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WHITE OAK REHABILITATION & HCC	1700 WHITE STREET MOUNT VERNON, IL 62864

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S 000	Initial Comments Complaint Investigation 23510756/IL168184	S 000		
S9999	Final Observations Statement of Licensure Violations: 300.610 a) 300.1210 b) 300.1210 c) 300.1210 d)2) 300.1210 d)3) Section 300.610 Resident Care Policies a) The facility shall have written policies and procedures governing all services provided by the facility. The written policies and procedures shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee, and representatives of nursing and other services in the facility. The policies shall comply with the Act and this Part. The written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, documented by written, signed and dated minutes of the meeting. Section 300.1210 General Requirements for Nursing and Personal Care b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident.	S9999		

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c) Each direct care-giving staff shall review and be knowledgeable about his or her residents' respective resident care plan.
d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis:
2) All treatments and procedures shall be administered as ordered by the physician.
3) Objective observations of changes in a resident's condition, including mental and emotional changes, as a means for analyzing and determining care required and the need for further medical evaluation and treatment shall be made by nursing staff and recorded in the resident's medical record.

These requirements are not met as evidenced by:

Based on observation, interview, and record review, the facility failed to implement interventions and dietary recommendations for residents at risk for altered nutritional status for 2 of 3 residents (R3 and R1) reviewed for nutrition in a sample of 3. These failure resulted in R3 experiencing a significant weight loss of 8.09% in 1 month, and R1 experiencing a significant weight loss of 11% in 6 months.

The findings include:

1. R3's "New Admission Record" in the medical record documents R3 was admitted to the facility on 5/29/23. R3's January 2024 Physician's Order Sheet documents diagnoses including Ogilive Syndrome, hemiplegia and hemiparesis following cerebral infarction, and dysphagia.

R3's MDS (Minimum Data Set), dated 9/8/23,

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documents a BIMS (Brief Interview of Mental Status) of 10, which indicates R3 has moderate cognitive impairment. R3's Care Plan (start date of 6/8/23) documents a problem area of "potential risk for altered nutritional status and/or weight loss." Interventions documented are: "monitor weight weekly first 4 weeks after initial admission, monitor weights monthly, report significant changes in weight to MD (Medical Doctor) and RD/LDN (Registered Dietician/Licensed Dietician Nutritionist)."

A facility document titled "Weekly Weight Monitoring" documents the following weights for R3:
11/30/23: 136 lbs (pounds)
12/13/23: 141 lbs
12/20/23: 140 lbs
12/27/23 125 lbs
This indicates an 8.09% weight loss (11 lbs) in 1 month (11/30/23 to 12/27/23), and a 10.71% weight loss (15 lbs) in 7 days (12/20/23 to 12/27/23).

A facility document titled "Daily Weight Monitoring" documents the following weights for R3:
12/11/23 133.5 lbs
12/12/23 No weight recorded
12/13/23 140.5 lbs
12/14/23 No weight recorded
12/15/23 139 lbs
12/16/23 to 12/19/23 No weights recorded
12/20/23 139.5 lbs
12/21/23 to 12/27/23 No weights recorded
12/28/23 124.5 lbs
This indicates a 6.74% weight loss (9 lbs) in 17 days (12/11/23 to 12/28/23), and a 10.75% weight loss (15 lbs) in 8 days (12/20/23 to 12/28/23).

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R3's "Report of Monthly Weights and Vitals" documents on 1/2/24, R3's weight was 130.5 lbs.

R3's "Dietary Quarterly Assessment" signed by V4 (Dietary Manager) documents on 8/30/23, R3 weighed 144.4 lbs, and on 12/28/23 R3 weighed 133.5 lbs. This indicates a 7.55% weight loss.

R3's "Nutritional Assessment" dated 11/28/23 documents a recommendation by V13 (RD/LDN) to add nutritional juice drink at meals. There are no other "Nutritional Assessments" completed by V13 or a Registered Dietician in R3's medical record.

There are no orders for V13's recommendation of "nutritional juice at meals on the November 2023, December 2023, or January 2024 Physician's Order Sheets.

On 1/4/23 at 1:30pm, V4 was asked about the R3's 15 lb weight loss from 12/20/23 to 12/27/23, and said she did not see that. V4 said she was guessing she hit the wrong buttons when entering R3's weight of 124.5 lbs on 12/28/23. V4 said she did not ask V13 to see R3 when V13 came to the facility on 12/28/23. V4 said when V13 makes a dietary recommendation, she gives the recommendation to the nurse and they contact the physician for orders.

On 1/3/24 at 12:10pm and 1/4/24 at 12:20pm, there were no nutritional juice drinks observed on R3's lunch tray. On 1/4/24 at 12:20pm, R3 was asked if he received nutritional juice drinks with his meals and R3 sated "no

2. R1's "New Admission Information" sheet documents R1 was admitted to the facility on July 17, 2022. R1's January 2024 Physician's Order

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Sheet documents diagnoses including Parkinson's, weakness, diabetes mellitus (DM), dysphagia, altered mental status, and Percutaneous Endoscopic Gastrostomy (PEG) tube.

R1's Care Plan, dated 10/10/2022, documents under "Nutrition" R1 "is at risk for alteration in nutrition related to dementia and Parkinson's and may impact resident ability to swallow or feed self." R1's Care Plan documents interventions including follow recommendations of Registered Dietician Licensed Dietician Nutritionist (RD/LDN) and notify RD/LDN of discrepancy of recommendation with resident's preferences or care goals." An intervention, dated 8/3/2023, documents tube feedings were changed to "240 bolus 5x day with 75 mL H2O flush before and after."

R1's "Report of Monthly Weights and Vitals" sheet for 2023 document R1's weights for R1: June- 157 lbs, July- 154.3 lbs, August-151.8 lbs, September- 149.8 lbs, October- 142.4 lbs, November- 137.2 lbs, and December-139.2 lbs, indicating a weight loss of 11% (17.8 lbs) in 6 months.

A facility document titled "Weekly Weight Monitoring" documents the following weights for R1:
10/11/23- 139.8 lbs
10/19/23- 144 lbs
10/25/23- 137 lbs
11/8/23- 135 lbs
11/15/23- 133.2 lbs
11/22/23- 133 lbs
11/30/23- 138.4 lbs
12/4/23- 139 lbs
12/13/23- 141 lbs

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12/20/23- 142 lbs
12/27/23- 143 lbs

R1's Dietary Notes by V13 (Registered Dietician/ Licensed Dietician Nutritionist), dated 10/27/23, documents "current wt (weight) 142.4# (pounds) indicating cont. (continuous) wt loss. BMI (Body Mass Index) 19.0. He is currently on Mechanical Soft with Magic Cup TID (three times a day), whole milk @ (at) meals and continues to receive 240 mL (milliliters) Jevity 1.5 w/ (with) 75 mL water flush before and after 5x/ day (times per day). No signs of intolerance reported. No new labs. Recommended changing formula from Jevity 1.5 to 2 cal (calorie) or Nutren 2.0. Maintain current volume. Continue to monitor and refer to RD as needed."

R1's November 2023 Physician's Order Sheet (POS) documents an order dated 11/7/23 (no time documented) of "per signed dietary recommendation: change tube feeding to 2 cal or Nurten 2.0, 240 mL with 75 mL water flush before and after." An order clarification written below the previous order on the same POS, also dated 11/7/23 (no time documented), documents, "due to recent weight gain continue Jevity 1.5 240 mL 5x/day with 75 mL water flush before and after." R1's weights recorded on the "Report of Monthly Weights and Vitals" and "Weekly Weight Monitoring" documentation does not document any weight gain since V13's recommendation was made per the Dietary Notes on 10/27/23.

R1's Dietary Notes by V13, dated 11/28/23, documents, "current wt 137.2# indicating cont. wt loss. BMI 18.1. Diet to be clarified to NAS (no added salt), CCD (Carbohydrate Controlled Diet), mech (mechanical) soft, nectar thick, whole milk w/ meals, magic cup w/ meals, pleasure foods

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per resident/ family request, 240 mL Jevity 1.5 w/ 75 mL water before and after 5x/day (times per day) ...recommended changing TF (Tube Feeding) formula to 2 cal or Nutren 2.0 per previous recommendation."

The November 2023 POS documents a telephone order, dated 11/30/23, from V12 (Nurse Practitioner) for an order clarification for "NAS, CCD diet, mechanical soft, nectar thick liquids, Jevity 1.5 bolus peg tube 240 mL 5x/day, 75 mL H2O flush before and after."

R1's Dietary Notes by V13,dated 12/6/23, documents, "current wt 139.2# indicating significant weight loss x 3 mos (months) and 6 mos. Noted slight gain x 1 month. BMI 18.4. Current diet ordered is NAS, CCD, mechanical soft, nectar liquids, no bread, magic cup TID, whole milk at meals, 240 mL Jevity 1.5 with 75 mL water before and after 5x/day."

On 1/5/24 at 10:35am, V13 said she goes to the facility monthly, and V4 gives her a list of resident's weights and a list of residents with significant weight loss. V13 said she is given the monthly weights and not the weekly weights. V13 said she was not given anything regarding weight loss on R3, and R3 was not on her list to be seen when she was at the facility on 12/28/23. V13 said she was told R1 was on the upward side and had gained a few pounds, and that is why they did not change his tube feeding.

On 1/3/24 at 12:00pm, V2 (Director of Nursing) said they usually do follow the Dietitian's recommendations and does not know of any reason the physician would not agree with any of the recommendations from the Registered Dietitian. V2 said the nurses get the dietary

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recommendations from the V4 (Dietary Manager) and sends them to the V11 (Physician) or has V12 (Nurse Practitioner) look at them.

On 1/3/24 at 10:30am, V3 (Licensed Practical Nurse) said she is not aware of any dietary recommendations on R1, and R3 and did not contact the physician about this that she is aware of. V3 said if they are not in the chart she did not do it.

On 1/4/24 at 11:30 AM, V10 (Licensed Practical Nurse) said she does not recall sending any dietary recommendations on R1 or R3 to V11 (Physician) or V12 (Nurse Practitioner), but if they are not in the chart, she probably did not do it.

On 1/4/24 at 3:13pm, V12 said she was not notified of any weight loss on R1 or R3. V12 also said she was not asked about any dietary recommendations made by the Registered Dietician. V12 said she has seen some issues with the facility following recommendations made by the Registered Dietician.

On 1/5/24 at 9:43am, V11 (Physician) said he would expect that the facility follow the Registered Dietician's recommendations. V11 said he thinks he was notified of R1 and R3's weight loss, and he thinks he was notified of the Registered Dietician's recommendations. V11 said these notifications could be in a big stack of papers he has not acted on yet.

Facility policy titled "Resident Weight Monitoring" (revised 10/13, 10/14, 3/19) documents in procedure step 5 that "If there is an actual significant weight change (i.e. +/- 5% x 1 month, +/- 7.5% x 3 months, +/- 10% x 6 months), the resident/POAHC (power of attorney for

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S9999	Continued From page 8 healthcare)/family/guardian, physician and dietician are notified." Procedure step 9 documents that "The Dietician shall review and document all significant weight changes along with any recommended nutritional interventions in the dietary progress notes in the medical record monthly." (B)	S9999		