

Illinois Department of Public Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: IL6006829	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING: _____	(X3) DATE SURVEY COMPLETED R-C 10/28/2023
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NAME OF PROVIDER OR SUPPLIER APERION CARE HILLSIDE	STREET ADDRESS, CITY, STATE, ZIP CODE 323 OAKRIDGE AVENUE HILLSIDE, IL 60162
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S 000	Initial Comments First Complaint Certification Revisit to Survey of 8/21/2023 #2396503/IL162870	S 000		
S9999	Final Observations Statement of Licensure Violations: 300.610a) 300.1010h) 300.1210b) 300.1210d)1) 300.1210d)3) Section 300.610 Resident Care Policies a) The facility shall have written policies and procedures governing all services provided by the facility. The written policies and procedures shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee, and representatives of nursing and other services in the facility. The policies shall comply with the Act and this Part. The written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, documented by written, signed and dated minutes of the meeting. Section 300.1010 Medical Care Policies h) The facility shall notify the resident's physician of any accident, injury, or significant change in a resident's condition that threatens the health, safety or welfare of a resident, including, but not limited to, the presence of incipient or manifest decubitus ulcers or a weight loss or gain	S9999	<p>Attachment A Statement of Licensure Violations</p>	

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LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE _____ TITLE _____ (X6) DATE _____

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S9999	Continued From page 1 of five percent or more within a period of 30 days. The facility shall obtain and record the physician's plan of care for the care or treatment of such accident, injury or change in condition at the time of notification. (B) Section 300.1210 General Requirements for Nursing and Personal Care b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident. d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis: 1) Medications, including oral, rectal, hypodermic, intravenous and intramuscular, shall be properly administered. 3) Objective observations of changes in a resident's condition, including mental and emotional changes, as a means for analyzing and determining care required and the need for further medical evaluation and treatment shall be made by nursing staff and recorded in the resident's medical record. These requirements are not meet as evidenced by: Based on observation, interview and record	S9999		

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S9999	<p>Continued From page 2</p> <p>review, the facility failed to adequately assess for pain and elevated blood pressure for one resident (R3); failed to notify the physician of elevated blood pressure for one (R3) of six residents; and the facility failed to ensure that residents received medications in a timely manner for 6 (R1, R2, R3, R4, R5 and R6) of 6 residents reviewed for medication administration. These failures resulted to R3 experiencing a headache and an elevated blood pressure reading of 212/127; creating the potential for stroke and heart attack.</p> <p>Findings include:</p> <p>1. R3 is a 45 year old male, admitted to the facility on 07/01/2023. R3' s diagnosis includes but not limited to Acute on chronic respiratory failure with hypoxia and hypercapnia, Morbid Obesity, shortness of breath, Acute pulmonary edema, Obstructive Sleep Apnea, Pleural effusion, Essential (Primary) Hypertension, Difficulty In Walking, Anxiety Disorder, Other Abnormalities Of Gait And Mobility. R3's Brief Interview for Mental Status dated 10/1/2023 documents a score of 14 which indicates intact cognition.</p> <p>On 10/27/2023 at 11:37 AM, R3 was observed sitting on the side of the bed, with both hands wrapped around his head. R3 stated, "I have a bad headache, I haven't received any of my 9:00 AM medications and I'm almost due for my 12:00 PM medications. My blood pressure is probably through the roof because I haven't taken any of my blood pressure medications."</p> <p>11:40 AM, Surveyor informed V3, Registered Nurse, that R3 was complaining of headache. 11:50 AM, Surveyor followed up with V3 and asked if she could please see R3 because he is complaining of a bad headache.</p>	S9999		

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S9999	<p>Continued From page 3</p> <p>11:58 AM V3, knocked and asked R3 if R3 has a headache, to which R3 responded "Yes." 12:06 PM Surveyor followed up again with V3 if she will check R3's complaint of pain. V3 stated, "Didn't I just go there to ask how he is? I am trying to get his medications ready; this is the first time I am seeing him today." 12:12 PM V3 goes to R3's room while surveyor is in the room, checks R3's blood pressure which registered 212/112 mm/Hg; rechecks R3's BP again which registered 218/132 this time. V3 then proceeds to give medications to R3. V3 did not assess for quality, location, duration and level of pain. When asked why R3 is just receiving his 9:00 AM medications at past 12:00 PM, V3 stated, "I am from the agency, I didn't get here until around 9:00 AM, so I haven't given his 9:00 AM medications. If the blood pressure reading is that high, I will call the Nurse Practitioner/NP to get his blood pressure medications adjusted. I gave him Motrin for his headache. I am agency, I received orientation before working. I am concerned about R3's blood pressure being that high. I will call the NP, and then I will come back and reassess. I have 5 more residents who haven't received their 9:00 AM medications, namely R2, R3, R4, R5 and R6. When asked if she assessed R3's pain, V3 stated, "He already told me he has a headache."</p> <p>Review of R3's Medication Administration Records document that R3's blood pressure reading on 10/26/2023 was 214/100 on the 7-3 shift and 214/100 again on the 3-11 shift. R3's progress notes does not have any documentation, that his BP was assessed and rechecked, nor was the doctor informed of R3's elevated blood pressure.</p> <p>On 10/27/2023 at 1:20 PM, V4, Regional Nurse</p>	S9999		

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S9999	<p>Continued From page 4</p> <p>Consultant, covering for the Director of Nursing/DON, stated, "For medication administration, the nurses have an hour before and after to administer the medications." When asked if receiving residents' medication around 12:00 PM is acceptable, V4 stated, "If we get an order to change the time of the administration of the medications, then it's okay as long as the doctor is okay with it. If the resident with a high blood pressure did not receive his blood pressure medications on time and now has a BP of 212/112, there is a chance that the blood pressure can even be higher if the medication was not given. That high of a blood pressure could lead to stroke. If a resident complains of headache, the nurse should do a nursing assessment, check Blood pressure, check vitals. Before giving pain medication, the nurse should also ask what's the level of pain and where is the pain location and the quality of pain, like sharp or dull.</p> <p>On 10/27/2023 at 4:15 PM V1, Administrator, stated, "I was notified by the overnight nurse at 7:40 AM that the AM nurse had not arrived yet. At 7:44 am, I contacted the scheduler and opened an open shift need at 7:44 am, a nurse picked up at 8:02 am and the nurse arrived at the facility at 9:00 AM. The night nurse was there, and she was completing her documentation for her shift and did not think to start the AM meds." When asked if it is customary not to direct the overnight nurse to start medication Administration while waiting for the nurse replacing the call off, V1 stated, "The overnight nurse was completing her documentation and there is no one else to pass meds, my Director of Nursing is on vacation, the MDS nurse is also off today." V1 also stated, "Yes, the doctor should have been informed about R3's high blood pressure on 10/26/2023 of</p>	S9999		

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S9999	<p>Continued From page 5</p> <p>214/100. V4 has informed the doctors about late administration of medications for R2, R3, R4, R5 and R6. R3's blood pressure was rechecked, and it has gone down now in the 180 over something."</p> <p>On 10/27/2023 at 5:09 PM, V5, Physician and Medical Director stated, if a resident has a blood pressure of 214/100, the nurses should let me know, that's the first thing, if the reading is consistently high, I will talk to the nurses and the Director of Nursing/DON to come up with a plan of care. I was not informed yesterday about R3's elevated blood pressure of 214/100. I've told nurses there time and again that they should be using the right blood cuff. I think they are in the process of purchasing bariatric blood pressure cuffs. R3 has had chronic headaches. They should be assessing him for pain, and I should be notified. It is not good that the residents received their medications late. If medications are not given on time and if the blood pressure reading is high, anything can go wrong, there is a possibility of stroke or heart attack. V6, Registered Nurse, informed me that there a few more residents that received medications late. I will address this issue with V1 and the DON during the QAPI meeting, because I attend those meetings."</p> <p>On 10/28/2023 at 2:30 PM, during Exit Conference, V1, Administrator, stated that R3 was sent out last night to the hospital via 911 because his blood pressure readings were running high and that R3 was given some intravenous medications and returned to the facility the same day with no new orders. Hospital records were requested but were not received before the survey ended.</p> <p>Facility Pain Assessment Policy with an effective date of 11/28/2012 documents in part: A pain</p>	S9999		
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S9999	<p>Continued From page 6</p> <p>assessment tool will be used as indicated as a guide in determining a resident's pain level in addition to their descriptive words, and/or physical signs and behaviors.</p> <p>2. R1 is a 64 year old male admitted to the facility on 01/11/2022 with diagnosis including but not limited to: Type 2 diabetes Mellitus with Foot Ulcer, Gout, Chronic Kidney Disease, Dementia, Acute Embolism and Thrombosis, Pain, Morbid Obesity, Hypertensive Heart Disease, Seborrhic Dermatitis, Acute Kidney Failure, Lymphedema, Spinal Stenosis, Glaucoma, Hyperlipidemia, Obstructive Sleep Apnea, Anemia, Gastro-Esophageal Reflux Disease and Osteoarthritis. R1's Brief Interview for Mental Status dated 10/09/2023 documents a score of 10 which indicates some cognitive impairment.</p> <p>On 10/27/2023 at 12:47 PM, R1 was observed in the dining room receiving medications from V3, Registered Nurse/RN. When asked if R1 got his medication on time today, R1 stated, "I just got them, I don't know if it's my morning or my afternoon medications. Yes, I am diabetic and hypertensive. I should get all my medications on time."</p> <p>Interview with V3 on 10/27/2023, affirmed that at 12:12 PM R1 had not received any of his medications scheduled for 8:00 AM and 9:00 AM including: Allopurinol, Amlodipine, Aspirin, Ferrous Sulfate, Finasteride, Fluticasone Propionate Nasal Suspension, Iron, Lasix, Metoprolol Succinate ER, Multivital, Eliquis, Metformin and Prostat AWC per Medication Administration Record/MAR.</p> <p>3. R2 is a 77 year old male, admitted to the facility on 10/16/2023 with diagnosis including but not</p>	S9999		

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S9999	Continued From page 7 limited to: Post Traumatic Stress Syndrome, Hearing Loss, Tinnitus, Essential Hypertension, Hypothyroidism, Suicidal Ideation, Enterocolitis, Alcohol Dependence and Barrette's Esophagus with Dysplasia. R2's Brief Interview for Mental Status dated 10/19/2023 documents a score of 15 which indicates intact cognition. On 10/27/2023 at 12:58 PM, R2 was observed sitting in his wheelchair inside his room. R2 stated, "I received my morning medications late, I guess somebody didn't show up." Interview with V3 on 10/27/2023, affirmed that at 12:12 PM R2 had not received any of his medications scheduled for 8:00 AM and 9:00 AM including: Amlodipine, Escitalopram, Multivitamins/Minerals and Thiamine per MAR. 4. R4 is a 77 year old male, admitted to the facility on 09/05/2023 with diagnosis including but not limited to: Type 2 Diabetes Mellitus, Hyperlipidemia, Alzheimer's Disease, Furuncle of Groin, Major Depressive Disorder and Difficulty in Walking. R4's Brief Interview for Mental Status dated 09/08/2023 documents a score of 9 which indicates some cognitive impairment. On 10/27/2023 at 1:50 PM R4 stated, " I received my medications today. I got it in the morning and in the afternoon about 1:00 PM today. In the morning they gave me around 6:30 AM. Review of R4's records indicate that he only has medications scheduled for 8:00 AM and 9:00 AM medications and none for 1:00 PM. R4 stated, he didn't know that the meds he took were for the morning medications because he always gets them late in the afternoon. Interview with V3 on 10/27/2023, affirmed that at	S9999		

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S9999	<p>Continued From page 8</p> <p>12:12 PM R4 had not received any of his medications scheduled for 8:00 Am and 9:00 AM including: Lisinopril, Metformin, Glipizide per MAR.</p> <p>5. R5 is a 77 year old male, admitted to the facility on 04/20/2021 with diagnosis including but not limited to: Parkinson's Disease, Nontraumatic Intracranial Hemorrhage, Dysarthria, Chronic Obstructive Pulmonary Disease, Benign Prostatic Hyperplasia, Chronic Kidney Disease, Hyperlipidemia, Overactive Bladder, Memory Deficit, Drug-Induced Tremor, Dysphagia and Essential Hypertension. R5's Brief Interview for Mental Status dated 08/16/2023 documents a score of 8 which indicates some cognitive impairment.</p> <p>On 10/27/2023 at 2:55 PM, R5 stated, " I just received my medications about lunch time."</p> <p>Interview with V3 on 10/27/2023, affirmed that at 12:12 PM R5 had not received any of his medications scheduled for 8:00 AM and 9:00 AM including: Folic Acid, Amlodipine, Atorvastatin, Finasteride, Gemtesa, GNP Vitamin B-1, Lisinopril, Multivitamin, Vitamin D3, Budes/Formot Aerosol inhaler, Senna-S and Carb/Levo per MAR.</p> <p>6. R6 is a 56 year old male, admitted to the facility on 09/25/2023 with diagnosis including but not limited to: Hemiplegia and Hemiparesis, Anxiety disorder, Acquired Absence of Left Leg Below Knee, Essential Hypertension, Gastrostomy Status, Aphasia, Contracture, Atherosclerosis of Native Arteries of Extremities with Intermittent Claudication, major Depressive Disorder, Anemia, Type 2 Diabetes Mellitus, and Weakness. R7's Brief Interview for Mental Status</p>	S9999		

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S9999	<p>Continued From page 9</p> <p>dated 09/28/2023 documents a score of 7 which indicates some cognitive impairment.</p> <p>On 10/27/2023 at 2:58 PM, R6 stated, " I just received my medications about lunch time."</p> <p>Interview with V3 on 10/27/2023, affirmed that at 12:12 PM R6 had not received any of his medications scheduled for 8:00 AM and 9:00 AM including: Ascorbic Acid, Busprione, Ferrous Sulfate, Metoprolol Tartrate and Gabapentin per MAR.</p> <p>Facility presented an undated Medication Administration General Guidelines Policy which documents in part: PROCEDURES: 6. FIVE RIGHTS- Right resident, right dose, right route and right time, are applied for each medication being administered.</p> <p>ADMINISTRATION: 10. Medications are administered within 1 hour before or after scheduled time, except before, with or after meal orders, which are administered based on mealtimes. Unless otherwise specified by the prescriber, routine medications are administered according to the established medication administration schedule for the facility.</p> <p>(B)</p>	S9999		