

Illinois Department of Public Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: IL6008304	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED 07/12/2023
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NAME OF PROVIDER OR SUPPLIER ALDEN TERRACE OF MCHENRY REHAB	STREET ADDRESS, CITY, STATE, ZIP CODE 803 ROYAL DRIVE MCHENRY, IL 60050
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S 000	Initial Comments Annual Licensure and Recertification Survey	S 000		
S9999	Final Observations Statement of Licensure Violations 300.610a) 300.810a) 300.1210b) 300.1210c) 300.1210d)6) Section 300.610 Resident Care Policies a) The facility shall have written policies and procedures governing all services provided by the facility. The written policies and procedures shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee, and representatives of nursing and other services in the facility. The policies shall comply with the Act and this Part. The written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, documented by written, signed and dated minutes of the meeting. Section 300.810 General a) Sufficient staff in numbers and qualifications shall be on duty all hours of each day to provide services that meet the total needs of the residents. As a minimum, there shall be at least one staff member awake, dressed, and on duty at all times. Section 300.1210 General Requirements for	S9999		

Illinois Department of Public Health LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE	TITLE	(X8) DATE
Electronically Signed		08/02/23

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S9999	<p>Continued From page 1</p> <p>Nursing and Personal Care</p> <p>b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident.</p> <p>c) Each direct care-giving staff shall review and be knowledgeable about his or her residents' respective resident care plan.</p> <p>d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis:</p> <p>6) All necessary precautions shall be taken to assure that the residents' environment remains as free of accident hazards as possible. All nursing personnel shall evaluate residents to see that each resident receives adequate supervision and assistance to prevent accidents.</p> <p>These regulations were not met as evidenced by:</p> <p>Based on observation, interview and record review the facility failed to ensure activities of daily living were provided to residents in a safe manner by sufficient and competent staff. This failure resulted in R78 rolling out of bed while being repositioned by V10 Certified Nursing Assistant in Training (CNA-T), sustaining a laceration requiring emergency medical treatment</p>	S9999		
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S9999	<p>Continued From page 2</p> <p>and 8 sutures to her forehead. The facility also failed to provide assistance to residents by ensuring they safely returned to the facility and failed to ensure the front door alarm was on from 8:00 PM until 7:00 AM. This applies to 7 of 25 residents (R78, R227, R28, R66, R114, R98, R49, R86 & R74) reviewed for safety and competent staff in the sample of 25.</p> <p>The findings include:</p> <ol style="list-style-type: none"> 1. R78's fall incident report dated June 2, 2023 shows, "Incident Description: Nursing Description: Resident fell off bed. Per CNA V10 (Certified Nursing Assistant), she put her on her L (left) side to change her diaper, turned around to reach for the diaper on the table, saw the resident falling as the bed moved. Resident Description: Resident is nonverbal. Immediate Action Taken: Description: Physically assessed, noted a 4x1 cm (centimeter) laceration above R (right) eyebrow, 3x3 cm skin tear L hand and bilateral knee abrasion" <p>R78's MD (Medical Doctor) progress notes dated June 2, 2023 shows, "History of Present Illness: Alz (Alzheimer's) dementia, PE (pulmonary embolism), aphasia, anemia, on Eliquis (blood thinner) had a witnessed fall. She rolled over bed as bed moved. She hit her head and had a laceration above her Ry {SIC (statement is correct)} (right) eye. Has HA (headache). No neck pain. She is bleeding profusely from her laceration. Physical Exam: Exam findings per nurse and video observation. Physical Exam-Notes: Gen (general) has distress due to pain. Head: laceration noted above RT (right) eye. Fresh blood noted ... Orders: Transfer to ER (emergency room) as PT (patient) will need sutures and further W/U (work up) to rule out ICH</p>	S9999		
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S9999	<p>Continued From page 3 (intracerebral hemorrhage) ..."</p> <p>R78's emergency room after visit summary dated June 2, 2023 shows, "Reason for Visit: Fall, Diagnoses: Head injury, fall from bed, cut on face. Instructions: Today you were evaluated for injuries to you face and head. You also had a laceration in this area that required repair. You have 8 sutures in total that will need to be removed in 5 days ..."</p> <p>R78's nurse notes/progress notes dated June 2, 2023 shows, "resident returned to facility from hospital with 8 sutures to forehead ..."</p> <p>On July 11, 2023 at 9:13 PM V11 Registered Nurse (RN) stated, she wasn't in the room at the time of the fall. V10 CNA came and got her saying R78 was lying on the floor. V10 CNA told V11 RN that she was changing R78 in bed. She turned R78 on her side when she turned around to get a diaper. The bed moved a little bit and R78 fell off the bed. R78 landed face down on the floor. V10 CNA was by herself changing R78's diaper. V11 RN stated, R78 does not move on her own and the staff have to repositioned her. "If you put her on her side, chance of gravity will either fall back onto the bed or forward off the bed."</p> <p>R78's Minimum Data Set (MDS) dated April 25, 2023 shows, she is not cognitively intact. The same assessment shows she requires extensive assist of two persons for bed mobility and toilet use.</p> <p>R78's care plan date initiated December 31, 2018 shows, "Focus: R78 has an ADL (activities daily living) Self Care Performance Deficit due to Dx Alzheimer's Disease, unspecified dementia</p>	S9999		

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S9999	<p>Continued From page 4</p> <p>without behavioral disturbance, dysphagia, oropharyngeal phase, aphasia ..."</p> <p>On July 11, 2023 at 10:05 AM, R78 was lying in bed, asleep.</p> <p>On July 11, 2023 at 12:03 PM, V13 CNA stated, R78 should have two people when taking care of her. She is a mechanical lift. She can not move herself. "You are supposed to have everything ready before you start doing care."</p> <p>On July 11, 2023 at 11:53 AM, V12 Nurse Practitioner stated, if she wouldn't have fallen off the bed she would not have gotten sutures to her head. The fall caused the laceration.</p> <p>V10 CNA-T's (Certified Nursing Assistant in Training) date of hire is March 10, 2023. She was hired as a Certified Nursing Assistant in Training.</p> <p>On July 11, 2023 at 1:47 PM, V10 CNA-T stated, she is a CNA in training and hasn't taken her exam yet.</p> <p>On July 11, 2023 at 11:53 AM, V12 Nurse Practitioner stated, the facility should be following their policy in regards to CNAs and RAs (resident assistants) scope of practice.</p> <p>V10's CNA-T basic nurse assistant training program clinical skills evaluation shows, she didn't complete her training evaluation until July 7, 2023.</p> <p>On July 11, 2023 at 12:42 PM, V2 Director of Nursing stated, V10 CNA-T was an RA at the time of R78's fall out of bed. She should not have been providing care by herself.</p>	S9999		
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S9999	<p>Continued From page 5</p> <p>The facility's job description last updated March 2023 shows, "Title: Certified Nursing Assistant in Training. I. Job Summary: Assist nurse aides with designated resident care specific areas of eating, drinking and personal hygiene. Receive and carry out instructions concerning the specific feeding, hydration and/or personal hygiene care needs of the residents whom he/she will be assigned to assist. Assists with resident activities and transportation... II. Essential Functions: A. Meets the following direct care needs of the resident: (Once proper training has been received- for letter A only): a. Washing a resident's hands and face, b. Feeds residents who do not have complicated feeding problems, c. oral hygiene, d. Shaving residents with electric razor; B. Meets nutritional needs by passing trays, ice water, nourishments, uses adaptive equipment; tray monitoring, C. Applies Makeup, D. Brushing and combing of residents hair, E. Assists in the dining room with tray service and serves trays to the resident's room as requested. Reports any observed changes in resident's eating habits to the staff nurse, F. Makes unoccupied beds, changes linens, straighten rooms, closets, and drawers, G. Cleans mattresses or notifies housekeeping and reports if mattresses need replacement, H. Answers call lights and telephones as needed, I. Observes and reports change in condition or behavior, J. Reports any skin abnormalities or bruising to the staff nurse when identified, K. Meets safety needs by reporting environmental hazards, L. Makes rounds to assure residents are safe and comfortable, M. Assists in weights for wheelchair, independent residents that do not need assistance with transfers, N. Assist with needs/request of the dying resident, O. Observe infection control measures, P. Relates courteously and sensitively to residents, families,</p>	S9999		
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S9999	<p>Continued From page 6</p> <p>visitors, and staff, Q. Responsible for attending assigned in-service programs, R. Documents in POC (plan of care)- amount eaten/eating support, behaviors, offer and encourage fluids, personal hygiene (shaving with an electric shaver, brushing teeth an combing hair, supplements and snacks, weights as needed, S. Assist residents with packing personal possessions when they are transferred to a new room or when being discharged, T. Performs personal laundry duties for each resident which may include completing their personal clothing list, hand washing some of their articles or placing some of their items through the wash cycle when personal laundry facilities are available, U. Stocks isolation carts for each resident on isolation and empties the bins in the room when full, V. Inventories and stores the new residents' personal possessions, W. Assist in unstocking of supply deliveries and restocks floors as needed, X. Participates in In-service education programs, Y. Other duties as assigned..."</p> <p>2. The facility's July 2023 nursing schedule showed V4 CNA-T (CNA in Training) and V5 Licensed Practical Nurse (LPN) were the only staff scheduled on the 400 Wing from 11:00 PM on 7/9/23 until 6:00 AM on 7/10/23. The facility roster dated 7/10/23 showed a resident census of 28 residents on the 400 Wing.</p> <p>V4's Job Description form dated 6/9/23, showed V4 accepted a job as a CNA-T, at the facility, on that date.</p> <p>On 7/11/23, V4's employee file was reviewed and showed no active CNA license.</p> <p>On 7/10/23 at 5:24 AM, V4 CNA-T and V5 LPN</p>	S9999		
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S9999	<p>Continued From page 7</p> <p>were the only staff observed on the 400 Wing. When V4 CNA-T was asked about 400 Wing staffing, V4 stated, "I am headed in to check to see if (R227) needs to be changed. We didn't have a CNA assigned to this wing last night. I am not a CNA yet; I don't have a CNA license. I am basically a resident assistant right now. I am starting CNA school in a couple of weeks." V4 entered R227's room by herself.</p> <p>On 7/10/23 at 5:46 AM, V4 CNA-T exited R227's room, carrying a bag of soiled linen. V4 stated, "I just changed (R227's) brief. He had a bowel movement. I take residents to the bathroom and change them if they are wet. I have worked here about a month. I've never had a CNA assigned to work with me at night. I pretty much provide cares to the residents by myself." V4 CNA-T stated she provided incontinence care to R227 by herself.</p> <p>On 7/10/23 at 12:30 PM, V2 Director of Nursing (DON) stated, "(V4 CNA-T) was hired as a CNA in-training. She has not started CNA class yet. She is not to provide any hands-on care at this time. She is not to provide incontinence care to residents. She is not to transfer or toilet residents. I didn't know she was the only aide scheduled on the 400 Wing on the night shift. She should have called a CNA, from another floor, to come provide those cares."</p> <p>R227's resident assessment dated 5/3/2023 showed R227 required the extensive assistance of one staff for toileting/incontinence care and was always incontinent of stool.</p> <p>3. A facility list printed 7/11/23 showed V7 was employed by the facility as a CNA-T (CNA in Training).</p>	S9999		

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S9999	<p>Continued From page 8</p> <p>On 7/11/23, V7 CNA-T's employee file was reviewed and showed no active CNA license. The employee file showed V7 was currently enrolled in a CNA class but showed no documentation that V7 had passed the clinical portion of her CNA training.</p> <p>On 7/10/23 at 6:15 AM, V7 CNA-T stated, "I am CNA in-training. I am in CNA school currently."</p> <p>On 7/10/2023 at 6:33 AM, V7 Certified Nursing Assistant in Training (CNA-T) entered R28's room, by herself, to provide cares. V7 repositioned R28 and provided incontinence care to her as she was incontinent of urine. V7 wiped R28's perineal area and removed R28's soiled incontinence brief. Without changing her soiled gloves, V7 placed a clean incontinence brief on R28 and dressed R28 in clean pants. No other staff were noted in the room while V7 provided cares to R28.</p> <p>R28's resident assessment dated 4/27/23 showed R28 was severely cognitively intact. The assessment showed R28 required the assistance of two staff for repositioning and toileting/incontinence care.</p> <p>On 7/11/23 at 11:12 AM, V2 DON stated, "Human Resources does the hiring of the CNAs in-training (CNA-T). Human Resources makes sure the employee is enrolled in the CNA course that is offered at the nearby community college. Staff that are CNAs in-training are not to provide any hands-on care to residents until they have finished and passed their clinical portion of their CNA training. Until a CNA in-training has successfully completed their CNA clinicals, they are considered resident assistants so they can</p>	S9999		
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S9999	<p>Continued From page 9</p> <p>only assist with eating, take a resident to activities, and documenting on transmission-based precautions. A CNA in-training cannot provide incontinence care and/or transfer residents. Once a CNA in-training has successfully completes their CNA clinicals but has yet to pass the CNA licensing test, that CNA in-training can provide hands-on care to residents, but it must be supervised by a nurse or a CNA." When V2 DON was asked why there was only a CNA-T, not a CNA, assigned to the 400 Wing, on the night of 7/9/23, V2 DON stated, "That shouldn't be happening. During COVID, we didn't have enough staff, so we used resident assistants and CNAs in-training to help. Per corporate, our staffing was recently cut because we stopped using agency staff. Going forward, we need to make sure fully certified staff are scheduled to make sure they can provide the residents with the cares they need."</p> <p>The facility's Certified Nursing Assistant in Training Job Description dated March 2023, showed, "Assist nurse aides with designated resident care specific areas of eating, drinking and personal hygiene. Receive and carry out instructions concerning specific feeding, hydration and/or personal hygiene care needs of the residents whom he/she will be assigned to assist. Assists with resident activities and transportation ..."</p> <p>The facility's Resident Attendant Job Description, dated 12/2021, showed the only resident cares a resident attendant can provide include washing a resident's face, brushing a resident's hair, oral hygiene, shaving a resident with an electric razor, applying makeup to a resident, passing meal trays, and feeding residents who do not have complicated feeding problems.</p>	S9999		
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S9999	<p>Continued From page 10</p> <p>4. On July 12, 2023 at 9:05 AM, R66 stated, last week (July 5, 2023) the facility would not let them smoke because it was too hot outside. "We had to go off the property if we wanted to smoke. So we did." R66 and her friend R114 went out the front door to smoke "off the property." They went out the front door to the sidewalk right in front of the building in the shade. When they were done smoking R66 got stuck and couldn't get back in the building. They called the facility and spoke with V17 Receptionist. V17 told them it was shift change and no one would come get them. So they called 911 instead. 911 came and helped get them back into the facility.</p> <p>On July 10, 2023 at 12:09 PM, R114 stated, there were three days the facility canceled smoking outside because it was too hot out. On the 3rd day, V1 Administrator told us if we wanted to smoke we had to go off the property to do it. They went out the front door down the sidewalk in front of the building to smoke. It was her (R114) and R66. When they were done smoking they called the facility and spoke with V17 Receptionist who told them the staff was busy, it was shift change and no one was coming to get them. They waited 5 minutes and called again to see if anyone was coming to get them and were told no again. They called V22 Ombudsman who told them to call 911. They called 911 and 911 helped them get back into the facility.</p> <p>On July 11, 2023 at 9:22 AM, V17 Receptionist stated, she works at the front desk Monday through Friday. V1 Administrator had canceled smoking due to the high temperatures outside on July 5, 2023. When R66 and R114 came to the front desk, she told them it was hot outside and they would have to sign out showing they were</p>	S9999		
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S9999	<p>Continued From page 11</p> <p>aware of the risk of going outside to smoke. They stated, they didn't care and went outside. V17 went to V1 Administrator and let him know they went outside smoking. R66 and R114 were visible from the receptionist desk. R66 and R114 called at 2:06 PM saying they needed help coming back into the facility. V17 called V1 Administrator and he told her, it was not our responsibility because they signed the binder. She told R66 and R114 it was shift change they might be busy. R66 called again and asked if someone was coming to get her and she told her she would try to get someone to come get her. R66 said if no one came she would call 911. She did end up calling the ambulance. "They told me not to find anyone because they signed the binder." The fire fighters came and wheeled them to the entrance of the facility.</p> <p>On July 10, 2023 at 3:10 PM, V22 Ombudsman stated, R66 and R114 called him saying they were outside the front of the building smoking and R66 got stuck and no one would come help them get back into the facility. He told them to call 911 because it was hot outside. "They (the facility) furthered what was already unsafe. It was a power play."</p> <p>On July 12, 2023 at 10:40 AM, V30 Local Police Dispatch stated, they received a call on July 5, 2023 for a lift assist from a caller (R66) stating she needed help getting back to her room. They sent the fire department to assist.</p> <p>R66's progress notes dated July 5, 2023 shows, "This writer (V1 Administrator) and the activities director had a conversation with R66 in regards of canceling the supervised smoking program due to the inclement weather. We advised R66 for safety to not go outside to smoke today. R66</p>	S9999		
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Illinois Department of Public Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: IL6008304	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED 07/12/2023
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NAME OF PROVIDER OR SUPPLIER ALDEN TERRACE OF MCHENRY REHAB	STREET ADDRESS, CITY, STATE, ZIP CODE 803 ROYAL DRIVE MCHENRY, IL 60050
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(X4) ID PREFIX TAG	SUMMARY STATEMENT OF DEFICIENCIES (EACH DEFICIENCY MUST BE PRECEDED BY FULL REGULATORY OR LSC IDENTIFYING INFORMATION)	ID PREFIX TAG	PROVIDER'S PLAN OF CORRECTION (EACH CORRECTIVE ACTION SHOULD BE CROSS-REFERENCED TO THE APPROPRIATE DEFICIENCY)	(X5) COMPLETE DATE
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S9999	<p>Continued From page 12</p> <p>refused to acknowledge the risk and stated that she will go on the street to smoke. Again this writer and the activities director urged her to reconsider her decisions since R66 can not safely propel her wheelchair to get back to the facility from the sidewalk ..." R66's progress notes do not show, she called 911 and they brought her back to the facility from the sidewalk.</p> <p>R66's MDS dated May 17, 2023 shows, she is cognitively intact.</p> <p>R114's progress notes dated July 5, 2023 shows, "This writer (V1 Administrator) and the activities director had a conversation with R114 in regards to the facility canceling the supervised smoking program due to the inclement weather. We advised R114 for her safety to not go outside to smoke today. R114 refused to acknowledge the risk and stated that she will go on the street to smoke. Again this writer and the activities director urged her to reconsider since she can not safely propel her wheelchair to get back to the facility from the sidewalk..."</p> <p>R114's MDS dated May 18, 2023 shows, she is cognitively intact.</p> <p>5. On 7/10/23 at 5:00 AM, the facility's front entrance door alarm did not sound upon entering the facility. There were no staff present at the front desk or in the front hallway of the facility at that time. On the backside of the door there is a sign posted which stated an alarm is set on the door after 8 PM.</p> <p>The facility's Elopement Risk List of Residents printed on 7/10/23 showed R49, R74, R86, and R98 are 4 residents living on the first floor of the facility not residing within the memory care unit.</p>	S9999		
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Illinois Department of Public Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: IL6008304	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING: _____	(X3) DATE SURVEY COMPLETED 07/12/2023
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NAME OF PROVIDER OR SUPPLIER ALDEN TERRACE OF MCHENRY REHAB	STREET ADDRESS, CITY, STATE, ZIP CODE 803 ROYAL DRIVE MCHENRY, IL 60050
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S9999	<p>Continued From page 13</p> <p>R49, R74, R86, an R98's careplans showed all 4 residents have focuses for elopement with goals of remaining on their units or under supervision.</p> <p>On 7/10/23 at 11:00 AM, V17 Receptionist stated the evening receptionist gets the alarm key and should set the alarm before leaving the facility around 8:00 PM. The key is kept at the nurses station on the 400 wing.</p> <p>On 7/10/23 at 11:30 AM, V28 Director of Life Safety stated the front door alarm needs to be activated at night to ensure the safety of the residents to let staff know if a resident had attempted to leave through that door.</p> <p>On 7/11/23 at 10:55 AM, V1 Administrator showed the process to activate the alarm with the key. When the door was opened a loud alarm went off. V1 stated the alarm should be activated after 8:00 PM when the front desk staff leave, and the key returned to the 400 hall nurse. V1 stated the front door alarm is the only one needing to be set with a key after hours.</p> <p>(B)</p>	S9999		