

Illinois Department of Public Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: IL6006704	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED C 12/21/2022
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NAME OF PROVIDER OR SUPPLIER HELIAHEALTHCARE OF BELLEVILLE	STREET ADDRESS, CITY, STATE, ZIP CODE 40 NORTH 64TH STREET BELLEVILLE, IL 62223
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S 000	Initial Comments	S 000		
S9999	<p>Complaint Investigation: 2249627/IL153968</p> <p>Final Observations</p> <p>Statement of Licensure Violations: 300.610a) 300.1210a) 300.1210b) 300.1810h)</p> <p>Section 300.610 Resident Care Policies a) The facility shall have written policies and procedures governing all services provided by the facility. The written policies and procedures shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee, and representatives of nursing and other services in the facility. The policies shall comply with the Act and this Part. The written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, documented by written, signed and dated minutes of the meeting.</p> <p>Section 300.1210 General Requirements for Nursing and Personal Care a) Comprehensive Resident Care Plan. A facility, with the participation of the resident and the resident's guardian or representative, as applicable, must develop and implement a comprehensive care plan for each resident that includes measurable objectives and timetables to meet the resident's medical, nursing, and mental and psychosocial needs that are identified in the resident's comprehensive assessment, which allow the resident to attain or maintain the highest practicable level of independent functioning, and</p>	S9999	<p style="text-align: center;">Attachment A Statement of Licensure Violations</p>	

Illinois Department of Public Health LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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S9999	<p>Continued From page 1</p> <p>provide for discharge planning to the least restrictive setting based on the resident's care needs. The assessment shall be developed with the active participation of the resident and the resident's guardian or representative, as applicable.</p> <p>b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident.</p> <p>Section 300.1810 Resident Record Requirements</p> <p>h) Treatment sheets shall be maintained recording all resident care procedures ordered by each resident's attending physician. Physician ordered procedures that shall be recorded include, but are not limited to, the prevention and treatment of decubitus ulcers, weight monitoring to determine a resident's weight loss or gain, catheter/ostomy care, blood pressure monitoring, and fluid intake and output.</p> <p>This REQUIREMENT is not met as evidenced by:</p> <p>Based on observation, interview, and record review the facility failed to monitor weights per physician's order and implement interventions to address poor food intake and weight loss for 1 of 3 residents (R3) reviewed for nutritional status in the sample of 12. This failure resulted in R3 losing 16 pounds, a 9.6 % weight loss in less than one month.</p>	S9999		

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S9999	<p>Continued From page 2</p> <p>Findings include:</p> <p>R3's Hospital Paperwork, dated 11/10/2022 documents R3 weighed 164.8 pounds while in the hospital.</p> <p>R3's Resident Face Sheet, undated, documents he was admitted on 11/16/2022 with diagnoses of hemiplegia and hemiparesis following stroke, major depression disorder, moderate protein-calorie malnutrition, gastro-esophageal reflux disease, vitamin deficiency and pressure ulcer to left heel stage four, and muscle weakness.</p> <p>R3's Facility's Observation Detail List Report, dated 11/17/2022, has no weight or height documented.</p> <p>R3's Physician's Order Sheet (POS), dated 11/19/2022, documents, "Monitor and record meal percentages/fluid intake for breakfast and lunch."</p> <p>R3's Care Plan Problem, with start date of 11/29/22, documents "Resident has impaired skin integrity due to Stage IV pressure injury to left heel." The Approach documented "Diet as ordered and observe intake" and "Evaluate nutritional status prn (as needed)." The Care Plan did not address R3's being at risk for weight loss or interventions to address this weight loss.</p> <p>R3's Admission Minimum Data Set (MDS) dated 11/23/2022, documents, R3 was alert, 70 inches tall, 165 pounds, requires supervision while eating, dressing and personal hygiene extensive assistance with setup, bathing total dependent, frequent incontinent of bowel and bladder.</p>	S9999		
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S9999	<p>Continued From page 3</p> <p>R3's POS, dated 11/24/2022, documents, "Weigh on the 5th of every month and weekly weight x4 on Wednesdays."</p> <p>R3's Registered Dietitian Progress Note, dated 11/28/2022 at 1:27 PM, documents "Admission sp (status post) hospitalization after transfer from another facility. Previously on "regular, thin liquid diet". Will advise to clarify orders. No teeth, but no noted difficulties at meals. Able to assist self after set up. A/O (alert/orientated) verbalizes needs. Prev (previous) reported freq (frequent) loose BM in hosp (hospital), none currently. Fluids encouraged. Has order for Lasix (diuretic), refusing. Skin with PU (pressure ulcer) L (left) heel and LLE (left lower extremity) edema/cellulitis. Appropriate to add vitamin and protein supplementation as effort to support healing. CBW pending. Noted hospital weight 11/10 164.8 lbs recommend: 1. obtain height and weight 2. clarify diet "regular, thin liquids" 3. add Vit C 500 mg BID 4. add multivitamin with minerals once daily 5. add (brand name nutritional supplement) 1 pkt (packet) BID (twice a day.) Will follow."</p> <p>R3's Progress Note, dated 11/30/2022 at 3:02 PM documents, "Dietary recommendations reviewed and implemented."</p> <p>R3's POS, dated 11/30/2022 documents physician's orders for (brand name nutritional supplement) BID (twice a day), vitamin C 500 mg (milligrams) BID, multi-vitamin daily, regular diet with thin liquids.</p> <p>R3's Medication Administration Record (MAR), dated 11/16/2022 through 12/7/2022 documents R3 did not receive (brand name nutritional supplement) from 12/3 through 12/7/22, due to</p>	S9999		
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S9999	<p>Continued From page 4</p> <p>"drug/item unavailable." This MAR documented "Weekly Weights x4 on admission." There were no documented weights for R3. The MAR documented "Monthly weight once a day on the 5th of the month." There were not documented weights for R3.</p> <p>R3's POS, dated 12/6/2022 house supplement TID (three times a day) with meals. Remeron 7.5 mg for appetite stimulant.</p> <p>On 12/7/2022 at 1:45 PM R3 was sitting in his wheelchair in his room. His lunch tray was on the bed side table. He ate 100% of chocolate pudding and 50% of mashed potatoes. R3 stated, "I ate enough and I'm not hungry. I was weighed today at the doctor's office I was 144 pounds. My family say I lost a lot of weight, but I don't know."</p> <p>On 12/7/2022 at 2:00 PM V4 (Licensed Practical Nurse/LPN) stated "The NP (nurse practitioner) recently assessed (R3's) weight and ordered a house supplement 3 times a day but (R3) won't drink it because he said it tastes bad. (R3) is a very picky eater. (R3) rarely eats more than 50% of meals. (R3) likes sweets so we give him extra pudding and desserts. (R3) often refuses to eat and (R3) also refuses to allow staff to weigh him. I don't know if (R3) was weighed since he was admitted to the facility."</p> <p>On 12/8/2022 at 9:00 AM R3 was in his room sitting up in his wheelchair. He ate 50% of scrambled eggs, sausage, and oatmeal.</p> <p>On 12/8/2022 at 10:00 AM, V3 (Regional Nurse) stated R3's nursing assessment was completed. It is the observation detail list report. V3 was not aware staff didn't weigh R3 or why he wasn't weighed at the facility. V3 stated R3 was weighed</p>	S9999		
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S9999	<p>Continued From page 5 in the hospital in November 2022.</p> <p>On 12/8/2022 at 1:30 PM V2 (Director of Nurses/DON) stated R3 was weighed and currently weighs 149 pounds at this time.</p> <p>On 12/8/2022 at 9:45 AM V9 (Nurse Practitioner) stated she expected the facility to follow their weight management program and follow physician's orders. V9 expects staff to weigh residents upon admission and readmission to the facility and once a week for the first 4 weeks and monthly thereafter. V9 stated after staff weigh a resident, they should assess to see if the resident has lost weight and if so, they should add the concern to the resident's care plan with interventions to prevent weight loss and notify her or the physician. V9 stated she expected staff to notify her if a physician ordered supplement was not available, she was not aware R3 missed (brand name nutritional supplement) 12/3/2022 through 12/7/2022. V9 stated if it wasn't available staff should notify her so she can order a different supplement to ensure residents receive proper nutritional supplements to prevent weight loss. V9 wasn't aware that R3 had significant weight loss since being admitted to the facility.</p> <p>The facility's Weight Management Program, revised July 2014, documents "It is the facility's policy to manage resident weight through prevention, assessment and implementation and evaluation of interventions. Upon admission, re-admission, quarterly and with a significant change. On the first through fifth day of the month, the CNA will take the weights for all monthly weights. Weekly weights will be obtained for any resident determined by the weekly PAR committee. The weight loss tracking is to be used during the meeting to aide in the</p>	S9999		

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S9999	<p>Continued From page 6</p> <p>discussion/assessment of resident who have had a five pound or more weight loss. The weight loss tracking is completed by reading the list of interventions, selecting appropriate ones, writing the date the intervention was used, the initials of who is completing the form and any follow up needed or comments. The DON or his/her designee will list the residents who have had a weight loss or gain greater than five pounds, poor intake, pressure ulcers, chewing or swallowing problems, all new admissions, all re-admissions will be given to the dietician for assessment and recommendations. The DON will then distribute the RD (Registered Dietician) recommendations per wing to the charge nurse. The charge nurse will notify the attending physician of the current resident's condition and of the RD's recommendations and document the physician's order on the physician's order sheet and the 24-hour report sheet. The charge nurse will then initiate a diet order and communication form to the dietary manager who will chart the change in the dietary note and the MDS Coordinator to update the care plan."</p> <p>"B"</p>	S9999		