

Illinois Department of Public Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: IL6015333	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING: _____	(X3) DATE SURVEY COMPLETED C 06/02/2023
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NAME OF PROVIDER OR SUPPLIER APERION CARE FOREST PARK	STREET ADDRESS, CITY, STATE, ZIP CODE 8200 WEST ROOSEVELT ROAD FOREST PARK, IL 60130
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S 000	Initial Comments Complaint Investigation: Facility Reported Incident of April 23, 2023/IL159713- F689 cited Facility Reported Incident of May 10, 2023/IL160067 - F689 cited	S 000		
S9999	Final Observations Statement of Licensure Violations: 1 of 2 Violations: 300.610a) 300.1210b)5) 300.1210c) 300.1210d)6) Section 300.610 Resident Care Policies a) The facility shall have written policies and procedures governing all services provided by the facility. The written policies and procedures shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee, and representatives of nursing and other services in the facility. The policies shall comply with the Act and this Part. The written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, documented by written, signed and dated minutes of the meeting. 300.1210 Section General Requirements for Nursing and Personal Care	S9999		

Illinois Department of Public Health LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X6) DATE
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S9999	<p>Continued From page 1</p> <p>b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident.</p> <p>5) All nursing personnel shall assist and encourage residents with ambulation and safe transfer activities as often as necessary in an effort to help them retain or maintain their highest practicable level of functioning.</p> <p>c) Each direct care-giving staff shall review and be knowledgeable about his or her residents' respective resident care plan.</p> <p>d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis:</p> <p>6) All necessary precautions shall be taken to assure that the residents' environment remains as free of accident hazards as possible. All nursing personnel shall evaluate residents to see that each resident receives adequate supervision and assistance to prevent accidents.</p> <p>These Regulations are not met as evidenced by:</p> <p>Based on interview and record review, the facility failed to supervise and provide minimum assistance to prevent falls for 1 of 3 residents</p>	S9999		

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S9999	<p>Continued From page 2</p> <p>(R2) reviewed for falls in a total sample of 11. This failure resulted in R2 suffering from acute fractures of the posterolateral and lateral 5th-9th ribs, left pneumothorax and slight left lung contusion.</p> <p>Finding include.</p> <p>On 5/30/23 at 2:00pm, V8 (RN) stated that she was informed by R2 at the end of her shift that he fell in the bathroom. V8 stated that R2 can walk to the bathroom with one assist. V8 stated that R2 requested to be changed and she sent V36 to go and change R2. V8 stated that she witnessed V36 go into R2's room and was informed by V36 that R2 has been changed. V8 stated that R2 needs were addressed during her shift, and he did not complain or have any concerns during her shift.</p> <p>On 6/1/23 at 2:00pm, V36 (CNA) stated "I checked on R2 in his room during rounds and he was dry. He did not tell me he had fallen in the bathroom." V36 stated she checked the second time during rounds after 2pm and R2 had a bowel movement so she changed R2. V36 stated that, the third time she gave him water and R2 did not mention anything about a fall. V36 stated that she had witnessed R2 walk to the bathroom and walk out of the bathroom in the past; V36 stated "I have seen him sitting at his bed side by himself and standing. V36 stated that she is not sure of R2's fall status. He would put his call light on for assistance". V36 stated that residents will have a fall band if at risk for falls and all fall risk residents are assisted in the wheelchair if they need to go to the bathroom.</p> <p>On 5/30/23 at 2:30 pm, V9 (2nd Floor Supervisor) stated that she was informed by the outgoing</p>	S9999		

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S9999	<p>Continued From page 3</p> <p>nurse that R2 fell on his side in his room. V9 stated that an x-ray of his ribs was done and R2 was sent to the hospital once x-ray results came back positive. V9 stated that R2 did not inform anybody he needed assistance with toileting. He can walk to the bathroom by himself.</p> <p>On 6/1/23 at 11:15 am, V24 PT (Physical Therapy Assistance) stated that R2 needs a minimum of one assist with bed mobility, turning side to side, sitting at the bedside. V23 (Physical Therapist) and V24 both stated that R2 did not receive a physical therapy evaluation and did not provide a reason. R24 stated that R2 was referred to OT (Occupational Therapy) on 2/27/23 but was picked up by PT on 5/23/23. He is receiving bed mobility from PT due to max assist.</p> <p>On 6/1/23 at 3:15pm, V2 (DON) stated that a fall assessment is done on all residents and the fall interventions are documented in the care plan. V2 stated that a leaf is placed on the resident's door to identify high risk residents.</p> <p>Physician order dated 2/27/23 reads; Physical Therapy (PT) Evaluation and Treatment as Indicated.</p> <p>Fall risk assessment dated 2/27/23 reads; Score:13 Category: At Risk for Falls.</p> <p>Facility's standing order set reads, PT eval and treat as indicated.</p> <p>Facility's fall incidents show; R2 fell on 4/11/23 and 5/10/23.</p> <p>Facility's document reads; Report to IDPH (Illinois Department of Public Health) Regional Office. Initial 5/10/23 and Final 5/10/23.</p>	S9999		

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S9999	<p>Continued From page 4</p> <p>Physician order dated 5/23/2023 reads; Therapy: PT Evaluation and Treatment 3-5 x/week x 41 days, to address ther-ex, ther-ac, neuromuscular re-education, gait training, w/c management, manual therapy.</p> <p>Minimum Data Set Section G. Functional Status reads; I-Toilet use: Self Performance 3 (Extensive assistance) and Support 2 (One-person physical assist).</p> <p>Care plan initiated 2/27/23, reads "I am at risk for falls and injury related to falls". PT and OT to evaluate and treat as indicated. 2/28/23 reads; Assist with toileting upon awakening, before and after meals, during rounds, before bedtime PRN. 5/15/23 reads; PT, OT (Occupational Therapy) and RT (Raspatory Therapy) to evaluate upon return from the hospital.</p> <p>Radiology Results Report dated 5/10/23 reads, Impression: (1) Acute fracture of posterolateral and lateral left 5-9 ribs, including comminuted segmental fracture of the 6th, 7th, and 8th ribs. (2) 30% or so left pneumothorax and slight left lung contusion.</p> <p>Hospital report dated 5/11/23 reads; Current Admission Orders: Diagnosis; Traumatic pneumothorax, initial encounter.</p> <p>Facility's policy titled; Fall Prevention Program; Purpose: To assure the safety of all residents in the facility, when possible. The program will include measures which determine the individual needs of each resident by assessing the risk falls and implementation of appropriate intervention to provide necessary supervision and assistive devices are utilized as necessary ...</p>	S9999		

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S9999	<p>Continued From page 5</p> <p>Standards:</p> <ul style="list-style-type: none"> . Safety interventions will be implemented for each resident identified at risk. . Residents who require staff assistance will not be left alone after being assisted to bath, shower, or toilet. <p style="text-align: right;">(A)</p> <p>2 of 2 violations:</p> <p>300.610a) 300.1210a) 300.1210b)5) 300.1210c) 300.1210d)6)</p> <p>Section 300.610 Resident Care Policies</p> <p>a) The facility shall have written policies and procedures governing all services provided by the facility. The written policies and procedures shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee, and representatives of nursing and other services in the facility. The policies shall comply with the Act and this Part. The written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, documented by written, signed and dated minutes of the meeting.</p> <p>300.1210 Section General Requirements for Nursing and Personal Care</p> <p>a) Comprehensive Resident Care Plan. A facility, with the participation of the resident and the resident's guardian or representative, as applicable, must develop and implement a</p>	S9999		

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S9999	<p>Continued From page 6</p> <p>comprehensive care plan for each resident that includes measurable objectives and timetables to meet the resident's medical, nursing, and mental and psychosocial needs that are identified in the resident's comprehensive assessment, which allow the resident to attain or maintain the highest practicable level of independent functioning, and provide for discharge planning to the least restrictive setting based on the resident's care needs. The assessment shall be developed with the active participation of the resident and the resident's guardian or representative, as applicable. (Section 3-202.2a of the Act)</p> <p>b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident.</p> <p>5) All nursing personnel shall assist and encourage residents with ambulation and safe transfer activities as often as necessary in an effort to help them retain or maintain their highest practicable level of functioning.</p> <p>c) Each direct care-giving staff shall review and be knowledgeable about his or her residents' respective resident care plan.</p> <p>d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis:</p>	S9999		

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S9999	<p>Continued From page 7</p> <p>6) All necessary precautions shall be taken to assure that the residents' environment remains as free of accident hazards as possible. All nursing personnel shall evaluate residents to see that each resident receives adequate supervision and assistance to prevent accidents</p> <p>These Regulations are not met as evidenced by:</p> <p>Based on interview and record review, the facility failed to supervise and provide minimum assistance to prevent falls for 1of 3 residents (R1) reviewed for falls in a total sample of 11. This failure resulted in R1 suffering from a right tentorial subdural hemorrhage.</p> <p>On 05/30/2023 at 2:30PM, R1 stated that she remembers she was being assisted by CNA to the bathroom while walking with her walker when she slipped and fell backwards.</p> <p>On 05/31/23 at 2:50PM, V35 (Agency Certified Nursing Assistant) said while she was assisting R1 with walking to the bathroom with her walker, R1 asked her to adjust the toilet raiser before entering the bathroom, and while she was doing that, R1 suddenly fell backwards.</p> <p>On 06/01/23 at 11:45AM, V24 (Physical Therapy Assistant - PTA) and V25 (Physical Therapy - PT) said that at the time of the fall, R1 needed minimal assistance with rollator, which means staff has to physically hold her while walking. V25 said that he knows R1 because he has worked with her and R1 has the tendency of falling when no one is holding her because she leans backwards, and her hips are very unstable. V24 also clarified that their software does not allow putting in minimal assist so they put</p>	S9999		

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S9999	<p>Continued From page 8</p> <p>partial/moderate assist which could mean minimal to moderate assist.</p> <p>On 06/01/2023 at 1:18PM, V39 (PTA) said that around the time of R1's fall, he was just coming back from leave. He said that during that time, R1 needed minimal help with everything like transfers, and ambulation with rollator. He also mentioned that he told R1 that he felt R1 was not ready for the rollator use yet because she becomes really tired. He described that R1 manifests shakiness when she gets tired. He also said that during the treatment, he was just grabbing the gait belt that was on her because she was becoming really shaky. He also mentioned that minimum assist means constantly touching the resident to give them the 25% of help they need. On 06/02/2023 at 10:30AM, V39 stated that R1's therapy performance fluctuates but the safest assistance she needed is minimum assist by 1 person.</p> <p>R1's face sheet order summary report dated 6/2/2023 indicated admission of 05/23/2023 and diagnoses including repeated falls, presence of right artificial knee joint, presence of right artificial hip joint, dependence on renal dialysis, malignant neoplasm of left kidney, except renal pelvis, malignant neoplasm of colon, hypotension, fracture of coccyx, end stage renal disease, other low back pain, unsteadiness on feet, abnormal posture, other abnormalities of gait and mobility, and other lack of coordination. R1's fall risk assessment dated 3/6/2023 indicated at risk for falls, and gait/balance problem while standing and walking. Skilled evaluation dated 4/27/2023 indicated unsteady gait, poor balance, use of manual wheelchair, and safety concerns. Documentation survey report for April 2023 indicated walking in the room did not occur for</p>	S9999		

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S9999	<p>Continued From page 9</p> <p>4/24/2023 - 4/26/2023 and 4/28/2023, and extensive assistance with one-person physical assist on 4/27/2023. PT Treatment Encounter Note dated 4/28/2023 indicated R1 was instructed with gait training using rollator with min A x 1 (minimal assist by 1 person) on level surface for x (for) 40 feet each and unsteady gait pattern. PT Discharge Summary for dates of service 3/7/2023 to 4/28/2023 indicated functional skill on ambulation as partial/moderate assistance. Care plan revised 5/24/2023 indicated R1 is at risk for falls and injury related to falls, and risk factors include lack of coordination, abnormal posture and abnormal gait/mobility. Hospital admission record dated 4/29/2023 indicated Neuro ICU H&P (Neurology Intensive Care Unit History and Physical) Note chief concern of R SDH (right subdural hemorrhage), and CT Head without IV (intravenous) contrast final result dated 4/29/2023 indicated findings of stable known right tentorial leaflet subdural hemorrhage, and impression of stable known right tentorial subdural hemorrhage.</p> <p>PT provided a document entitled Suggested Terminology for Objective Data that indicated the following: "Minimal (Contact) Assistance" - Patient requires small amount of help to accomplish activity; patient requires no more help than touching and expends 75% or more of the effort. Patient is able to assume all of his body weight, but requires guidance for initiation, balance, and/or stability during the activity.</p> <p>"Moderate Assistance" - Patient requires more help than touching; expends half (50%) or more (up to 75%) of the effort. Patient is able to assume part of his body weight in initiating and performing activity.</p>	S9999		

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S9999	<p>Continued From page 10</p> <p>Facility Policy: Title: Fall Prevention Program: Revisions: 11/21/2017 Purpose: To assure safety of all residents in the facility, when possible. Fall/safety interventions may include but are not limited to: "Residents who require staff assistance will not be left alone after being assisted to bathe, shower, or toilet." "Monitor gait, balance, and fatigue with ambulation if applicable."</p> <p>(A)</p>	S9999		