

Illinois Department of Public Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: IL6009765	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING: _____	(X3) DATE SURVEY COMPLETED C 04/05/2023
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NAME OF PROVIDER OR SUPPLIER WATSEKA REHAB & HLTH CARE CTR	STREET ADDRESS, CITY, STATE, ZIP CODE 715 EAST RAYMOND ROAD WATSEKA, IL 60970
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S 000	Initial Comments Complaint Investigation: 2362678/IL158223	S 000		
S9999	Final Observations Statement of Licensure Violations 300.610a) 300.1210b) 300.1210d)2 300.1210d)3 Section 300.610 Resident Care Policies a) The facility shall have written policies and procedures governing all services provided by the facility. The written policies and procedures shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee, and representatives of nursing and other services in the facility. The policies shall comply with the Act and this Part. The written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, documented by written, signed and dated minutes of the meeting. Section 300.1210 General Requirements for Nursing and Personal Care b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each	S9999	Attachment A Statement of Licensure Violations	

Illinois Department of Public Health LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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S9999	<p>Continued From page 1</p> <p>resident to meet the total nursing and personal care needs of the resident.</p> <p>d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis:</p> <p>2) All treatments and procedures shall be administered as ordered by the physician.</p> <p>3) Objective observations of changes in a resident's condition, including mental and emotional changes, as a means for analyzing and determining care required and the need for further medical evaluation and treatment shall be made by nursing staff and recorded in the resident's medical record.</p> <p>These Requirements were not met as evidenced by:</p> <p>Based on interview and record review the facility failed to monitor and assess residents, timely identify and report changes in condition, and follow physician's orders for two of four residents (R2, R3) reviewed for change in condition in the sample list of six residents. This failure resulted in R2 having multiple hospitalizations for dehydration and acute kidney injury, and R3 being hospitalized for six days with pneumonia.</p> <p>Findings include:</p> <p>1.) R2's March 2023 Physician's Orders Summary documents: R2 admitted to the facility on 1/20/23. R2's diagnoses include Dehydration, Acute Kidney Injury, Hypertension, Coronary Artery Disease with stable Angina Pectoris, Chronic Obstructive Pulmonary Disease, Chronic</p>	S9999		

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S9999	<p>Continued From page 2</p> <p>Kidney Disease Stage III, and systolic/diastolic Congestive Heart Failure.</p> <p>R2's Minimum Data Set (MDS) dated 1/30/23 documents R2 has moderate cognitive impairment, requires limited assistance of two staff for eating, and has not had complaints of difficulty or pain with swallowing. R2's Care Plan dated 2/1/23 documents R2 is at risk for altered nutritional status with an intervention to record meal intakes and report changes in R2's usual patterns.</p> <p>R2's Laboratory Results dated 1/17/23 at 12:47 PM documents R2's potassium was 3.4 and Creatinine (kidney function laboratory test) was 1.3.</p> <p>R2's January 2023 Food and Fluid Intake Sheet documents R2's meal intake varied between 50 % and 100 %, and two entries of 25 %. R2's fluid intake varied between 240 and 480 cc (cubic centimeters) per meal. R2's February 2023 Food and Fluid Intake sheet documents R2's meal intakes averaged between 0 and 50 %. R2 refused 24 meals and fluid intake for 7 meals between 2/1/23 and 2/22/23. R3's March 2023 Food and Fluid Intake Sheet documents R2 refused 14 meals between 3/1/23 and 3/8/23. R2's fluid intake recorded on 3/1/23 was 480 cc, on 3/3/23 was 240 cc, on 3/4/23 was 360 cc, on 3/5/23 was 240 cc, on 3/6/23 was 0, and 3/7/23 was 120 cc. There is no documentation in R2's medical record that V19 was notified of R2's poor fluid/meal intakes in February prior to being hospitalized on 2/22/23 and in March 2023 prior to being hospitalized on 3/8/23.</p> <p>R2's February 2023 Medication Administration Record (MAR) documents R2 received the</p>	S9999		

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S9999	<p>Continued From page 3</p> <p>following: Bumetanide (Bumex) (diuretic) 2 mg (milligrams) by mouth twice daily from 2/1-2/21/23, on 2/24/23, and 2/26/23-2/27/23. Acetazolamide (diuretic) 500 mg by mouth twice daily, and Eplerenone (diuretic) 25 mg by mouth daily.</p> <p>R2's Nursing Notes document the following: On 2/22/23 at 11:00 AM R2's potassium level was 2.4 (low). V19 Physician evaluated R2 and ordered for R2 to be transferred to the local emergency room. On 3/1/23 at 12:05 AM R2 complained of chest pain, vomited, and was transferred to the emergency room. R2 returned at 7:50 AM with diagnosis of gastroenteritis, low potassium and elevated Troponin level. R2 was given intravenous potassium at the hospital. On 3/5/23 during 6:00 PM - 6:00 AM shift, R2 had poor intake, complained of chest pain, vomited a small amount and Nitroglycerine was administered. This note does not document that V19 was notified. On 3/8/2 during 6:00 AM - 6:00 PM shift, R2 complained of chest pain, V19 was notified, and R2 was transferred to the local hospital.</p> <p>R2's Progress Note by V19 dated 2/23/23 documents R2 had mental status change, loss of appetite, hypokalemia (low potassium), and dehydration. V19 advised to send R2 to the hospital.</p> <p>R2's Hospital Discharge Summary dated 2/24/23 documents: R2 was admitted to the hospital on 2/22/23 and rehydrated by intravenous therapy, diuretics were held, and potassium was administered. This corrected R2's acute on chronic renal failure. R2 had acute dehydration that contributed to acute on chronic kidney failure with Creatinine (kidney function laboratory test) of 2.01 (high). R2's potassium was 2.6 (critically</p>	S9999		

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S9999	<p>Continued From page 4</p> <p>low). Discharge instructions include assessing diuretic therapy for acute hypokalemia cause, as R2's potassium has been corrected to 3.5 or higher (normal range), and orders for Bumetanide 2 mg by mouth once daily - hold if not eating/drinking.</p> <p>R2's After Visit Hospital Summary dated 3/2/23 documents: R2 was diagnosed with gastroenteritis and instructions to stay hydrated, take Zofran for nausea, and to follow up with R2's physician. Administer Zofran 4 mg (milligrams) by mouth as needed every 8 hours for nausea/vomiting for up to 15 doses.</p> <p>R2's March 2023 MAR does not document that Zofran was administered. This MAR documents Bumetanide was given daily from 3/2/23-3/8/23 and not held as ordered when R2's intake was poor and refusing meals between 3/1/23 and 3/8/23. There is no documentation in R2's medical record that R2's blood pressure was routinely monitored twice daily in February and March 2023.</p> <p>R2's Hospital History & Physical dated 3/8/23 documents: R2 presented with hypotension (low blood pressure) and Acute Kidney Injury likely secondary to dehydration. R2 received intravenous fluids for hydration and R2's diuretics were held. R2 reported having chest pain for the last week, nausea and vomiting, and pain with swallowing food. R2 reported avoiding drinking water due to the pain. R2 had previously admitted to the hospital for dehydration on 1/17/23. R2's blood pressure in the emergency room was 90/60.</p> <p>On 4/4/23 at 11:38 AM V10 Certified Nursing Assistant (CNA) stated in the beginning of March</p>	S9999		

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S9999	<p>Continued From page 5</p> <p>2023, R2 was not eating/drinking very much, and the nurses and V2 Director of Nursing were aware.</p> <p>On 4/5/23 at 9:06 AM V16 CNA stated R2 had a poor appetite and fluid intake was poor in February and March 2023. R2 transferred R2's self when R2 first admitted, and then started sleeping a lot more and requiring a full mechanical lift to transfer. R2 had vomited last month on an unknown date. V16 reported R2's poor intakes and vomiting to an unidentified nurse.</p> <p>On 4/4/23 at 2:13 PM V2 Director of Nursing (DON) reviewed R2's February and March 2023 fluid/meal intakes and confirmed R2's refusals and poor intakes. V2 sated the nurses should have notified the physician of R2's poor appetite/fluid intakes. V2 stated R2 was transferred to the hospital on 3/2/23 for nausea/vomiting/diarrhea. V2 confirmed R2's 3/2/23 discharge instructions recommended to administer Zofran as needed for nausea/vomiting, and confirmed Zofran was not administered prior to V2's hospitalization on 3/8/23. At 4:52 PM V2 stated changes in condition and physician notification should be documented on an Assess Intervene Monitor for Wellness form or nursing note in the resident's medical record. V2 stated vital signs should be done twice daily and documented on a log kept in a binder at the nurse's station. On 4/5/23 at 8:11 AM V2 stated V2 was unable to locate documentation that V19 was notified of R2's poor fluid/meal intakes or vomiting on 3/5/23. On 4/5/23 at 10:47 AM V2 stated V2 was unable to locate any vital sign logs for R2 in February and March 2023. At 11:55 AM V2 stated the nurses should have followed the physician's order to hold Bumex when R2 had</p>	S9999		
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S9999	<p>Continued From page 6</p> <p>poor intakes.</p> <p>On 4/5/12 at 10:13 AM V19 Physician stated R2's potassium was 2.4 on 2/22/23. The facility notified V19 of R2's behaviors, but V2 does not recall being notified of R2's poor appetite and fluid intake. V2 would have ordered labs and intravenous fluids if needed if V19 was notified. R2 was seen in the emergency room on 3/2/23 for gastroenteritis. If R2 was not eating and had nausea/vomiting, the facility should not have given R2's diuretics which would make R2 "dry as a bone." The facility should have held R2's diuretic and notified V19. Diuretics make a person even drier, especially if they are not drinking. V19 evaluated R2 on 2/23/23 and R2 did not look good. R2 looked dehydrated and had altered mental status. V19 instructed the facility to transfer R2 to the hospital. Lack of appetite with poor food/fluid intake and vomiting causes decreased potassium levels and affects kidney function. R2's hospitalizations definitely could have been prevented if the facility had notified V19 of R2's decreased intakes and vomiting. The nursing home staff should have followed the Bumex order to hold when R2's intakes were poor. The facility also should have been monitoring R2's blood pressures closes, as low blood pressure indicates dehydration. They should have been obtaining R2's vitals more frequently once R2's intakes were poor.</p> <p>2.) R3's Hospital Discharge Summary documents R3 admitted to the hospital on 3/5/23 with Pneumonia and discharged on 3/13/23. R3 received aggressive antibiotic therapy, pulmonary toileting, and chest physiotherapy to help clear secretions. R3's Hospital Progress Note dated 3/6/23 documents R3's chief complaint was cough and increased difficulty breathing over the</p>	S9999		

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S9999	<p>Continued From page 7</p> <p>last 2-3 days. R3 had a loose sounding cough that R3 reported having for an unknown period of time.</p> <p>R3's Nursing Note dated 3/5/23 at 1:45 PM documents R3 was short of breath and lungs were coarse. The last recorded nursing note prior to 3/5/23 is dated 1/17/23. There is no documentation in R3's medical record that R3's lungs were assessed and vital signs obtained between 3/1/23 and 3/5/23.</p> <p>On 4/4/23 at 4:42 PM R3 stated R3 went to the hospital in March 2023 for pneumonia. R3 had a cough that started a few days prior to that, and then the nurses decided R3 needed to go to the hospital.</p> <p>On 4/4/23 at 12:01 PM V7 CNA stated a few days prior to R3 being hospitalized, R3 had a cough as if R3 was trying to clear phlegm. On 4/5/23 at 8:44 AM V13 CNA stated R3 had a cough, was short of breath, requested R3's oxygen be applied, and R3 was using a wheelchair instead of walking with a walker a few days prior to R3 going to the hospital on 3/5/23. V13 reported this to an unidentified nurse.</p> <p>On 4/5/23 at 11:33 AM V18 Medical Director/Physician stated: If a resident develops a cough, the nurse should examine the resident for fever, shortness of breath, assess lung sounds, and notify the physician so a Completed Blood Count and Complete Metabolic Profile (laboratory values) and chest x-ray can be ordered.</p> <p>On 4/4/23 at 4:52 PM V2 DON stated changes in condition and physician notification should be documented on an Assess Intervene Monitor for Wellness form or nursing note in the resident's</p>	S9999		

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S9999	<p>Continued From page 8</p> <p>medical record. V2 stated vital signs should be done twice daily and are documented on a log kept in a binder at the nurses' station. Vital signs are not documented in the resident's medical record routinely. On 4/5/23 at 11:55 AM V2 DON stated when a resident has a cough the nurses should assess lung sounds and pulse oximetry, and notify the physician.</p> <p>The facility's Notification for Change in Resident Condition or Status dated as revised 12/7/17 documents: The resident's physician will be notified when a resident has a change in physical/emotional/mental condition, a need to alter medical treatment and symptoms of infection. Information related to a resident's change in condition will be recorded in the resident's medical record.</p> <p>(A)</p>	S9999		