

Illinois Department of Public Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: IL6014518	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED C 03/29/2018
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NAME OF PROVIDER OR SUPPLIER MEADOWBROOK MANOR - NAPERVILLE	STREET ADDRESS, CITY, STATE, ZIP CODE 720 RAYMOND DRIVE NAPERVILLE, IL 60563
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S 000	<p>Initial Comments</p> <p>Complaint Investigation #1871965/IL101350</p>	S 000		
S9999	<p>Final Observations</p> <p>Statement of Licensure Violation:</p> <p>300.1210b) 300.1210d)6) 300.1220b)3) 300.3240a)</p> <p>Section 300.1210 General Requirements for Nursing and Personal Care</p> <p>b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident. Restorative measures shall include, at a minimum, the following procedures:</p> <p>d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis:</p> <p>6) All necessary precautions shall be taken to assure that the residents' environment remains as free of accident hazards as possible. All nursing personnel shall evaluate residents to see that each resident receives adequate supervision and assistance to prevent accidents.</p>	S9999	<p>Attachment A Statement of Licensure Violations</p>	

Illinois Department of Public Health LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE 04/06/18
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S9999	<p>Continued From page 1</p> <p>Section 300.1220 Supervision of Nursing Services</p> <p>b) The DON shall supervise and oversee the nursing services of the facility, including:</p> <p>3) Developing an up-to-date resident care plan for each resident based on the resident's comprehensive assessment, individual needs and goals to be accomplished, physician's orders, and personal care and nursing needs. Personnel, representing other services such as nursing, activities, dietary, and such other modalities as are ordered by the physician, shall be involved in the preparation of the resident care plan. The plan shall be in writing and shall be reviewed and modified in keeping with the care needed as indicated by the resident's condition. The plan shall be reviewed at least every three months.</p> <p>Section 300.3240 Abuse and Neglect</p> <p>a) An owner, licensee, administrator, employee or agent of a facility shall not abuse or neglect a resident.</p> <p>These requirements were not met as evidenced by:</p> <p>Based on interview and record review, the facility failed to ensure staff properly cared for a resident with severe contractures.</p> <p>This failure resulted in R1's sustaining a acute, severely anterolaterally displaced, fracture of the subtrochanteric proximal left femur.</p> <p>This applies to 1 of 3 residents (R1) reviewed for</p>	S9999		
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S9999	<p>Continued From page 2</p> <p>injuries of unknown origins in a sample of 3.</p> <p>This applies to:</p> <p>Face sheet, dated February 21, 2018, shows R1's diagnoses include cachexia, osteoarthritis, weakness, adult failure to thrive, diabetes, and vascular dementia. MDS, dated January 17, 2018, shows R1 was moderately cognitively impaired.</p> <p>PT (Physical Therapy) Plan of Care, dated March 8, 2018, shows R1 was non-ambulatory, required total assistance from staff for all ADLs and mobility, used a mechanical lift for transfers, and required pillows to position R1's BLE (Bilateral Lower Extremity) due to contractures. The note shows R1 was referred to therapy per family request to re-assess R1's contractures. PT evaluation "revealed severe multiple contractures of BLE joints as well as UE (Upper Extremity) joints, increased muscle tone, impaired muscle strength, decreased cognition and impaired sitting balance/trunk control which affects all ADLs (Activities of Daily Living)/mobility and sitting/bed positioning. Patient is at high risk for falls, developing further skin breakdown and joint contractures.... Skilled PT is medically necessary on a trial basis to address above stated problems, focusing on contracture management, proper positioning, with appropriate positioning devices and caregiver training to prevent further skin breakdown and joint tightness/contractures." PT progress note, dated March 23, 2018, shows "Caregiver education/training initiated with nursing staff focusing on the use of pillows to properly position patient in and in [high] chair focusing on pressure relief between BLE, preventing skin to skin contact, and maintaining current available range on BLE...." The note</p>	S9999		

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S9999	<p>Continued From page 3</p> <p>shows R1 had "...severe tone on BLE and multiple joint contractures...."</p> <p>Facility inservice sign in sheet, dated March 21, 2018, shows V10 (Physical Therapist) provided education to five nurses, two restorative staff, and one CNA on "proper positioning for R1 using pillows only when in bed and [high] chair." The summary of topic presented shows, "Pillows need to be placed between knees/legs to prevent skin-to-skin contact...."</p> <p>Nursing note written by V8 (LPN - Licensed Practical Nurse), dated March 23, 2018 at 9:17 AM, shows, "Called to room because CNA (Certified Nursing Assistant) noticed when he removed blanket that the resident's left leg was in a different position than usual. Upon evaluation no swelling, redness or tenderness to touch. Resident showed no signs of pain but when asked stated he had pain but unable to rate. V/S (vital signs) WNL (within normal limits). MD (Medical Doctor) prescribed pain medication given and paged NP (Nurse Practitioner). POS (Physician Order Sheet), dated March 23, 2018, shows R1 received a stat X-ray of bilateral pelvis, femur, knee, tibia, fibula, ankles, heel and foot. POS, dated March 23, 2018, shows R1 was sent to the emergency room for further evaluation.</p> <p>Radiology Report, dated March 23, 2018, shows R1 had mild osteopenia, and "acute fracture of the subtrochanteric proximal left femur. The fracture is severely anterolaterally. Mild DJD (degenerative joint disease) of both knees and ankles...."</p> <p>On March 27, 2018 at 3:15 PM, V4 (LPN) stated she worked on March 22, 2018 from 6:00 AM-10:00 PM with R1. V4 stated the last time</p>	S9999		
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S9999	<p>Continued From page 4</p> <p>she saw R1 was at approximately 9:00 PM and R1's legs were in his usual, contracted position which was R1's left leg crisscrossed over R1's right leg. V4 stated R1 had a pillow between his legs and his pants were off. V4 stated V5 (Agency CNA) came into the room to change R1's brief and V4 exited the room. V4 stated R1 was showing no signs of distress during her shift.</p> <p>On March 27, 2018 at 10:00 AM, V5 stated he worked on March 22, 2018 from 2:00-10:00 PM with R1. V5 stated he had worked with R1 before and knew he needed to move R1's legs carefully. V5 stated he removed R1's pants to get R1 ready for bed prior to V4 coming in the room. V5 stated he changed R1's incontinence brief after V4 left the room, placed a pillow between R1's legs, did not replace R1's pants, and then covered R1 with a blanket for the night. V5 stated when V5 last saw R1 at approximately 9:45 PM, R1's legs were still in his usual, crisscrossed position and R1 had the blanket over his legs. V5 stated he remained in the facility until approximately 10:30 PM to complete charting. At 2:15 PM, V5 stated he very carefully placed the pillow between R1's legs. V5 stated he did not attend the PT inservice on March 21, 2018 regarding R1's positioning, nor did he receive any verbal or written information regarding the information presented at the inservice.</p> <p>On March 27, 2018 at 12:50 PM, V6 (RN - Registered Nurse), stated she worked on March 22-23, 2018 from 10:00 PM - 6:00 AM with R1. V6 stated when she arrived for her shift R1 had a blanket over R1's legs, had a pillow between his legs, and R1 was sleeping. V6 stated she was new to the floor and had not worked with R1 before. V6 stated she performed rounds every two hours on her residents and did not notice R1</p>	S9999		
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S9999	<p>Continued From page 5</p> <p>in distress. V6 stated she had a bit of a conversation with R1 at 6:00 AM when she performed a vitals check and R1 did not complain of any pain. V6 stated she got no report regarding R1 from V7 (CNA). V6 stated she never moved R1 on her shift.</p> <p>On March 27, 2018 at 2:49 PM, V7 (CNA) stated he worked on March 22-23, 2018 from 10:00 PM - 6:00 AM with R1. V7 stated he first saw R1 at approximately 10:45 -11:00 PM and R1 was asleep, was not covered with a sheet, and there was a pillow between R1's legs. V7 stated usually R1's legs are crisscrossed, however V7 stated at that time R1's legs were unusually uncrossed and both R1's right and left knees were facing the same direction toward the door. V7 stated this position was not normal for R1 and that V7 had never seen R1's legs like that before. V7 stated the position was "unusual to me" but R1 was not showing any discomfort or pain. V7 stated he thought the previous shift would have noticed R1's legs unusually positioned so V7 thought he did not have to report the change. V7 stated he readjusted R1's position at 1:30 AM, checked R1's brief, and R1 expressed no signs of discomfort. V7 stated the last time he saw R1 was at 4:30 AM when he checked R1's incontinence brief. On March 27, 2018 at 3:00 PM, V7 stated he did not attend the PT inservice on March 21, 2018 regarding R1's positioning, nor did he receive any verbal or written information regarding the information presented at the inservice.</p> <p>On March 27, 2018 at 1:50 PM, V9 (CNA) stated he worked on March 23, 2018 from 6:00 AM-2:00 PM with R1. V9 stated he went to R1 after the wound nurse completed assisting R1 to perform ADL care. V9 stated R1 had debris on his face</p>	S9999		

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S9999	<p>Continued From page 6</p> <p>and V9 wiped R1's face. V9 stated he then pulled R1's sheet back and "was shocked." V9 stated R1's legs were uncrossed which was abnormal. V9 stated he called V8 (LPN) immediately. V9 stated he did not get any report from the previous shift regarding anything unusual regarding R1. V9 stated R1 had no signs of pain or discomfort. V9 stated R1 could normally verbalize if he was in pain.</p> <p>On March 27, 2018 at 12:58 PM, V8 stated she worked March 23, 2018 from 6:00 AM -2:00 PM with R1. V8 stated she performed rounds at the beginning of her shift and R1 was awake but showed no signs of distress. V8 stated she did not pull R1's cover down and did not see R1's legs. V8 stated the next time she saw R1 was when V9 alerted her that R1's legs were unusual and uncrossed. V8 stated she assessed R1 and when she touched R1's hip, R1 stated the hip hurt. V8 stated she called R1's nurse practitioner right away, and X-ray was ordered, and R1 was sent to the emergency room before the results were received because R1's pain was not resolving.</p> <p>On March 27, 2018 at 3:10 PM, V11 (Wound Nurse-RN) stated she performed wound treatment on R1 at approximately 5:40 AM on March 23, 2018. V11 stated she did not remove R1's sheets and V11 did not see R1's legs. V11 stated she did reposition R1 however R1 showed no signs of distress during the repositioning. V11 stated she noticed nothing unusual regarding R1.</p> <p>On March 28, 2018 at 9:30 AM, V10 stated she performed physical therapy on R1 and provided training to the staff regarding R1's positioning and use of pillows between his legs. V10 stated R1 had had contractures for some time and had</p>	S9999		
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S9999	<p>Continued From page 7</p> <p>severe tone. V10 stated his tone in his legs varied between relaxed (R1's left calf was crossed over R1's right thigh), to increased tone when R1 would become more contracted. V10 stated during the staff training she instructed the staff how to safely and correctly place the pillow between R1's legs - including telling R1 to relax his legs, instructing staff not to push R1's legs, and how to gently place the pillow between R1's legs where the legs meet. V10 stated the staff who attended the training were expected to endorse the information to the following shifts' staff. V10 stated if R1's contracted legs were forced to straighten, the force would cause a fracture or dislocation.</p> <p>On March 28, 2018 at 1:31 PM, V12 (Physician) stated he saw R1 on March 23, 2018 at the facility prior to leaving for the emergency room. V12 stated R1's legs "looked not usual" and R1 was showing no signs of trauma other than the unusually positioned lower extremities. V12 read the X-ray report he obtained from the hospital and stated R1 had a severely displaced fracture. V12 stated the new intervention the facility was providing was training for use of the pillow between R1's legs. V12 stated, "If a someone is all contracted and forces a pillow, then you are opening with a force." V12 stated nothing other than a force caused R1's fracture. V12 stated the diagnoses of osteopenia and/or DJD do not cause fractures unless the resident experiences a fall. V12 also stated turning/repositioning would not have caused R1's fracture. V12 stated, "It's an oblique fracture, not straight - something is pulling... someone is trying to separate the knees with force."</p> <p>(A)</p>	S9999		
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