

Illinois Department of Public Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER:  <b>IL6015333</b>	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____  B. WING _____	(X3) DATE SURVEY COMPLETED  <b>C</b> <b>11/16/2021</b>
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NAME OF PROVIDER OR SUPPLIER  <b>APERION CARE FOREST PARK</b>	STREET ADDRESS, CITY, STATE, ZIP CODE <b>8200 WEST ROOSEVELT ROAD FOREST PARK, IL 60130</b>
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S 000	Initial Comments  2198119/IL139856 2198148/IL139902 2197735/IL139371	S 000		
S9999	Final Observations  Statement of Licensure Violations (1 of 2):  300.1010h) 300.1210b) 300.1210c) 300.1210d)2)3)  Section 300.1010 Medical Care Policies  h) The facility shall notify the resident's physician of any accident, injury, or significant change in a resident's condition that threatens the health, safety or welfare of a resident, including, but not limited to, the presence of incipient or manifest decubitus ulcers or a weight loss or gain of five percent or more within a period of 30 days. The facility shall obtain and record the physician's plan of care for the care or treatment of such accident, injury or change in condition at the time of notification.  Section 300.1210 General Requirements for Nursing and Personal Care  b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal	S9999	<p><b>Attachment A</b> <b>Statement of Licensure Violations</b></p>	

Illinois Department of Public Health  
LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

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S9999	<p>Continued From page 1</p> <p>care needs of the resident.</p> <p>c) Each direct care-giving staff shall review and be knowledgeable about his or her residents' respective resident care plan.</p> <p>d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis:</p> <p>2) All treatments and procedures shall be administered as ordered by the physician.</p> <p>3) Objective observations of changes in a resident's condition, including mental and emotional changes, as a means for analyzing and determining care required and the need for further medical evaluation and treatment shall be made by nursing staff and recorded in the resident's medical record.</p> <p>These requirements were not met as evidenced by:</p> <p>Based on interviews and record review the facility failed to notify the physician of critical laboratory results immediately after receipt from the outpatient lab for 1 of 3 (R15) residents reviewed for acute change in condition. This failure resulted in a approximately a 30 hour delay in notification of critical abnormal lab results, R15 having an acute change in condition being transported to the local hospital for evaluation and being admitted for hyperosmolar hyperglycemic syndrome, dehydration and acute kidney failure.</p> <p>Findings include:</p>	S9999		

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S9999	<p>Continued From page 2</p> <p><b>R15:</b> Review of R15's medical record notes R15 with diagnoses including: Alzheimer's disease, diabetes, high blood pressure, history of falling, repeated falls, and dehydration.</p> <p>On 10/22/2021 at 12:30pm, V31 NP (nurse practitioner) stated that laboratory results will pop up in the resident's electronic medical record to be reviewed. V31 stated that V31 would expect the nurse to call nurse practitioner/physician with critical laboratory values immediately upon receiving results. V31 stated that V31 was not made aware of any critical laboratory values for R15.</p> <p>On 10/22/2021 at 1:50pm, V12 LPN (licensed practical nurse) stated that critical laboratory test results are telephoned to the nurse by the outside laboratory service. V12 stated that the physician/nurse practitioner should be notified of all critical results immediately. V12 denied receiving any critical laboratory test results for R15.</p> <p>On 11/9/21 at 1:30pm, V2 DON (director of nursing) stated that blood glucose (sugar) results are documented in the resident's MAR (medication administration record). V2 stated that the vital sign section of the resident's electronic medical record pulls the blood glucose results from the MAR and also notes the time the results were obtained. V2 stated that staff do not document blood glucose results directly into this section. V2 stated that blood glucose testing should be performed before the resident begins to eat meal. V2 stated that the physician should be notified for blood glucose results greater than 400.</p>	S9999		

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S9999	<p>Continued From page 3</p> <p>Review of R15's laboratory test results, dated 10/12/21 at 3:06pm, notes a critical sodium level was called with readback to V12 LPN by the outside laboratory service. R15's critical sodium level was 167 (normal range is 136-147).</p> <p>Review of R15's laboratory test results, dated 10/12/21 at 1:34pm, notes R15 with white blood cells 15.56 (normal range is 4.8-10.8), neutrophils 12.84 (normal range is 1.4-6.8), elevated neutrophils indicate infection; blood glucose level 402 (normal range is 70-110; BUN (blood urea nitrogen) 55 (normal range is 8-28); creatinine 2.53 (normal range is 0.4-1.6). BUN and creatinine levels monitor how well kidneys are functioning.</p> <p>Review of R15's progress notes, dated 10/13/21 at 6:42pm, notes V3 ADON, V3 spoke with nurse practitioner regarding R15's laboratory test results, V3 received order to transfer R15 to the hospital emergency room for evaluation of acute kidney injury and uncontrolled blood glucose.</p> <p>Review of R15's hospital record, dated 10/13/2021, notes R15 presented to the emergency room with altered mental status, low blood pressure secondary to dehydration, acute kidney injury, elevated sodium level, elevated potassium level, and HHS (hyperosmolar hyperglycemic syndrome - a serious complication of diabetes, occurs when a person's blood sugar levels are too high for a long period, leading to severe dehydration). Per EMS (emergency medical services), this facility called because R15 had low blood pressure, high blood sugar, making incomprehensible sounds, and has altered mental status. Per nurse at this facility, R15 has been displaying increased altered mental status</p>	S9999		

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S9999	<p>Continued From page 4</p> <p>for "the past few days," was sleeping all day, was difficult to arouse today, and would not eat dinner today. R15 visibly winces to pain with palpation of left lower abdomen. CT (computed tomography) scan of R15's abdomen noted moderate fecal burden in rectum. In the emergency room, R15's initial blood sugar level performed at R15's bedside was greater than 600 (normal range is 70-110). Laboratory testing blood sugar was 796. R15's sodium level was 157 (normal range is 136-147).</p> <p>Review of R15's POS (physician order sheet), dated 11/8/2020, notes an order for blood glucose (sugar) monitoring three times daily before meals and at bedtime related to diabetes.</p> <p>Review of R15's blood glucose results documented in R15's MAR (medication administration record), dated October 2021, notes:                      On 10/4/21 at 6:00am, there are no results documented.                      On 10/4 at 11:00am, R15's blood glucose 318.                      On 10/4 at 4:00pm, 'NA' is documented as R15's blood glucose result.                      On 10/7 at 4:00pm, blood glucose documented as 138.                      On 10/7 at 9:00pm, blood glucose documented as 214.                      On 10/8 at 11:00am, 4:00pm, and 9:00pm there are no results documented.                      On 10/9 at 11:00am, blood glucose documented as 204.                      On 10/10 at 9:00pm, there are no results documented.</p> <p>Review of the vital sign documentation section of R15's medical record, October 2021, notes the exact time the bedside blood glucose testing was</p>	S9999		

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S9999	<p>Continued From page 5</p> <p>performed/documented. In addition to the missing documentation in R15's MAR, noted above, it also notes R15's blood glucose level was not monitored/documented on 10/10 at 6:00am or 9:00pm; 10/12 at 6:00am; or 10/13 at 11:00am.</p> <p>Review of R15's blood glucose results in the vital sign section of R15's medical record notes : On 10/4/21 at 12:05pm, R15's blood glucose result is noted to be 314 and 318. On 10/4 at 6:28pm, blood glucose result is 434. On 10/7 at 5:01pm, blood glucose result is noted to be 138 and 400. On 10/7 at 10:18pm, blood glucose result is noted to be 214 and 350. On 10/9 at 3:04pm, blood glucose result is noted to be 356 and 204.</p> <p>There is no documentation found in R15's medical record noting R15 received fast acting insulin on 10/4 at 6:00am or 4:00pm; 10/8 at 11:00am, 4:00pm, 9:00pm; 10/10 at 9:00pm; 10/13 at 11:00am or 4:00pm.</p> <p>There is no documentation found in R15's medical record noting reason for discrepancy in blood glucose results, interventions implemented to verify results, or physician notification of blood glucose level greater than 400.</p> <p>2. R16: On 10/22/21 at 1:55pm, V10 LPN stated that the nurse is expected to check laboratory results every shift. V10 stated that the results are called to the physician/nurse practitioner. V10 stated that with critically high or low results, the physician is notified immediately. V10 stated that the nurse documents in the resident's progress notes when the physician is notified. V10 stated</p>	S9999		

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S9999	<p>Continued From page 6</p> <p>that V10 does not recall receiving any critical laboratory test results called to V10 on 10/20/21.</p> <p>On 11/3/2021 at 12:00pm, V20 NP (nurse practitioner) stated that laboratory results are electronically transmitted to the resident's medical record by the outside laboratory service. V20 stated that V20 will review the lab results. V20 stated that V20 would expect the nurse to call V20 with all critical laboratory results. V20 stated that potassium is an electrolyte in the body that helps the heart function. V20 stated that V20 does not recall reviewing R16's laboratory test results on 10/20/21.</p> <p>Review of R16's laboratory test results, dated 10/20/2021 at 1:15pm, notes critical potassium level was called with readback to V10 LPN by the outside laboratory service. R16's critical potassium level was 2.7 (normal range is 3.7-5.1).</p> <p>Review of R16's medical record notes R16's laboratory test results were noted as reviewed. There is no documentation of any treatment ordered or initiated upon review of this critical potassium level.</p> <p>3. R17: Review of R17's laboratory test results, dated 10/20/21 at 1:17pm, notes critical creatinine level was called with readback to V10 LPN by the outside laboratory service. R17's critical creatinine level was 13.35 (normal range is 0.4-1.6).</p> <p>Review of R16's medical record notes R16's laboratory test results were noted as reviewed. There is no documentation of any treatment</p>	S9999		

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S9999	<p>Continued From page 7</p> <p>ordered or initiated upon review of this critical creatinine level.</p> <p>Review of this facility's physician notification of laboratory results policy, revised 3/14/2018, notes the nurse is responsible for monitoring the receipt of test results. Test results should be reported to the physician/nurse practitioner. All critical laboratory values will be reported to the physician promptly. Abnormal laboratory value parameters include, but not limited to: white blood cell count greater than 12 or potassium less than 3 shall be reported. The licensed nurse is responsible for documenting the notification of results in the clinical record.</p> <p>(A)</p> <p>Statement of Licensure Violations (2 of 2):</p> <p>300.610a) 300.1210b) 300.1210c) 300.1210d)3)5)</p> <p>Section 300.610 Resident Care Policies</p> <p>a) The facility shall have written policies and procedures governing all services provided by the facility. The written policies and procedures shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee, and representatives of nursing and other services in the facility. The policies shall comply with the Act and this Part. The written policies shall be followed in operating the facility.</p> <p>Section 300.1210 General Requirements for</p>	S9999		



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S9999	<p>Continued From page 8</p> <p>Nursing and Personal Care</p> <p>b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident.</p> <p>c) Each direct care-giving staff shall review and be knowledgeable about his or her residents' respective resident care plan.</p> <p>d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis:</p> <p>3) Objective observations of changes in a resident's condition, including mental and emotional changes, as a means for analyzing and determining care required and the need for further medical evaluation and treatment shall be made by nursing staff and recorded in the resident's medical record.</p> <p>5) A regular program to prevent and treat pressure sores, heat rashes or other skin breakdown shall be practiced on a 24-hour, seven-day-a-week basis so that a resident who enters the facility without pressure sores does not develop pressure sores unless the individual's clinical condition demonstrates that the pressure sores were unavoidable. A resident having pressure sores shall receive treatment and services to promote healing, prevent infection, and prevent new pressure sores from developing.</p>	S9999		

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S9999	<p>Continued From page 9</p> <p>These requirements were not met as evidenced by:</p> <p>Based on observations, interviews, and record reviews, this facility failed to implement interventions to prevent the development of facility acquired pressure ulcers for 3 residents (R15, R19, and R21) out of 5 residents reviewed for being at risk for skin breakdown in a sample of 22. This failure resulted in R19 being admitted to the hospital with worsening sacral pressure ulcer, osteomyelitis (bone infection) of sacral wound and developing sepsis.</p> <p>Findings include:</p> <p>1. R19: On 11/9/21 at 9:30am, R19 is observed to be frail, weak. R19 was observed lying supine in bed on a regular mattress. R19's feet were observed to be pressed against foot board.</p> <p>On 11/9/21 at 9:30am, R19 stated that since admission on 8/23/21, R19 was not getting turned/repositioned routinely by staff. R19 asked if R19 could have an air mattress placed on R19's bed.</p> <p>On 11/9/21 at 11:36am, V11 (maintenance director) stated that V11 is notified when a resident needs a specialty mattress from V2 DON (director of nursing), V3 ADON (assistant director of nursing), or wound care nurse. V11 stated that this facility has some specialty mattresses on hand, housekeeping cleans and sanitizes them before putting in storage. V11 stated that V11</p>	S9999		

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S9999	<p>Continued From page 10</p> <p>received a list yesterday, 11/8/21 at 2:31pm, for a specialty mattress for R19's bed. V11 stated that V11 leaves at 4:00pm and did not have time to place R19's mattress yesterday; V11 stated that V11 is in process of doing it now. V11 stated that sometimes staff will alert V11 ahead of time if resident is being re-admitted; if resident had specialty mattress before hospitalization, V11 will put one on before resident returns. V11 stated that V11 does not recall being made aware R19 was returning to this facility prior to R19's re-admission on 11/5/21.</p> <p>On 11/9/21 at 1:30pm, V2 DON (director of nursing) stated that a specialty mattress should be placed on the resident's bed prior to the resident being re-admitted to this facility. V2 stated that maintenance staff provide the specialty mattresses. V2 denied being informed R19 was re-admitting to this facility on 11/5/21.</p> <p>Review of R19's medical record notes R19 was admitted to this facility on 8/23/2021 with diagnoses including: blood clots in lungs, extradural and subdural spinal abscess, quadriplegia, pleural effusion, major depressive disorder, rectal fistula, and anemia.</p> <p>Review of R19's admission assessment, dated 8/23/21, does not note any alterations in skin integrity.</p> <p>Review of R19's wound assessment, dated 8/24/21, notes a pressure injury to left dorsal foot, measuring 7cm (centimeters) x 2cm, 100% necrotic (dead) tissue. R19's right heel with an unstageable pressure injury, measuring 4cm x 3.5cm, 100% necrotic tissue.</p> <p>Review of R19's wound care physician note,</p>	S9999			

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S9999	<p>Continued From page 11</p> <p>dated 9/7/2021, notes R19 with a stage 3 sacral pressure ulcer, measuring 5cm x 7cm, 20% intact skin, 50% granulation tissue, 20% necrotic tissue, and 10% slough (yellow non-adherent tissue). Left heel deep tissue injury, measuring 4cm x 5cm, 100% deep maroon. Right heel deep tissue injury, measuring 1.5cm x 2cm, 100% deep maroon.</p> <p>Review of R19's wound care physician note, dated 9/11/21, notes R19 with a new wound: an unstageable pressure ulcer to right ankle anterior crease, measuring 2.5cm x 5cm x 0.1cm, 25% granulation tissue and 75% necrotic tissue.</p> <p>Review of R19's wound care physician note, dated 9/14/21, notes R19 with a new wound: a right lateral foot deep tissue injury, measuring 2cm x 1cm, 100% deep maroon.</p> <p>Review of R19's POS (physician order sheet), dated 9/22/2021, notes surgical consult for sacral wound evaluation and treatment.</p> <p>There is no documentation found in R19's medical record noting R19 had a consultation with a surgeon regarding sacral pressure ulcer.</p> <p>Review of R19's hospital record, dated 10/25/21, notes R19 was admitted to the hospital with worsening sacral pressure ulcer and developing sepsis. X-ray results of R19's right foot with osteomyelitis (infection of the bone) involving the lateral base of the fifth metatarsal. MRI (magnetic resonance imaging) of R19's pelvis notes sacral osteomyelitis and a presacral abscess measuring 8.7cm x 1.9cm x 2.6cm. During hospitalization, R19's abscess was drained and a PICC (peripheral intravenous central catheter) line was placed for long term</p>	S9999		

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NAME OF PROVIDER OR SUPPLIER  <b>APERION CARE FOREST PARK</b>	STREET ADDRESS, CITY, STATE, ZIP CODE <b>8200 WEST ROOSEVELT ROAD FOREST PARK, IL 60130</b>
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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETE DATE
S9999	<p>Continued From page 12</p> <p>antibiotics to treat R19's osteomyelitis.</p> <p>There is no documentation found in R19's medical record noting weekly skin observation assessments were performed since R19's admission to this facility.</p> <p>2 R15: On 11/3/2021 at 9:55am, this surveyor observed V47 (wound care nurse) perform wound care treatment for R15. R15 is observed to have a sacral pressure ulcer. When V47 removed R15's sacral dressing, dressing was observed to be non-occlusive and covered on both sides with bowel movement. R15's bowel movement was observed in the wound bed.</p> <p>Review of R15's medical records notes R15 with diagnoses including: Alzheimer's disease, diabetes, dementia with behavioral disturbance, high blood pressure, history of falling, repeated falls, and dehydration.</p> <p>Review of R15's Braden score, dated 8/2/21, notes R15 is at risk for skin breakdown.</p> <p>Review of R15's progress notes, dated 10/13/2021, V13 LPN (licensed practical nurse) noted R15 has a small opening on the sacral area, family, nurse practitioner, and V3 ADON (assistant director of nursing) notified.</p> <p>On 11/8/21, R15's unstageable sacral pressure ulcer, measured 8cm x 13cm x 1.5cm, with undermining 2.5cm 9 o'clock to 3 o'clock, 15% red tissue and 85% slough (yellow non-adherent tissue).</p> <p>Review of R15's medical record notes R15's last</p>	S9999		

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NAME OF PROVIDER OR SUPPLIER  APERION CARE FOREST PARK	STREET ADDRESS, CITY, STATE, ZIP CODE 8200 WEST ROOSEVELT ROAD FOREST PARK, IL 60130
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S9999	<p>Continued From page 13</p> <p>documented weekly skin observation assessment was on 4/28/2021.</p> <p>3. R21: Review of R21's medical record notes R21 was admitted to this facility on 10/29/21 with diagnoses including: diabetes, high blood pressure, epilepsy, abnormalities of gait and mobility, colostomy, iron deficiency anemia, coronary artery disease, major depressive disorder, anxiety disorder, and surgical aftercare following surgery for perforated small bowel.</p> <p>Review of R21's admission assessment, dated 10/29/21, notes R21's skin without any skin breakdown noted.</p> <p>Review of R21's Braden score, dated 10/30/21, notes R21 is at moderate risk for skin breakdown.</p> <p>Review of R21's wound note, dated 10/30/21, notes R21 with a stage 3 sacral pressure ulcer, 50% pink or red, 50% necrotic (dead), measuring 7cm x 2cm x 0.2cm.</p> <p>Review of R21's pre-admission hospital record does not note R21 with any alterations in skin integrity except for surgical incision to abdomen. On 10/26/21, R21's white blood cell count was 5.5 (normal range is 4.2-11).</p> <p>Review of R21's hospital record, dated 11/2/21, notes R21 presented to the emergency room with low blood pressure requiring intravenous fluids and intravenous medications to stabilize blood pressure. R21's white blood cell count was 15.5.</p> <p>Review of this facility's pressure injury and skin condition assessment policy, revised 1/17/2018,</p>	S9999		
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S9999	<p>Continued From page 14</p> <p>notes a skin condition assessment and pressure ulcer risk assessment (Braden score) will be completed at the time of admission/re-admission. The pressure ulcer risk assessment will be updated quarterly and as necessary. Residents identified will have a weekly skin assessment by a licensed nurse. A wound assessment will be initiated and documented in the resident chart when pressure and/or other ulcers are identified by the licensed nurse. Each resident will be observed for skin breakdown daily during care and on the assigned bath day by the CNA. Changes shall be reported promptly to the charge nurse who will perform the detailed assessment. At the earliest sign of a pressure injury or other skin problem, the resident, legal representative, and attending physician will be notified. The initial observation of the ulcer or skin breakdown will also be described in the nursing progress notes. The licensed nurse is responsible for notifying the attending physician, director of nursing, and legal representative of any suspected wound infection. The attending physician will be notified within 7-14 days of the resident's lack of response to treatment.</p> <p>Review of this facility's pressure ulcer prevention policy, revised 1/15/2018, notes to inspect the skin several times daily during bathing, hygiene, and repositioning measures. Turn dependent resident every two hours or as needed and position resident with pillow or pads protecting bony prominences. Specialty mattresses are used for residents who have multiple stage 2 wounds or one or more stage 3 or stage 4 wounds.</p> <p>(A)</p>	S9999		