

Illinois Department of Public Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: IL6015333	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED C 10/11/2019
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NAME OF PROVIDER OR SUPPLIER APERION CARE FOREST PARK	STREET ADDRESS, CITY, STATE, ZIP CODE 8200 WEST ROOSEVELT ROAD FOREST PARK, IL 60130
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S 000 Initial Comments

Complaint Investigation;
1996843 / IL00115807

S 000

S9999 Final Observations

Statement of Licensure Violations:

300.1210 b)
300.1210 d) 6)

S9999

Section 300.1210 General Requirements for Nursing and Personal Care

b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident.

d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis:

6) All necessary precautions shall be taken to assure that the residents' environment remains as free of accident hazards as possible. All nursing personnel shall evaluate residents to see that each resident receives adequate supervision and assistance to prevent accidents.

These regulations were not met as evidenced by:

Based on observations, interviews, and record reviews, the facility allowed use of bedrails

Attachment A
Statement of Licensure Violations

Illinois Department of Public Health
LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

Electronically Signed

TITLE

(X6) DATE

10/29/19

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S9999	<p>Continued From page 1</p> <p>without appropriate assessment and possible risk for entrapment for one resident (R1). This affected one resident (R1) of three residents reviewed for falls. As a result, R1 suffered a rib fracture while in the bed attempting to hold on to or brace himself while falling from the bed.</p> <p>Findings include:</p> <p>R1's diagnoses include, but not limited to: legally blind, vascular dementia, hemiplegia affecting left side, cerebral infarction, osteoporosis without pathological fractures, reduced mobility, and end stage renal disease with dialysis. R1 was prescribed Calcium Carbonate with Vitamin D for osteoporosis from 8/16/19-8/21/19.</p> <p>On 9/24/19 at 2:17PM, R1 was observed in bed with bilateral assist rails in the up position. On 9/25/19 at 11:00AM, R1 was in bed with bilateral rails in up position. On 9/24 and 9/25/2019, R1 was observed in bed, with the head of the bed elevated approximately 30 degrees, and bilateral rails in the up position. Rails were placed in the center of the bed and were about 1/3 of the bed length. R1 is unable to answer questions, but oriented to name for surveyor. R1 responds with one or two words.</p> <p>R1's Progress Notes, dated 9/14/19, denotes R1 complained of pain to his left side and back during assessment following the fall. R1 was sent to the hospital for evaluation. The hospital's After Visit Summary, provided by the facility, denotes diagnoses include: closed fracture of one rib of left side and fall from bed. Further hospital records, denote closed fracture of one rib, sixth, on left side and post traumatic minimally displaced posterior left sixth rib fracture.</p>	S9999		
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S9999	<p>Continued From page 2</p> <p>Staff members were interviewed about the fall incident and the use of the railing attached to R1's bed as follows:</p> <p>On 10/9/19 at 1:30PM, the left side rail of R1's bed that he was in on 9/14/19, has a side rail with a length of 26 1/2 inches. The distance from the top of the headboard to the nearest point on the side rail is 29 1/2 inches. The opening when the bed is in about 45 degree position is 5 1/2 inches. There is no gap in the area from the rail to the mattress. The side rail opens by pressing a knob located at the base where the rail attaches to the bed. Once knob is pressed, the side rail flips up towards the headboard. The side rail is attached to the bed frame by a clasp that screws and tightens onto the bed frame.</p> <p>On 9/24/19 at 2:34PM, V12, Certified Nursing Assistant (CNA), said when she entered R1's room on 9/14/19, she saw him sliding onto the floor from the top of the bed, between the bed rail and the head board. V12 said it looked like R1 slid into this position. V12 said she called for help and assisted R1 to the floor.</p> <p>On 9/24/19 at 11:37AM, V4, Nurse, by phone interview, said on 9/14/19 she had finished walking rounds and about ten minutes later, the CNA (V12) said R1 was on the floor. When V4 entered R1's room, she saw him hanging from the side rail and "most of his body was being supported by the side rail." R1 was sliding out of the bed from the opening at the head of the bed, and the top of the left side rail. R1 complained of headache and back pain, so he was sent to the hospital for an evaluation. V4 said R1 returned from his evaluation the same shift and the hospital said, "he had a fractured rib from hanging from the side rails."</p>	S9999		
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S9999	<p>Continued From page 3</p> <p>On 9/25/19 at 10:32AM, V3, Admissions Nurse, said on 9/14/19, R1 slid out of his bed. V3 said he did not witness the fall. V3 was told when the CNA (V12) entered the room, R1 was about to land on the floor so she assisted him to the ground. V3 said R1 was diagnosed with a left rib fracture. R1 is alert with confusion, able to use the call light, legally blind, and has good upper body strength. V3 said he does not know how R1 got the rib fracture. V3 said the assist rail did not do a god job of assisting with R1's bed mobility or re-positioning, but did stop a fall.</p> <p>On 9/25/19 at 11:00AM, with V3 present, the surveyor asked R1 to raise his right leg, then his left leg. R1 was unable to purposefully move legs; only a visible twitch to his legs observed.</p> <p>On 9/25/19 at 1:52PM, V19, Nurse, said on 9/14/19, he saw R1 sliding out of the bed; the rails were up. R1 was going towards his left side, his head was between the head board and the rail. I have not seen him roll before. He did not assist us putting him on the floor. R1 was not in a reasonable position to get in out of bed. I did not see him holding the rail, but he was up against the rail. R1 can't control his legs because they are weak.</p> <p>On 9/26/19 at 9:33AM, V20, Director of Rehab, said R1 was on caseload for physical and occupational therapy from 8/6/19-8/26/19. V20 said R1 can move his upper extremities, but against gravity he only shows muscle twitching. R1's right arm is stronger than his left, but he can't move his arms in an upward motion or lift them. R1 has limited range of motion in his hands and fingers. He might be able to grab the rail with his right hand. R1 is unable to move his left leg</p>	S9999		
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S9999	<p>Continued From page 4</p> <p>and his right leg is weak. R1 is dependent on staff to reposition him in bed. V20 said R1 would probably not be able to stop himself if he was rolling in the bed. R1 requires moderate assist with 2 persons for bed mobility. On 8/26/19, day of therapy discharge, R1 notes read he is not able to turn himself and needs a second person to complete the turn safely.</p> <p>On 9/26/19 at 10:08AM V21(CNA) said R1 can't participate in any of his cares. He tries to move but can't. Once turned with assist he will try to grab for the rail. V21 said she has seen R1 sliding in the bed and requires to be repositioned. V21 said when the head of the bed is elevated, he will slide. V21 said she places pillows around him to keep him in position.</p> <p>On 9/26/19, V27 (Nurse Practitioner) said R1 has dementia and has "very weak" extremities. His left arm is weaker than the right. V27 said R1 was not previously considered a high fall risk. V27 said she doesn't think he has the strength to stop himself from sliding. V27 said R1 has a diagnosis of post traumatic fracture because the physician who evaluated him at the hospital was made aware of the fall. The only other causes of a rib fracture would be related to spontaneous events from emphysema, which R1 does not have. R1 does have osteoporosis.</p> <p>On 8/5/19, R1's Side Rail Assessment denotes no side rails are attached to the resident's bed. There was not a more current Assessment completed on or before 9/14/19.</p> <p>On 8/12/19, a Functional Status Assessment for bed mobility was completed, denoting R1 requires extensive assist with staff providing</p>	S9999		
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S9999	<p>Continued From page 5</p> <p>weight bearing support. The same assessment denotes R1 has impairment on one side of upper and lower extremities.</p> <p>Review of R1's care plan denotes limited range of motion to upper and lower extremities. Care plan denotes R1 is cognitively impaired related to dementia.</p> <p>On 9/24/19, V6, Nurse, said the Side Rail Assessment should be completed before side rails are used. V6 said she can't think of any resident she is assigned to that does not use rails.</p> <p>On 9/24/19 at 2:54PM, V13, Restorative Nurse, said she does not discuss the risk of side rail use with resident's family or representatives. V13 said the initial Side Rail Assessment is done by the admitting nurse. V13 does the Assessment quarterly. The purpose of Side Rail Assessment is to see if the rails are still appropriate for the resident to use.</p> <p>On 9/26/19, V13, Restorative Nurse, said there is no documentation that any other interventions were attempted for R1 before the rails were applied to the bed. V13 said she did not know when the rails were placed on R1's bed. V13 said the Hospice service may have provided a new bed with rails. V13 said the side rail assessment does ask what other interventions have been attempted.</p> <p>V24, Assistant Administrator, said R1's bed is not a Hospice delivered bed and is the facility's bed.</p> <p>The facility policy denotes "bed rails" are adjustable metal or rigid plastic bars that attach to the bed. They are available in a variety of types,</p>	S9999		
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S9999	Continued From page 6 shapes, and sizes ranging from full to one-half, one quarter, or one eight lengths. Examples of bed rails include: side rails, bed side rails, safety rails, grab bars, and assist rails. The same policy denotes the facility shall ensure that prior to the installation of bed rails, the facility has attempted to use alternatives. (B)	S9999		
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