not updated with the recommendation made from Occurrence Report dated 1/26/19.</p> <p>R23's Occurrence Report, dated 2/1/2019 at 10:20 PM, documents, R23 fell while ambulating in his room. The Report documented he was</p>	S9999		

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S9999	<p>Continued From page 5</p> <p>wearing normal socks. The Report documented he was found on the floor in the sitting position with his feet in front of him and sustained no injuries. The Report documented R23 stated he slipped while getting out of bed. The Report documented "Conclusion: Resident is alert and orientated x 2, he requires limited assist with transfers and ambulation, he is frequently non-complaint with safety, transferring and ambulating without calling for assistance. Current fall intervention is for him to wear slipper socks while in bed. Staff retraining assistance. Current fall intervention is for him to wear slipper socks while in bed. Staff retraining will be given to follow current plan of care. Root cause: Staff did not follow plan. Recommendation: Staff retraining on following fall interventions."</p> <p>R23's Occurrence Report, dated 2/4/2019 at 3:40 PM, documents, R23 fell while in his resident Bathroom. The Report documented he sustained no injuries and was alert and oriented times 2. The Report documented "Resident self transferred to the bathroom without calling for assistance, well fitted shoes on. resident being monitored for cold s/s (signs and symptoms) with increased weakness." The Conclusion of the Report documented "Resident is alert and orientated x 2, he requires limited assist with transfer and ambulation with wheeled walker. He is non-complaint with safety, transferring and walking without calling for assistance. He is noted to have cold symptoms, SOB (shortness of breath), clear nasal drainage. Root cause: Other, possible underlying medical condition Recommendation: Chest X-ray and labs to rule out underlying medical condition." The Report did not document how staff were to provide increased supervision or any other interventions to prevent R23 from future falls.</p>	S9999		
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S9999	<p>Continued From page 6</p> <p>R23's Care Plan was not updated with any interventions to address his non-compliance or how staff were to prevent him from future falls.</p> <p>R23's Occurrence Report, dated 3/3/2019 at 8:20 PM, documents R23 fell while taking himself to the bathroom. The Report documented he sustained a laceration to his left brow measuring 3 cm by 1.5 cm and a skin tear to his right forearm measuring 2 cm by .5 cm. The Record documents "CNA called nurse into residents room Resident noted lying on right side in bathroom with wheelchair at bathroom door. Arm and legs folded inward to middle torso. Resident facing toilet feet outside doorway. Sent to ER (emergency room) for evaluation due to laceration and elevated pulse. Resident Statement of what happened: Resident stated he needed to go to the bathroom and lost balance." The Report Conclusion documented "Resident is alert and orientated x 2 with confusion, he has poor safety awareness. He requires limited assist with transfers and ambulation with use of wheeled walker. He was attempting to take himself to bathroom without calling for assistance, lost balance and fell. Due to noncompliance with safety, pressure pad alarm will be applied while in room. Root cause: Other, Non-compliant with safety. Recommendation: Pressure Pad alarm while in room."</p> <p>R23's Occurrence Report, dated 4/8/2019 at 3:45 AM, documents, R23 had an unwitnessed fall in his room while ambulating to the bathroom unassisted. The Report documented he sustained an abrasion to his right lower back measuring 15.2 cm by (x) 1.2 cm, a skin tear to his right upper arm measuring 5.2 cm x 2.3 cm, a skin tear to his right ear measuring 6.2 cm by 6.1</p>	S9999		
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S9999	Continued From page 7  cm and an abrasion to his mid left back measuring 3.1 cm by 3.1 cm. The Report documented "Resident noted supine on floor with head against dresser, walker in front of him, call light off, alarm sounding, gripper socks on, res (resident) stated he was attempting to go to the bathroom on his own. Assessed by nurse, pain noted with ROM (range of motion), MD (medical doctor) updated and gave orders for X-ray, abrasion. Resident Statement of what happened: 'I'm going PEE'. Conclusion: Resident is alert with confusion. He is non-complaint with safety. He requires limited assist with transferring and ambulation with use of wheeled walker. Root cause: Other, Resident non-complaint with safety." There were no documented recommendations on this Report.  R23's Right Ribs X-ray, dated 4/8/2019, documents, in part, " Impressions: Anterior Lateral right eight, ninth and 10th rib fractures."  On 4/11/2019 at 11:50 AM, V1, Administrator, stated, "Yes, it seems like his real root cause of falls is related to footwear and trying to get up and go to the bathroom."  On 4/11/2019 at 12:11 PM, V2, Director of Nurse (DON), stated, "Fall risk assessments should be completed upon admission and annually." V2 also stated, "The cause of his falls is footwear and trying to go to the bathroom."  The facility policy and procedure Fall Assessment, Risk Identification and Management Policy, dated 3/20/2012, documents, in part, "It is the policy of the facility to assess each resident's fall risk upon admission. Procedure: I. Initial Assessment and Planning A. Upon admission/ readmission, a Fall Assessment will be completed	S9999			



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S9999	<p>Continued From page 8</p> <p>based on the initial admission nursing assessment and the resident history. B. Each resident will be assessed using the MDS upon admission, quarterly and with any significant change assessment. c. The potential for injury will be care planned when appropriate, based on the results of the Fall Assessment. The interdisciplinary care plan will be individualized to reflect the specific needs and risks factors of the resident. E. Fall occurrence will be monitored by the Quality Assurance team. II. Resident Falls c. Care Planning after a fall 1. A licensed nurse will consult with the resident's care givers and other interdisciplinary team members in regard to future interventions, and resident specific risk factors. III. Interventions to manage falls A. Intervention will be based on the resident assessments and the circumstances surrounding the risk for injury or actual fall. "</p> <p>2. R44's current Electronic Health Record (EHR) documents diagnoses of anxiety, Alzheimer's disease, age related osteoporosis, Vitamin D deficiency, and iron deficiency anemia.</p> <p>R44's MDS dated 12/5/18 documents R44 is cognitively impaired and requires extensive assistance of two staff members for toileting.</p> <p>R44's Care Plan dated 5/17/17 documents R44 is at risk for ADL self-care performance deficit and requires extensive assist with toileting. R44's Care Plan 2/26/19 Fall intervention documents "Stay with resident during toileting."</p> <p>R44's Fall Assessment dated 5/23/17 documents R44 is a high risk for falling</p> <p>R44's EHR Health Status Note documents, 2/26/19 11:01: Called to resident room and was updated by V2, Director of Nursing and V5,</p>	S9999		
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S9999	<p>Continued From page 9</p> <p>Licensed Practical Nurse, resident had fallen, and they had just gotten her back into bed. Large laceration noted to right side of head, pressure applied. Call placed to 911 @ this time. Fall 2/27 lac to head staples (2).</p> <p>R44's Occurrence Report dated 2/26/19 documents R44 fell in R44's bathroom while ambulating and sustained a laceration to the right side of scalp and sent to the Emergency Room for evaluation due to head trauma. Notes documents "(R44) noted on right side on bathroom floor with head against doorframe. Laceration noted to right temporal lobe, pressure dressing applied to control bleeding, assessed by nurse, neuro checks initiated and within normal limits (WNL) for this resident. Level of Consciousness (LOC) per baseline, no pain with Range of Motion (ROM). (R44) sent to the ER for evaluation due to head trauma." R44's statement: "I was ready to get up." The Report Conclusion documents "(R44) is alert and oriented to self, with poor safety awareness. (R44) requires limited to extensive assist with transfers, ambulates short distances with wheeled walker and assist. (R44) attempted to get up unassisted in the bathroom and was noted on the floor with laceration to right temporal. Assessed by nurse and sent to ER for evaluation." The Report documents "Recommendation: Staff to remain with resident during toilet."</p> <p>On 04/11/19 at 09:22 AM V2, DON stated R44 had to go to bathroom and had a bowel movement in pants. V2 states V5 went to grab washcloths from R44's room and left R44 in the bathroom alone. V2 stated V5 had the door open and could visualize R44. V2 stated R44 needs assistance for toileting of 1 or may use sit to</p>	S9999		

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S9999	<p>Continued From page 10</p> <p>stand, just depends on what is offered or if R44 is not cooperating. V2 stated that R44 has been assessed for extensive assistance of 2 staff members for toileting on the MDS.</p> <p>On 04/11/19 at 11:36 AM, V5 stated she was taking care of R44 when she fell on 2/26. V5 stated she went to get R44's some new linens and R44 took a step and hit her head on the door frame. V5 stated that R44 was alone in the bathroom. V5 stated staff routinely got R44 up with 1 assist and thinks R44 might have been a 2 assist due to behaviors. V5 stated she knows not to leave resident to get linens and take them in with her now.</p> <p>3. R50's face sheet dated 2/26/19 the following diagnoses document muscle weakness (generalized), muscle wasting and atrophy, not elsewhere classified, unspecified site, other idiopathic peripheral autonomic neuropathy.</p> <p>R50's MDS dated 3/25/19, documents R50 requires extensive assistance of two staff members for transfers. BIMS 14 and cognitively intact.</p> <p>R50's Care Plan dated 3/6/19 does not address the number of staff required for transferring R50.</p> <p>R50's Occurrence Report dated 3/24/19 documents V25, CNA called for help due to resident sliding out of sit to stand. The occurrence report documents one (1) staff was in assistance at the time of the fall.</p> <p>On 04/11/19 at 10:12 AM during an interview, V25 she stated when assisting R50 on 3/24/19 with the sit to stand that he slipped after applying lotion. V25 stated she was the only one assisting</p>	S9999		
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S9999	<p>Continued From page 11</p> <p>him when this fall occurred.</p> <p>R50's Occurrence Report dated 4/4/19 documents V29, CNA was transferring R50 when the transfer lift battery stopped working and V29 was unable to get R50 onto bed. The occurrence report states only one (1) staff was in assistance at the time of the fall.</p> <p>04/11/19 10:40 AM V2, DON stated it depends on R50's abilities as they change. V2 stated R50 may only need one assist during the day but may need a mechanical lift in the evening because R50 is weaker. When asked how would the staff know this if it is not written in the care plan , V2 did not have a direct response but did state "I understand".</p> <p>(B)</p>	S9999		
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