

Illinois Department of Public Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: IL6013353	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED C 01/11/2022
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NAME OF PROVIDER OR SUPPLIER ALDEN TOWN MANOR REHAB & HCC	STREET ADDRESS, CITY, STATE, ZIP CODE 6120 WEST OGDEN CICERO, IL 60804
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S 000	Initial Comments Complaint Investigation: 2290015/IL141970 Facility Reported Investigation: FRI of 12/18/21- IL142045	S 000		
S9999	Final Observations Statement of Licensure Violations: 300.610a) 300.1210b)5) 300.1210c) Section 300.610 Resident Care Policies a) The facility shall have written policies and procedures governing all services provided by the facility. The written policies and procedures shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee, and representatives of nursing and other services in the facility. The policies shall comply with the Act and this Part. The written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, documented by written, signed and dated minutes of the meeting. Section 300.1210 General Requirements for Nursing and Personal Care b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological	S9999	Attachment A Statement of Licensure Violations	

Illinois Department of Public Health
LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

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S9999	<p>Continued From page 1</p> <p>well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident. Restorative measures shall include, at a minimum, the following procedures:</p> <p>5) All nursing personnel shall assist and encourage residents with ambulation and safe transfer activities as often as necessary in an effort to help them retain or maintain their highest practicable level of functioning.</p> <p>c) Each direct care-giving staff shall review and be knowledgeable about his or her residents' respective resident care plan.</p> <p>These requirements are not met as evidenced by:</p> <p>Based on interviews and records reviewed the facility failed to follow Physical Therapy recommendations for a restorative nursing walking program for 1 (R3) of 3 residents reviewed. This failure resulted in R3 saying not being helped with walking makes her feel "helpless."</p> <p>Findings include:</p> <p>On 1/8/22 at 10:30AM R3 said she would like to walk to be able to get out of the bed.</p> <p>On 1/8/22 at 11:20AM V6, Registered Nurse, said R3 never gets out of bed.</p> <p>On 1/8/22 at 12:08PM V8, Physical Therapy Assistant, said he is the supervisor in the therapy department. V8 said R3 is not on case load at this</p>	S9999		

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S9999	Continued From page 2 time. V8 said R3 has been in therapy in the past and has been cooperative. V8 said the last time R3 was treated by physical therapy is because R3 was declining. V8 said at that time R3 was able to ambulate with therapy and a walker. During the interview V8 said walking is not a reasonable goal for R3. V8 left to print R3's therapy documents and returned. While reviewing R3's documents R3 said her evaluation states she was picked up due to R3 stating her goal was to walk, I want to get up, and I want to get in a chair. V8 continued to read from R3's evaluation and said on evaluation R3 was able to walk 10 feet with maximum assistance. V8 said when therapy ends, we communicate with the facility restorative department verbally and give them a written form with restorative recommendations. V8 said we do not keep copies of the forms. While reviewing the Discharge Summary with the surveyor V8 said RNP is Restorative Nursing Program and what is written there is the recommendation given to the facility. V8 said at the time of R3's discharge from therapy on 10/13/21 she was able to walk 30 feet with minimal to moderate assistance and rolling walker. On 1/8/22 at 1:20PM V5, Certified Nursing Assistant (CNA), said therapy used to walk with R3. V5 said I never tried walking R3. V5 said I saw therapy walk with R3 in the hallway, but therapy never trained us to walk with R3. On 1/8/22 at 1:37PM V11, Restorative Nurse, said when therapy ends, they give me a sheet with the recommended programs. V11 said she does not keep the sheets after she writes the programs. V11 said when a resident is placed on an ambulation program, we keep the program as long as it is safe to. V11 said R3 is capable of more independence than she shows. V11 said I	S9999		

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S9999	<p>Continued From page 3</p> <p>have never seen R3 walk.</p> <p>On 1/8/22 at 2:08PM V2, Director of Nursing, said he has not received reports that R3 is refusing or resisting cares. V2 said he would expect staff to follow thru with therapy recommendations.</p> <p>On 1/8/22 at 2:41PM V12, Interim Assistant Director of Nursing and MDS Nurse, said R3 received therapy recently, in October. V12 said R3 reached her highest level during that treatment period and she continued on restorative programs.</p> <p>On 1/8/22 at 3:13PM V11 said R3 is on dressing and grooming and bed mobility restorative programs. V11 said she has computer access to see all of the therapy evaluations and summaries. V11 said when R3 was in therapy V11 was aware of R3's goal to walk 20 feet. While reviewing the discharge summary with surveyor V11 said I don't think we followed the restorative nursing program for ambulation and V11 said "I probably did not write the program." V11 said she documents in resident progress notes and assessment areas.</p> <p>On 1/9/22 at 9:53PM R3 said in October I remember walking about half the length of the hallway. R3 said when therapy ended no one ever spoke to me about a walking program. R3 said she would like to walk a few days a week and sit up in a chair. R3 said there is no point in me getting up to just sit in a chair, I can stay in bed for that.</p> <p>On 1/9/22 at 10:16AM V16, CNA, said she has never assisted R3 in walking but had seen her walk with therapy assistance in the past.</p> <p>On 1/9/22 at 11:59AM R3 said not walking makes</p>	S9999		

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S9999	<p>Continued From page 4</p> <p>her feel "hopeless" and she thinks it may have affected her ability to return home. R3 said on admission her goal was return home, but that was over 2 years ago.</p> <p>On 1/9/22 at 12:49PM V2 said if a resident is not assisted to walk, they become a fall risk and they can lose strength because they are not using their muscles.</p> <p>Review of R3's care plans include restorative dressing and bed mobility programs. R3's Activity of Daily Living care plan initiated 9/29/19 states assist resident with ADLs as needed.</p> <p>Review of R3's Resident Transfer Evaluation dated 10/10/21 notes R3 has full or partial weight bearing ability.</p> <p>Review of R3's Functional Limitation in Range of Motion Assessment dated 10/10/21 notes R3 has no limitations in her lower extremities.</p> <p>Review of R3's Functional Assessment dated 10/11/21 notes walking activity did not occur.</p> <p>Review of R3's Progress Notes show no refusals or conversations related to ambulation programs.</p> <p>Review of R3's Physical Therapy Discharge Summary dates of service 9/30/21- 10/13/21 notes R3's goal to ambulate with assistance. Discharge status recommendations section RNP (Restorative Nursing Programs) To facilitate patient maintaining current level of performance and in order to prevent decline, development of, and instruction in, the following RNPs has been completed with the IDT (Inter Disciplinary Team): transfers and ambulation with rolling walker, support moderate assist, wheelchair to follow.</p>	S9999		

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S9999	<p>Continued From page 5</p> <p>The same summary notes R3 met her goal on 10/13/21 of 30 feet with minimal/moderate assistance with rolling walker.</p> <p>The facility Restorative Nursing Program policy dated 9/2020. It is the policy of this facility that a resident is given the appropriate treatment and services to maintain or improve his or her abilities and to achieve or maintain the highest practicable outcome. A resident who has been identified as requiring restorative nursing will receive a care plan outlining their problem, goal and interventions, based on input from therapy and clinical to avoid overlapping of services.</p> <p>(B)</p>	S9999		