Illinois Department of Public Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:	(X2) MULTIPLE CONSTRUCTION	(X3) DATE SURVEY COMPLETED
	IL6009559	A. BUILDING: _____ B. WING _____	C 10/15/2019

NAME OF PROVIDER OR SUPPLIER	STREET ADDRESS, CITY, STATE, ZIP CODE
EFFINGHAM REHAB & HEALTH CARE CTR	1610 NORTH LAKEWOOD DRIVE EFFINGHAM, IL 62401

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S 000	Initial Comments Statement of Licensure Violations Complaint Investigation: 1957111/IL116110	S 000		
S9999	Final Observations Statement of Licensure Violations Complaint Investigation: 1957111/IL116110 Statement of Licensure Violations 300.1210b) 300.1210d)1)2)3) Section 300.1210 General Requirements for Nursing and Personal Care b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident. Section 300.1210 General Requirements for Nursing and Personal Care	S9999	**Attachment A** **Statement of Licensure Violations**	

Illinois Department of Public Health
LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE | TITLE | (X6) DATE

Electronically Signed | 11/07/19

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d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis:
1) Medications, including oral, rectal, hypodermic, intravenous and intramuscular, shall be properly administered.
2) All treatments and procedures shall be administered as ordered by the physician.
3) Objective observations of changes in a resident's condition, including mental and emotional changes, as a means for analyzing and determining care required and the need for further medical evaluation and treatment shall be made by nursing staff and recorded in the resident's medical record.

These Regulations are not met as evidenced by:

Based on observation, interview and record review the facility failed to provide medications timely and as ordered by the physician, for 1 of 5 residents (R19) reviewed for medication administration in the sample of 30. R19 did not receive eight doses each of two medications that facilitate breathing for four days, six doses of one pain medication for two days, four doses of an anti-anxiety medication and four doses of a narcotic pain medication for one and a half days. These failures resulted in R19 experiencing an increase in pain, anxiety, oxygen therapy use and nausea, and unable to leave his room for meals or activities.

Findings include:

The September, 2019 Physician's Order Sheet (POS) states that R19 was admitted to the facility on 09/19/19 at 1:20pm. R19's diagnoses include:

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Bilateral Rotator Cuff Tears, Back Pain, Anxiety Disorder, Osteoarthritis right hip, Arthritis, Chronic Bronchitis, Asthma, Congestive Heart Failure, Chronic Obstructive Pulmonary Disease (COPD) and History of Bipolar Disease.

The POS includes in part, the following medications:
1. Budesonide (Pulmicort) 0.5 mg (milligrams) 2ml(milliliters) per nebulizer two times a day x 14 days - a breathing treatment for Asthma
2. Arfoemoterol 15 mcg (micrograms) 2 ml per nebulizer two times a day x 14 days - a bronchodilator for breathing problems caused by COPD
3. Pregabalin (Lyrcia) 50 mg capsule one by mouth three times daily - treats nerve and muscle pain
4. Hydrocodone /Acetaminophen 5/325 mg, (Norco) one to two tablets by mouth every 6 hours as needed for pain
5. Alprazolam, (Xanax) 0.5 mg one tablet by mouth three times a day as needed as needed for anxiety

On 09/23/19 at 3:15 PM, R19 said he was admitted to the facility on 09/19/19 or 09/20/19; he couldn't remember which date because he was so upset about his medications. R19 said he takes Xanax (Antianxiety Medication) and Hydrocodone (a pain-relieving medication), but since he arrived at the facility he has only had the medication that was sent with him from the hospital and it ran out. Now, they are only giving him Tylenol. R19 said he did not receive Lyrica (a nerve pain medication) when he came to the facility. He takes three different breathing treatments and still hasn't gotten two of them. He is too upset to eat. He does not leave his room for meals or activities because he is anxious and

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in pain. R19 said he requires continuous oxygen, was admitted on 2 Liters per minute, yet needed to increase the oxygen consumption to 4 Liters per minute, because his anxiety and discomfort had increased without his usual medications and due to all the added aggravation. R19 had rapid pressured speech and said he was upset and anxious.

On 09/26/19 at 1:35pm, V61 (Family) said R19 has been very upset and nauseated without his pain and anxiety medications. He is calling V61 frequently and is extremely upset and anxious, saying he is in pain. V61 stated he is waiting to see a pain specialist due to his rotator cuff tears. All of this is adding to his anxiety and breathing difficulty. The facility is telling them they could not get these medications refilled because it was the weekend when he ran out and V49 (Physician/Medical Director) would not refill these without first evaluating him.

The September, 2019 Medication Administration Record (MAR) in part, documents the following:

1. R19 did not receive Budesonide and Aformoterol on 09/19 at 5:30am, 09/20 - 9/22 at 5:30am and 8:00pm and 9/23 at 5:30am.

On 09/23/19 at 2:30pm, V2 (Director of Nurses) stated R19 refused to take the Budesonide and Aformorerol breathing treatments at 5:30am because he did not want to be awakened at that time. On 09/24/19 at 3:30pm, V7 (Licensed Practical Nurse) said the facility did not have the Budesonide or the Aformoterol in the building to give to R19 from 09/19/19 through 09/23/19. When she came to work on 09/23/19, she noted these breathing treatments were not being given. V22 (Registered Nurse) informed her these

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medications did not come in. This is when she called the pharmacy and ordered both medications. The treatments were started on 09/23/19 at 8:00pm.

2. R19 did not receive Pregabalin (Lyrica) 50 milligrams three times a day (7:30am/3:30pm/8:00pm) on 09/19 at 8:00pm, 9/20 x 3 doses and 09/21 x 2 doses.

On 09/24/19 at 3:30pm, V7 stated the hospital did not send the facility a prescription for the Lyrica when he was discharged on 09/19/19. She sent a fax to V49 requesting this medication on 09/20/19. The Lyrica was not available for R19 until 09/21/19 at 8:00pm.

*The September, 2019 Controlled Substance Proof of Use log documents the following:

1. Alprazolam (Xanax) 0.5mg, take one table by mouth three times daily as needed. R19 received the first tablet at 9:15pm on 09/19/19 and the last tablet at 8:00 PM on 09/21/19.

A Controlled Substance Prescription dated 09/23/19 documents R49 ordered Alprazolam (Xanax) #30 tablets for R19.

2. Hydrocodone/ Acetaminophen 5/325 mg, take one-two tablets by mouth every six hours as needed for pain. (Amount Received #10) R19 received the first dose at 9:15pm on 09/19/19 and last dose at 2:00pm on 09/22/19. (The MAR documents R19 received Tylenol for Pain on 09/22/19 at 8:00pm and 9:49am on 09/23/19.)

A Controlled Medication Prescription dated 09/23/19 documents R49 ordered Hydrocodone/Acetaminophen 5/325 (Norco) #30

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tablets for R19.

On 09/24/19 at 3:30pm, V7 stated R19 arrived at the facility on 09/19/19 with a limited supply of Norco (#10) and Xanax (#6). She called V49's office and the pharmacy on Friday 9/20/19, regarding the need for medications. On Saturday 09/21/19 at 2:00pm, she faxed a refill request to the pharmacy and V49 for these medications. Even though this was a Saturday she was hoping V49 would go into his office and see it. They needed a hard copy to refill these medications and had no way to obtain it since it was the weekend.

A Nurse's Note dated 9/19/19 at 7:40 PM states: (R19) assessed. Resident becomes agitated easily, short term patience, complains of back/shoulder pain. O2 (Oxygen) on at 4L/minute via NC (nasal canula), at this time due to drop in pulse ox (oxygen saturation), assist x 2 required for bed mobility and transfers. The 09/20/19 2:00am Nurse's Note documents that R19 is agitated easily with oxygen on at 4 Liters/minute. He is complaining of pain. Short of breath on exertion and receives nebulizer treatments for shortness of breath. The only other documentation regarding the need for the Norco or the Xanax is on the Controlled Substances Proof of Use log and the PRN (as needed) Medication Information log which indicates when the medications were given. These documents are not completely filled out to identify R19's pain level, location and if there was any relief provided by the medications. The Nurse's Notes limited documentation states that R19 is agitated and short of breath frequently. No note details he is requesting his pain medications or that any of R19's medications did not arrive or could not be refilled.

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On 09/23/19 at 4:00pm, V1 (Administrator) stated the hospital did not send R19 with enough of his pain and anxiety medication. He ran out over the weekend and the facility could not get them refilled. These medications require a hard copy prescription and this could not be done over the weekend. V1 stated that V49 had said he would not refill either of these medications without first seeing the resident. Therefore, there was nothing else the facility could do.

On 10/03/19 at 4:00pm, V49 said he received a call and a fax for Lyrica, Seroquel and Remeron only on 09/20/19. These medications were approved that day. On 09/23/19 he received a refill request for the Norco and Xanax and agreed to refill the medications. V49 said the facility can page him anytime a medication is needed. If he is not available, the on-call physician will help. In a controlled environment such as a long term care facility, he would not have denied R19 his pain medication or the Xanax. Again, the facility never asked him to refill either of these medications before 09/23/19. He was not aware that R19 did not receive his Lyrica until this writer discussed this issue with him. He approved this medication on 09/20/19. V49 stated regarding the Norco and the Xanax, "when I was asked I didn't piddle around, I said yes. The lag was not on my end." Additionally, he had no knowledge that the breathing treatments were not being given as ordered.

(B)