

Illinois Department of Public Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  <b>IL6003735</b>	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____  B. WING _____	(X3) DATE SURVEY COMPLETED  <b>C</b> <b>10/17/2019</b>
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NAME OF PROVIDER OR SUPPLIER  <b>ALDEN ESTATES OF BARRINGTON</b>	STREET ADDRESS, CITY, STATE, ZIP CODE <b>1420 SOUTH BARRINGTON ROAD BARRINGTON, IL 60010</b>
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S 000	Initial Comments  1997074 / IL116064  1997350 / IL116377	S 000		
S9999	Final Observations  Statement of Licensure Violations: 300.610a) 300.1010h) 300.1210b) 300.1210d)2)3) 300.1220b)3) 300.3240a)  Section 300.610 Resident Care Policies  a) The facility shall have written policies and procedures governing all services provided by the facility. The written policies and procedures shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee, and representatives of nursing and other services in the facility. The policies shall comply with the Act and this Part. The written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, documented by written, signed and dated minutes of the meeting.  Section 300.1010 Medical Care Policies  h) The facility shall notify the resident's physician of any accident, injury, or significant change in a resident's condition that threatens the health, safety or welfare of a resident, including, but not limited to, the presence of incipient or	S9999	<p><b>Attachment A</b> <b>Statement of Licensure Violations</b></p>	

Illinois Department of Public Health LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE Electronically Signed	TITLE	(X6) DATE 11/11/19
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S9999	<p>Continued From page 1</p> <p>manifest decubitus ulcers or a weight loss or gain of five percent or more within a period of 30 days. The facility shall obtain and record the physician's plan of care for the care or treatment of such accident, injury or change in condition at the time of notification.</p> <p>Section 300.1210 General Requirements for Nursing and Personal Care</p> <p>b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident.</p> <p>d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis:</p> <p>2) All treatments and procedures shall be administered as ordered by the physician.</p> <p>3) Objective observations of changes in a resident's condition, including mental and emotional changes, as a means for analyzing and determining care required and the need for further medical evaluation and treatment shall be made by nursing staff and recorded in the resident's medical record.</p> <p>Section 300.1220 Supervision of Nursing Services</p> <p>b) The DON shall supervise and oversee the nursing services of the facility, including:</p>	S9999		
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S9999	<p>Continued From page 2</p> <p>3) Developing an up-to-date resident care plan for each resident based on the resident's comprehensive assessment, individual needs and goals to be accomplished, physician's orders, and personal care and nursing needs. Personnel, representing other services such as nursing, activities, dietary, and such other modalities as are ordered by the physician, shall be involved in the preparation of the resident care plan. The plan shall be in writing and shall be reviewed and modified in keeping with the care needed as indicated by the resident's condition. The plan shall be reviewed at least every three months.</p> <p>Section 300.3240 Abuse and Neglect</p> <p>a) An owner, licensee, administrator, employee or agent of a facility shall not abuse or neglect a resident.</p> <p>These requirements are not met as evidenced by:</p> <p>Based on observations, interviews and record review, the facility failed to follow physician's order to weigh a resident, failed to notify the physician that weights were not done, failed to notify the physician of a resident's chest x-ray result reading pulmonary venous congestion. and failed to notify the physician a resident (R2) with a high potassium level refused SPS (Sodium Polystyrene Sulfonate) Suspension, a medication used to lower potassium levels. The facility also failed to notify the physician of the resident's significant weight gain. This affected 1 out of 5 residents (R2) reviewed for improper nursing care and the same resident (R2) who was 1 of 7 reviewed for medications. These failures resulted in delayed care of R2 who gained 42.6 pounds in</p>	S9999		
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S9999	<p>Continued From page 3</p> <p>10 days and died with one of the causes of death being acute respiratory failure and another cause of death being severe kyperkalemia (elevated potassium levels).</p> <p>Record review of R2's face sheet reads medical diagnoses that included but were not limited to type 2 diabetes mellitus, obesity, benign prostatic hypertrophy, peripheral vascular disease, chronic kidney disease and hypothyroidism. R2's care plan reads a potential to develop edema (swelling) and weight gain related to R2's diagnosis of hypothyroidism. Interventions/tasks include to inform MD (doctor) of any acute changes and monitor for fluid excess such as sudden weight gain, edema or increased edema. R2's care plan reads a potential to develop electrolyte imbalance related to R2's diagnosis of hypothyroidism.</p> <p>Progress note dated 8/16/19 10:00 AM ,written by V5, Registered Nurse (RN) reads; R2's oxygen saturation was at 77% (normal reference range of 94-100%). V5 received orders to place R2 on oxygen and to obtain a chest x-ray. Chest x-ray done on 8/16/19 reads an impression of "cardiomegaly and changes consistent with pulmonary venous congestion." On 10/17/19 at 10:00 AM, V20, Nurse Practitioner (NP) stated "pulmonary venous congestion means fluid overload impending hypoxia due to fluids in the lungs." V20 stated R2 needed diuretics to remove the extra fluid.</p> <p>Progress note dated 8/16/19 11:08 PM written by V19 (Nurse) reads V25 (R2's Attending Physician) was paged to relay the chest x-ray results; however, V25 did not return the page. V19 wrote she was going to endorse the results</p>	S9999		
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S9999	<p>Continued From page 4</p> <p>to the oncoming nurse. On 10/17/19 at 3:00 PM, V27 (Nurse) stated he did not receive report about relaying chest x-ray results to V25. V27 stated he did not call V25 on 8/17/19 about any results.</p> <p>On 10/17/19 at 11:23 AM, V25 stated he does not remember the facility notifying him of the chest x-ray results. V25 stated based on findings, he would have prescribed diuretics or sent R2 to the hospital. V25 stated water in the lungs is consistent with water gain and retention which can contribute to respiratory distress. V25 stated respiratory distress may not happen within minutes but can take a couple or few days to occur. V25 stated if left untreated a patient will develop respiratory distress.</p> <p>Progress note effective 8/13/19 9:20 PM written by V20 (Nurse Practitioner) reads R2's renal function was worsening and there were concerns for weight gain and fluid retention. V20 informed R2 the need for daily weights due to these concerns.</p> <p>Record review of R2's physician orders read the following orders:</p> <ul style="list-style-type: none"> <li>- "One [time] weight, call MD with results in the morning for 1 Day swollen extremities" which was ordered on 8/8/19 to start 8/9/19</li> <li>- "Check weight and relay to MD every day shift for 1 Day" which was ordered on 8/9/19 to start 8/10/19</li> <li>- "[Weight] for 2 days every day shift for 2 Days" which was ordered on 8/13/19 to start 8/14/19</li> </ul> <p>Review of R2's weights read the most recent weight was 242.8 pounds taken on 8/15/19. No weights were taken on 8/9/19, 8/10/19 and 8/14/19. The previous weight recorded was 200.2</p>	S9999		
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S9999	<p>Continued From page 5</p> <p>pounds which was taken on 8/05/19. Warning notation reads greater than 10% weight change. Progress note effective 8/14/19 4:35 PM, written by V5 (Nurse) reads weight for 8/14/19 was not done because the scale did not work.</p> <p>On 10/16/19 at 2:30 PM, V5 stated R2 needed to be weighed because R2 was noticeably puffy around the eyes and face. V5 stated R2 wasn't weighed because scale was broken. V5 stated she does not remember notifying the doctor that the weights were not done. V5 also stated she does not remember notifying the doctor of R2's weight on 08/15/19. V5 stated if actions were not charted, then it was not done.</p> <p>On 10/17/19 at 10:00 AM, V20 stated R2 had abdominal distention and appeared to be gaining weight. V20 stated she was not notified that R2's weights were not done. V20 also stated that she was not notified of R2's documented weight gain. V20 stated a 42.6 pound weight gain in 10 days is concerning. V20 stated if she was notified of the weight gain, she would have ordered for R2 to go to the hospital. V20 stated she would be worried about R2 having shortness of breath or having respiratory distress</p> <p>On 10/17/19 at 11:23 AM, V25 (R2's Attending Physician) stated he does not recall the facility notifying him of R2's weight gain. V25 stated he would have sent R2 to the hospital to get R2 diuresed and evaluated by the kidney doctor. V25 stated "with that amount of weight gain it is concerning and the patient needs to go to the hospital."</p> <p>Facility policy titled 'Weights' reads: "Residents will be weighed to establish baseline weights and identify trends of weight loss or</p>	S9999		
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S9999	<p>Continued From page 6</p> <p>weight gain." It continues to read: "3. Report to nursing supervisor, physician/NP, dietary supervisor, RD consultant and family/responsible party of any weight loss or gain greater than 5% within one (1) month, 7.5% within three (3) months or 10% within six (6) months. 4. Notification to the attending physician/NP and family/responsible party in regard to the above will be documented in the medical record."</p> <p>On 10/17/19 at 10:00 AM, V20 (Nurse Practitioner) stated due to R2's kidney function, R2's potassium levels were elevated. V20 stated she was ordering Kayexalate to treat R2's high potassium levels. Review of R2's physician order sheets and progress notes read the facility was substituting Kayexalate with SPS (Sodium Polystyrene Sulfonate) Suspension.</p> <p>According to R2's lab reports, R2 had a high potassium level of 5.8 MEQ/L (normal reference range of 3.3-5.1 MEQ/L) on 08/12/19. Review of R2's physician order sheet reads an order for "SPS SUSPENSION 15 GM/60ML (Sodium Polystyrene Sulfonate) Give 60 ml by mouth one time only related to CHRONIC KIDNEY DISEASE, STAGE 3 (MODERATE) (N18.3) for 1 Day." Medication was ordered on 08/12/19.</p> <p>Progress note effective 8/12/19 11:15 PM written by V19 (Nurse) reads R2 refused the medication. On 10/15/19 at 4:03 PM, V19 stated she did not remember calling V25 (R2's Attending Physician) or V20 to inform them that R2 had refused the ordered medication. V19 stated she would have charted it if she notified V25 or V20. Progress notes do not read V19 informed V25 or V20.</p>	S9999		
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S9999	<p>Continued From page 7</p> <p>Interviewed V5 (Nurse) on 10/16/19 at 2:30 PM with V3 (Director of Nursing) as witness. V5 stated if a patient refuses a medication, the nurse is to mark it as refused in the medication administration record and notify the doctor.</p> <p>On 10/17/19 at 10:00 AM, V20 stated she would have charted in her progress notes if she was notified that R2 refused the medication on 08/12/19. V20 stated she evaluated R2 the following day and did not write it in her progress note. V20 stated she would have ordered another dose of Kayexalate, Lactulose or diuretic. V20 stated she would have advised the facility to send R2 to the emergency room if R2 refused. V20 stated R2 would have to go to the hospital for cardiac monitoring because high potassium levels can cause irregular heart rhythms and death.</p> <p>On 10/17/19 at 11:23 AM, V25 stated he was aware R2 was refusing doses of Kayexalate but could not remember if the facility informed him of R2's refusal of the medication on 8/12/19. V25 stated the care team has to try medications in the facility. If that doesn't work, then R2 has to go to the hospital because with a high potassium level of 5.8, R2 cannot be cared for at the nursing home level.</p> <p>On 10/15/19 at 3:46 PM, V17 (Nurse) stated she heard R2 calling for help the morning of 8/18/19. V17 stated R2 was asking to be sat up in bed because R2 felt short of breath. Per V17's progress note of the incident, R2 was agitated and requested to be repositioned "promptly." V17 stated R2 was anxious and screaming to be repositioned faster. After being repositioned, V17 stated R2 suddenly dozed off and was unresponsive. V17 stated a code blue was called</p>	S9999		
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S9999	<p>Continued From page 8</p> <p>and emergency services arrived at the facility but unfortunately R2 expired.</p> <p>Record review of R2's Certificate of Death Worksheet reads one of the causes of death being severe hyperkalemia (high potassium levels).</p> <p>Record review of R2's Certificate of Death worksheet reads one of the causes of death as acute respiratory failure.</p> <p>(A)</p>	S9999		
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