

Illinois Department of Public Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: IL6006548	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED 08/24/2022
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NAME OF PROVIDER OR SUPPLIER HELIA HEALTHCARE OF NEWTON	STREET ADDRESS, CITY, STATE, ZIP CODE 300 S SCOTT STREET NEWTON, IL 62448
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S 000	Initial Comments Annual Health Survey	S 000		
S9999	<p>Final Observations</p> <p>Statement of Licensure Violations</p> <p>300.610a) 300.1210b)4 300.1210d)2</p> <p>Section 300.610 Resident Care Policies</p> <p>a) The facility shall have written policies and procedures governing all services provided by the facility. The written policies and procedures shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee, and representatives of nursing and other services in the facility. The policies shall comply with the Act and this Part. The written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, documented by written, signed and dated minutes of the meeting.</p> <p>Section 300.1210 General Requirements for Nursing and Personal Care</p> <p>b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing</p>	S9999	<p style="text-align: center;">Attachment A Statement of Licensure Violations</p>	

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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S9999	<p>Continued From page 1</p> <p>care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident.</p> <p>4) All nursing personnel shall assist and encourage residents so that a resident's abilities in activities of daily living do not diminish unless circumstances of the individual's clinical condition demonstrate that diminution was unavoidable. This includes the resident's abilities to bathe, dress, and groom; transfer and ambulate; toilet; eat; and use speech, language, or other functional communication systems. A resident who is unable to carry out activities of daily living shall receive the services necessary to maintain good nutrition, grooming, and personal hygiene.</p> <p>d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis:</p> <p>2) All treatments and procedures shall be administered as ordered by the physician.</p> <p>These Requirements were NOT MET as evidenced by:</p> <p>Based on observation, interview and record review, the facility failed to develop, revise and/or implement care plan interventions and to follow facility policy to maintain acceptable parameters of nutritional status for 3 of 13 residents (R9, R10, R12) reviewed for weight loss in the sample of 27. This failure resulted in and R9 experiencing an 11.1 percent weight loss in 3 months.</p> <p>Findings include:</p> <p>1. R9's Care Plan documents an admission date</p>	S9999		

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S9999	<p>Continued From page 2</p> <p>of 2/21/22 and lists diagnoses including, but not limited to: Alzheimer's disease, unspecified (Primary), Dementia in other diseases classified elsewhere with behavioral disturbance (Admission), Psychotic disorder with hallucinations due to known physiological condition, Restlessness and agitation, Anxiety disorder, unspecified, Essential tremor, Essential (primary) hypertension, Constipation, unspecified, Hyperlipidemia, unspecified, Vitamin D deficiency, unspecified, Mixed incontinence, Personal history of COVID-19, Nausea with vomiting, unspecified.</p> <p>R9's Minimum Data Set (MDS) dated 8/12/22, in Section C, documents R9 has a Brief Interview for Mental Status (BIMS) score of 7, indicating R9 can communicate but has impaired cognition and impaired short term and long-term memory. R9's MDS documents in Section G, Eating; R9 is extensive assist of 1 person for eating.</p> <p>R9's Care Plan also documents a problem category of "Nutritional Status" with a start date of 8/18/22 and states "Resident has experienced weight loss R/T (related to) decreased appetite and dementia. Currently on regular diet with supplements BID (twice per day). Relies on staff for feeding and fluid intake. Other diagnosis that may affect weight loss include agitation, anxiety, essential tremor, age." Approaches dated 8/18/22 include to "encourage oral intake of food and fluids," to "provide physical assistance for meals" and "provide supplements as ordered."</p> <p>There was no reproducible evidence presented from the facility that weight loss had been addressed in R9's care plan as an issue prior to 8/18/22.</p> <p>R9's Physician's Order for August 2022</p>	S9999		

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S9999	<p>Continued From page 3</p> <p>documents R9 is to receive a Regular diet and a dietary supplement twice daily at 10 AM and 6 PM. On 08/16/22 between 9:30 AM and 3:00 PM, continuous observation of the cart with R9's dietary supplement was noted by the nurse's station as not being distributed, and R9 was not observed to receive her 10AM dietary supplement.</p> <p>On 8/16/22 at 12:15 PM, R9 was waiting on her noon tray. At 1:10 PM, R9 received her tray. At this time, R9 was asleep in her recliner and no staff were observed to make sure R9 was awake to eat her noon meal. At 1:20 PM, V9 (Certified Nurse Aide/CNA) came in to assist R9 with her meal. R9 stated the meal was cold and she didn't feel like eating. R9 was not encouraged to eat, offered a different tray, nor offered to reheat the cold food.</p> <p>R9's Weight Record documents the following weights: 131.2lbs (pounds) on 6/1/22, 127.4lbs on 7/1/22, and 116.6lbs on 8/11/22. This documents a 14.6 pound weight loss since June 2022, which calculates to an 11.1% weight loss in 3 months.</p> <p>R9's Registered Dietician Note dated 8/18/22 documents: Current weight of 117# (pounds) is down 10#-1 mo, down 18#-3 mo, down 8#-5 mo. Res is within weight standards per BMI (Body Mass Index) of 21.32. No recent labs. No open skin areas per report. Resident is on regular diet and meal intake average varies. Receives supplement 2x daily. Recently went hospice care. Related to weight loss and varied intakes, receives super cereal at breakfast. Continue to monitor.</p> <p>2. R10's Care Plan documents an admission</p>	S9999		

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S9999	<p>Continued From page 4</p> <p>date of 7/26/22 and lists diagnoses including, but not limited to: Alzheimer's disease, unspecified (Primary), Unspecified dementia with behavioral disturbance, Anxiety Disorder, unspecified, Chronic kidney disease, stage 3 unspecified, Transient cerebral ischemic attack, unspecified, Anemia, unspecified, Essential (primary) hypertension, Vitamin D deficiency, unspecified, Other specified abnormalities of plasma proteins, Nontoxic single thyroid nodule, Mixed hyperlipidemia, Gastro-esophageal reflux disease without esophagitis.</p> <p>R10's MDS dated 6/17/22 documents in Section C that R10 has a BIMS score of 5, indicating R10's cognition is severely impaired, and she has short term and long-term memory impairment. This same MDS documents in Section G, Eating, that R10 requires supervision and setup assistance from the staff.</p> <p>R10's Care Plan also documents a problem category of Nutritional Status with a start date of 7/26/22 and states "Resident has experienced weight loss R/T (related to) fair/poor food and fluid intake. Currently on mechanical soft diet. Receives supplements. Has own teeth. Relies on staff for set up and cueing during meals. Other factors include dementia, anemia, GERD, age. Approaches dated 7/26/22 include to "Provide setup help and cueing assistance for meals" encourage oral intake of food and fluids," and "provide supplements as ordered."</p> <p>On both 8/15/22 and 8/16/22 at 12:30 PM, R10 was observed sitting in her recliner asleep, with her noon meal tray on the bedside table that had been placed in front of her. R10's meal tray sat in front of R10 for over 40 minutes during continuous observation and no staff went into</p>	S9999		

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S9999	<p>Continued From page 5</p> <p>R10's room to wake her up and encourage R10 to eat her lunch. R10's tray went back to the kitchen untouched both days on 8/15/22 and 8/16/22.</p> <p>R10's Weight Record documents the following weights: 125lbs in February 2022, 121lbs on 4/1/22, 118lbs on 5/1/22, 118.6lbs on 6/1/22, and 115lbs on 7/1/22. These records document that R10 had a 6lb weight loss in 4 months and a 10lb weight loss since February 2022 (8% loss in 6 months).</p> <p>3. R12's Care plan documents an admission date of 5/14/21 and lists diagnoses including, but not limited to: Parkinson's disease (Primary), Unspecified dementia with behavioral disturbance (Admission), Unspecified macular degeneration, Depression, unspecified, Hallucinations, unspecified, Essential (primary) hypertension, Unspecified glaucoma, Anemia, unspecified, Other constipation, Nausea.</p> <p>R12's MDS dated 6/22/22 documents in Section C that R12 has a BIMS score of 8, indicating R12 can communicate, but has impaired short term and long term memory. This same MDS documents in Section G, Eating, that R12 is extensive assist of 1 person with her meals.</p> <p>R12's Care Plan also documents a problem category of "Nutritional Status" with a start date of 8/18/22 and states "Resident has experienced weight loss. Currently on mechanical soft diet with supplements. Has dentures. Relies on staff for food and fluid intake. Other factors may include poor intake, Parkinson's, dementia, glaucoma, macular degeneration, depression, hallucinations, hypoparathyroidism, anemia." Approaches dated 8/18/22 include to "encourage oral intake of food</p>	S9999		

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S9999	<p>Continued From page 6</p> <p>and fluids," to "provide physical assistance for meals" and "provide supplements as ordered."</p> <p>There was no reproducible evidence presented from the facility that Nutritional Status had been addressed in R12's care plan as an issue prior to 8/18/22.</p> <p>On 8/16/22 at 1:00pm, R12 received her noon (lunch) tray. V9 (Certified Nurse Aide/CNA) was assisting R12 to eat, but R12 stated she didn't like the food because it was cold. R12's food was not offered to be re-heated, and she didn't receive another tray. R12 only ate 35% her noon meal.</p> <p>On 8/16/22 at 1:25 PM, V9 and V10 (CNAs) both stated they try to pass out the trays as soon as they come out, and it takes a long time to assist residents who need to be fed or encouraged to eat their meal. V10 stated when there are only 2 people passing out trays and assisting with the meals, it's hard to get everyone fed before their food is cold, and it takes time to go to the kitchen for another tray.</p> <p>On 8/18/22 at 2:30 PM, V1 (Administrator) stated she was wanting to get staff members who weren't Certified Nurse Aides or Nurses trained so they could assist with the meals. V1 stated it's hard for just 2 or 3 Certified Nurse Aides to get all of the feeding assistance done. V1 stated if other staff members could assist with the mealtimes, the residents who need help with their meals would receive that service efficiently, and the meals wouldn't be cold.</p> <p>The facility's undated policy on Assistance with Meals documents in line #3. Residents Requiring Full Assistance: a. Nursing staff will remove food trays from the food cart and deliver the trays to</p>	S9999		

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S9999	<p>Continued From page 7</p> <p>each resident's room. b. Nursing staff will feed those residents needing full assistance. c. Residents who cannot feed themselves will be fed with attention to safety, comfort and dignity. Line #5. For all residents, hot foods shall be held at a temperature of 136 degrees or above until served. Cold foods shall be held at 40 degrees or below until served. Nursing and Dietary Services will establish procedures such that delivery of food to serving areas accommodates this requirement.</p> <p>The facility's policy on Weight Management Program dated 7/2014 documents under Policy; It is the policy of the facility to manage resident weight through prevention, assessment, and implementation and evaluation of interventions. Line #2; On the first through the fifth days of the month the Certified Nurses Aide will take the weights for all monthly weights. Weekly weights will be obtained for any resident determined by the Weekly committee. Line #10; The Director of Nursing or his/her designee will list all residents who have had a weight loss or gain greater than five pounds, poor intake, pressure ulcers, chewing or swallowing problems, receive tube feedings, all new admissions, all readmissions, or abnormal lab results will be given to the registered dietician for assessment and recommendations.</p> <p>(B)</p>	S9999		