

Illinois Department of Public Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: IL6007561	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED C 07/08/2021
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NAME OF PROVIDER OR SUPPLIER PRAIRIE CITY REHAB & H C	STREET ADDRESS, CITY, STATE, ZIP CODE 825 E MAIN STREET, RR #2, BOX 97 PRAIRIE CITY, IL 61470
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S 000	Initial Comments Facility Reported Incident of June 28, 2021/IL135668	S 000		
S9999	Final Observations Statement of Licensure Violations 300.610a) 300.1210a) 300.1210b)5) 300.1210d)6) 300.3240a) Section 300.610 Resident Care Policies a) The facility shall have written policies and procedures governing all services provided by the facility. The written policies and procedures shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee, and representatives of nursing and other services in the facility. The policies shall comply with the Act and this Part. The written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, documented by written, signed and dated minutes of the meeting. Section 300.1210 General Requirements for Nursing and Personal Care a) Comprehensive Resident Care Plan. A facility, with the participation of the resident and the resident's guardian or representative, as applicable, must develop and implement a comprehensive care plan for each resident that includes measurable objectives and timetables to	S9999	Attachment A Statement of Licensure Violations	

Illinois Department of Public Health LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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S9999	Continued From page 1 meet the resident's medical, nursing, and mental and psychosocial needs that are identified in the resident's comprehensive assessment, which allow the resident to attain or maintain the highest practicable level of independent functioning, and provide for discharge planning to the least restrictive setting based on the resident's care needs. The assessment shall be developed with the active participation of the resident and the resident's guardian or representative, as applicable. (Section 3-202.2a of the Act) b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident. Restorative measures shall include, at a minimum, the following procedures: 5) All nursing personnel shall assist and encourage residents with ambulation and safe transfer activities as often as necessary in an effort to help them retain or maintain their highest practicable level of functioning. d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis: 6) All necessary precautions shall be taken to assure that the residents' environment remains as free of accident hazards as possible. All nursing personnel shall evaluate residents to see that each resident receives	S9999			

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S9999	<p>Continued From page 2</p> <p>adequate supervision and assistance to prevent accidents.</p> <p>Section 300.3240 Abuse and Neglect</p> <p>a) An owner, licensee, administrator, employee or agent of a facility shall not abuse or neglect a resident. (Section 2-107 of the Act)</p> <p>These regulations are not met as evidenced by:</p> <p>Based on observation, interview, and record review, the facility failed to properly transfer a resident for one of three residents (R5) reviewed for falls in the sample of 20. This improper transfer resulted in R5 receiving a right displaced spiral fracture of the shaft of the right humerus as well as extreme anxiousness and paranoia during transfers and resulted in R5 being unable to complete her most important lifelong activity of painting.</p> <p>Findings include:</p> <p>The facility's Fall Prevention policy, dated 11/10/18, documents, "Policy: To provide for resident safety and to minimize injuries related to falls; decrease falls and still honor each resident's wishes desires for maximum independence and mobility." The policy also documents, "Fulfilling Fall Prevention Responsibilities: CNA (Certified Nursing Assistants): Know and ensure resident's preventative measures and that they are in place; Know supervision and transfer needs and follow care plan; Report changes in resident abilities to Charge nurse."</p> <p>The facility's Transfer Belts/Gait Belts policy, dated 4/10/06, documents, "Policy: To promote</p>	S9999		

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S9999	<p>Continued From page 3</p> <p>safety in transferring and ambulating residents, a gait belt is utilized when deemed appropriate by nursing or therapy staff. All CNA and licensed nursing personnel engaged in the lifting and transferring of residents will use gait belts. Mechanical lifts will be used when the use of gait belts does not provide an adequate margin of safety. The use of gait belts and mechanical lifts is essential to reduce the risk of accident and injury to both residents and employees. After orientation to facility policy and training in the use of gait belts, employees who fail to use them or to use them appropriately, should be considered subject to disciplinary measures." The policy also documents, "Grasp the secured gait belt to provide stability and balance during the transfer. Monitor the resident during transfers for: Any complaints of pain during transfer; Decline in the amount of effort given by the resident; Inability to participate in transfer; Anything that is not normal for the way the resident usually transfers. Report any changes in resident's performance during transfers to the charge nurse."</p> <p>The facility's Limited Resident Lift Program and Equipment Use Training Requirements, no date available, documents, "All direct care staff responsible for resident handling will be trained by the Director of Nursing or specified facility representative initially upon implementation of this program, upon orientation for all new employees, annually thereafter and if new equipment is introduced or special accommodations are required to meet the resident's special needs. Staff must each be able to demonstrate proficiency with all types of lifts in the facility. A competency checklist for each type of lift will be completed during training and placed in the employee file."</p>	S9999		

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S9999	<p>Continued From page 4</p> <p>On 7/7/21 at 2:05 p.m., R5 was alert sitting up in her wheel chair staring at her table filled with art supplies. R5 had multiple paintings located around R5's room. R5 had an immobilizer brace along R5's right arm and in a fixed bent position at her elbow. R5's hand was wrapped in gauze and was swollen and purple in color. R5 stated, "I don't remember what happened exactly. I just know the girl dropped me, and she did it deliberately." R5 also stated, "I'm an avid painter, and I've painted every day for years. I'm not able to paint at all at this point because the hand I use to paint with is my right hand, and I can't use it."</p> <p>R5's Care plan, dated 3/18/20, documents, "Inability to ambulate without staff assistance related to generalized weakness. (R5) uses a front wheeled walker to ambulate with assistance from staff as she allows. Goal: Will ambulate to/from bed to bathroom with support of extensive assist from 1-2 staff." R5's care plan has no documentation of R5's actual transfer/ambulation status/assistance required.</p> <p>R5's Fall Risk Assessment, dated 4/2/21, documents that R5 is a high risk for falls.</p> <p>R5's MDS (Minimum Data Set) Assessment, dated 4/2/21, documents: Section F Preferences for Customary Routine and Activities that it is very important for R5 to do her favorite activities; Section G Functional Status that R5 requires extensive assistance of one person physical assist for bed mobility, transfers, ambulating in room, dressing, toileting, personal hygiene, and bathing.</p> <p>A facility State agency report, dated 6/28/21, documents, "(R5) complained of pain to right arm during a transfer. Upon investigation, two staff</p>	S9999		

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S9999	<p>Continued From page 5</p> <p>members (V12 and V13/ CNAs) were assisting R5 to transfer to the toilet with a gait belt, during the transfer, R5's legs became weak and she sat on the toilet quickly. They heard a 'pop' and (R5) started to complain of pain. Upon assessment, (R5) complained of pain to 'right arm.' She was still able to move her arm, grab the bar and her walker, and raise arm up. During palpation of arm from wrist to shoulder, she did not complain of pain in any certain spot. Assisted back to wheel chair with four staff assist for stability. In-house x-ray ordered. X-ray results received of acute humeral fracture with new orders to immobilize and follow up with orthopedics 6/29/21."</p> <p>V12's Written Statement, dated 6/28/21, documents, "We (V12 & V13) were transferring (R5) from toilet to wheel chair. Myself and the other CNA with me, (V13), were telling (R5) she had to stand up with us on the count of three. (R5) wouldn't bend her legs to stand up from the toilet. She was fully off the toilet as we was going to pull her pants up. She had a hold of our arms and dropped down, and that's when we heard a 'pop' sound come from her arm. She wouldn't use her legs or feet at all to stand up."</p> <p>V13's Written Statement, dated 6/28/21, documents, "Me and (V12 CNA) were transferring (R5) from the toilet to her wheel chair, and she wouldn't move her feet. So we kept telling her to move her feet, and she kept saying, 'I can't walk.' So we sat her back down and tried it again. As we were standing her she started to drop to the floor. So, I wasn't bearing any weight on her arm much because we were going to pull her pants up, but as we tried she dropped. So I beared weight just a little so she didn't end up on the ground, but as I did we heard a pop. Then, (R5) said, 'I think my arms broke.'"</p>	S9999		

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S9999	<p>Continued From page 6</p> <p>R5's Right humerus two view X-ray report, dated 6/28/21, documents that R5 has an acute humeral fracture.</p> <p>Facility Inservice Records, dated 6/28/21, document that V12 and V13 received individual inservice training on transfer/gait belt policy and implementation and transfers from bed to chair, commode, and wheel chair following the incident.</p> <p>R5's Quality Improvement review, dated 6/29/21, documents, "QA (Quality Assurance) team met and reviewed recent incident. (R5) and staff were transferring to toilet from wheel chair when (R5's) legs gave out. Staff assisted her to the toilet. (R5) began to complain of pain to her right arm. Upon investigation, staff heard a 'pop' during the transfer when she started having complaints of pain. Upon assessment (R5) could still move right arm, raising arm up and grabbing the wall grab bar and walker. During palpation of arm, (R5) did not complain of pain. (R5) assisted back to wheel chair with walker and assist of four staff for support."</p> <p>R5's Physician Progress note, dated 6/29/21, documents, "Reason for appointment: Right humerus fracture. Per daughter, (R5) was walking with her when when she started to fall and the nurses grabbed her and heard a pop in her arm. (R5) fell back into the toilet. (R5) complains of left hip pain. Assessments: Closed displaced spiral fracture of shaft of right humerus. Treatment: Start Humeral fracture Brace. If (R5) were younger, healthier, more alert, I would most likely perform open duct internal fixation."</p> <p>V12 and V13's employee files document that both CNAs were hired on 1/26/21, and skill</p>	S9999		

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S9999	<p>Continued From page 7</p> <p>competencies were not completed upon hire.</p> <p>On 7/8/21 at 9:00 a.m., V12 stated, "(R5) was a two person assist at the time of the incident. She would help us turn and pivot, helping as much as she could. The grab bar on the wall she normally holds onto while we are giving cares. We had a gait belt on her, and she turned and pivoted just fine for us to the toilet. We were going to stand her up. (V13) was on the wall grab bar side (R5's right side) and I was on the other side. When counting to three, (R5) was holding onto the bar, I told (V13) I would hold (R5's) front and (V13) had her left hand on the back of the gait belt so we could use our other hands to pull her pants up. She stood up so we could pull her pants up, and (R5's) legs gave out without warning. At the point of her legs giving out, we both ended up having both hands on the gait belt and lifted her back to the toilet. We asked her to reach with her right arm to the grab bar, but she wasn't comprehending and was physically holding onto (V13). We heard the pop during the transfer, and she screamed out instantly in pain. We set her back down on the toilet. Staff came and (R5) was screaming about her arm. (V2 Director of Nursing) assessed her while (R5) was on the toilet, and then we transferred her back to wheelchair. It took me, (V13), (V2), and (V14 Business Office Manager) to transfer (R5). (R5) was screaming during this transfer about her arm. We got her to the wheel chair and she continued to complain about her arm. Now, (R5) requires at least three people to transfer because she doesn't help us stand at all. Especially now because she's afraid of falling. Some days she stands and others, she doesn't stand at all letting her legs just go. So, she requires three assist. We (V12 & V13) had to be in serviced after the incident on safe transfers." V12 also stated that</p>	S9999		

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S9999	<p>Continued From page 8</p> <p>(V12 and V13) were both hired on 1/26/21, however, no skill competencies were performed when V12 and V13 were hired into facility nor since.</p> <p>On 7/8/21 at 10:35 a.m. V1 (Administrator) stated, "The two CNAs (V12 & V13) were taking (R5) to the bathroom, and her legs were giving out so they set her back on the toilet and (R5's) arm popped. If she's feeling weak, they need to get more assistance even though they did her as a two assist. I don't believe she was two assist prior to the incident. Now they are transferring her with two assist at all times because you don't want her putting weight on the right arm with the walker. At times, they are needing to use three person assist. Some of the CNAs are just a little nervous. They don't want to hurt her with a transfer. (V12 & V13) were reeducated on safe transfers after the incident. If someone is feeling weaker than they should request more assistance during the transfer." V1 also confirmed that upon hire, V12 nor V13 performed skill competencies.</p> <p>On 7/8/21 at 11:10 am, V13 stated "We (V12 & V13) tried to transfer (R5) from the toilet to the wheel chair, but she wouldn't stand. (R5) kept telling us she couldn't walk. We attempted the transfer once, and we had to sit her back down on the toilet because she wouldn't fully stand up. We tried again. This time (R5) was holding onto the wall grab bar and just let go when her legs gave out. When she let go and started to drop her arm popped. When her arm popped I was on her right side holding onto the gait belt with my left hand at her back. My right arm was up underneath of her arm pit holding her up. (V12) was on her other side with one hand on her gait belt and the other hand trying to pull her pants up. (R5) screamed out in pain with the pop stating,</p>	S9999		

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S9999	<p>Continued From page 9</p> <p>'My arm. My arm,' and that's when the nurse came in. Now we have to use three people to transfer her because (R5) is so weak. (R5) gets scared during the transfers now. Prior to the incident, (R5) was normally a one person assist, but we were starting to use two because she wouldn't want to help much. I always transfer a resident with one hand on the gait belt and one arm under their arm pit for protection. After the incident we had to sign in-services about transferring, they explained to us if that ever happens again don't keep trying to complete the transfer. We should call for more assistance, or the nurse so we don't have that type of incident happen again."</p> <p>On 7/8/21 at 12:15 p.m., R5 was alert up in her wheelchair displaying symptoms of anxiousness with a worried facial expression and paranoid constantly asking questions about her transfer to the toilet. V9 (CNA) was attempting to console her. A gait belt was applied, V8 and V9 (Both CNAs) each applied their inner hand on the gait belt and directed R5 that they would be standing on the count of three. V8 and V9 lifted R5 by her gait belt, and R5 did not put her feet down and bear weight. R5's legs were kept in a bent position with her feet curled up. R5 was irritable and anxious crying out as V8 and V9 had to bear all the weight of R5 and swiftly transfer her from her wheelchair to the toilet. V2 (Director of Nursing) was behind the three of them pulling R5's pants and adult brief down while V8 and V9 were placing R5 on the toilet. R5 was incontinent of bowel and bladder on the floor during the transfer. R5 began crying worrying about having an accident on the floor. V8 and V9 both stated that this transfer would not have been possible without the assist of three people. V9 stated, "Since the incident, (R5) has been anxious during</p>	S9999		

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S9999	<p>Continued From page 10</p> <p>all transfers afraid she is going to fall. (R5) sleeps in the recliner. (R5) is 94 years old and wants to continue to do as much as she can. So, she prefers to be taken to the restroom when she needs to use the restroom or if she has had an accident. (R5) is incontinent thru the night so third shift would have to change her at some point. In report this morning, I was told that 3rd shift transferred (R5) from her recliner to her bed to change her instead of taking her to the bathroom. That would still be a difficult transfer regardless and she is insistent on using the actual restroom."</p> <p>On 7/8/21 at 12:28 p.m., V2 (Director of Nursing) stated, "That transfer required three assist. (R5) curled her feet up and wouldn't bear weight on her feet. V8 and V9 would not have been able to get her pants pulled down and onto the toilet had I not been there. Even with three people, her transfer was not safe. It's not safe for the resident or the staff. Either one of them could get injured. We need to reevaluate her transfer status. We must worry about her safety and the staff safety. During a two person gait belt transfer, each staff member should have at least one hand on the gait belt. Staff should not be placing their arms under the resident's arm/armpit area during a transfer. This could lead to a shoulder/arm injury in a resident, especially if the resident isn't bearing weight."</p> <p>On 7/8/21 at 3 p.m., V16 (R5's family member) stated, "The staff who transferred her that day snapped her arm causing the fracture. The doctors can't even fix the fracture surgically like they should because of her age. So hopefully it heals with just the brace. They don't know how to transfer her. She is dead weight and she won't help out at all. I've said for a while now that safely it takes three staff members to transfer her, and</p>	S9999		

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S9999	<p>Continued From page 11</p> <p>that doesn't happen a lot especially when they are short staffed. She is paranoid with all of her transfers now. She's so anxious that they are going to drop her again. She's a lifetime painter, and she loves it, but now with this arm being broken she can't even do that. She doesn't have much else."</p> <p>On 7/8/21 at 4:30 pm, V15 (R5's Orthopedic physician) stated, "(R5's) humeral fracture is a fracture that normally would be fixed surgically, but sadly with her overall condition she is not a candidate for surgery. (R5's) fracture was caused from a trauma. I was told she was ambulating with her walker when her legs gave out, and the staff caught her before she fell."</p> <p>(B)</p>	S9999		