

Illinois Department of Public Health

STATEMENT OF DEFICIENCIES AND PLAN OF CORRECTION	(X1) PROVIDER/SUPPLIER/CLIA IDENTIFICATION NUMBER: IL6008213	(X2) MULTIPLE CONSTRUCTION A. BUILDING: _____ B. WING _____	(X3) DATE SURVEY COMPLETED 01/25/2024
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NAME OF PROVIDER OR SUPPLIER SANDWICH REHAB & HCC	STREET ADDRESS, CITY, STATE, ZIP CODE 902 EAST ARNOLD STREET SANDWICH, IL 60548
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S 000	Initial Comments Annual Licensure Survey	S 000		
S9999	Final Observations Statement of Licensure Violations: 1of 2 300.686 e) Section 300.686 Unnecessary, Psychotropic, and Antipsychotic Medications e) Except in the case of an emergency, psychotropic medication shall not be administered without the informed consent of the resident or the resident's surrogate decision maker. (Section 2-106.1(b) of the Act) Additional informed consent is required for reductions in dosage level or deletion of a specific medication, pursuant to subsection (f)(9). Informed consent is required for a medication administration program of sequentially increased doses or a combination of medications to establish the lowest effective dose that will achieve the desired therapeutic outcome, pursuant to subsection (f) (9). The most common side effects of the medications shall be described. This REQUIREMENT was not met as evidenced by: Based on interview and record review, the facility failed to ensure consent was obtained prior to administration of a psychotropic medication for 1 of 5 residents (R23) reviewed for unnecessary medications in the sample of 17.	S9999		

Illinois Department of Public Health
LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE
Electronically Signed

TITLE

(X6) DATE
02/15/24

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S9999	<p>Continued From page 1</p> <p>The findings include:</p> <p>R23's face sheet showed a 69-year-old male admitted to the facility on 10/12/23 with diagnosis of dementia, bipolar disorder, psychotic disorder, hypertension and diabetes.</p> <p>On 1/25/24 at 9:23 AM, V5 Registered Nurse (RN) looked through R23's paper chart and did not find any psychotropic consents and verbally confirmed the same.</p> <p>At 9:24 AM, V4 Licensed Practical Nurse (LPN) said all signed psychotropic consents would be in a resident's paper chart (not electronic) as they do not upload anything.</p> <p>At 9:25 AM, V3 Director of Nursing (DON) said residents should have a signed consent form for all psychotropic medications. R23 makes his own decisions but if a resident could not their power of attorney would need to give consent. V3 reviewed R23's medical record and said "I do not see any consents. They should be part of the medical record". The facility's 11/28/17 Psychotropic Medication Policy showed psychotropic medication shall not be prescribed or administered without the informed consent of the resident, the resident's guardian, or other authorized representative.</p> <p>R23's January 2024 Medication Administration Record (MAR) showed aripiprazole 2 milligram (mg) one time daily for schizoaffective with a start date of 10/13/23. This MAR showed mirtazapine 7.5 mg tablet one time daily for antidepressant with a start date of 1/5/24. The MAR showed divalproex sodium 250 mg two times daily for bipolar with a start date of 10/13/23.</p>	S9999		

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S9999	<p>Continued From page 2</p> <p>(C)</p> <p>2 of 2</p> <p>300.610a) 300.1010h) 300.1210b) 300.1210d)2)3)</p> <p>Section 300.610 Resident Care Policies</p> <p>a) The facility shall have written policies and procedures governing all services provided by the facility. The written policies and procedures shall be formulated by a Resident Care Policy Committee consisting of at least the administrator, the advisory physician or the medical advisory committee, and representatives of nursing and other services in the facility. The policies shall comply with the Act and this Part. The written policies shall be followed in operating the facility and shall be reviewed at least annually by this committee, documented by written, signed and dated minutes of the meeting.</p> <p>Section 300.1010 Medical Care Policies</p> <p>h) The facility shall notify the resident's physician of any accident, injury, or significant change in a resident's condition that threatens the health, safety or welfare of a resident, including, but not limited to, the presence of incipient or manifest decubitus ulcers or a weight loss or gain of five percent or more within a period of 30 days. The facility shall obtain and record the physician's plan of care for the care or treatment of such accident, injury or change in condition at the time of notification. (B)</p>	S9999		

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S9999	<p>Continued From page 3</p> <p>Section 300.1210 General Requirements for Nursing and Personal Care</p> <p>b) The facility shall provide the necessary care and services to attain or maintain the highest practicable physical, mental, and psychological well-being of the resident, in accordance with each resident's comprehensive resident care plan. Adequate and properly supervised nursing care and personal care shall be provided to each resident to meet the total nursing and personal care needs of the resident.</p> <p>d) Pursuant to subsection (a), general nursing care shall include, at a minimum, the following and shall be practiced on a 24-hour, seven-day-a-week basis:</p> <p>2) All treatments and procedures shall be administered as ordered by the physician.</p> <p>3) Objective observations of changes in a resident's condition, including mental and emotional changes, as a means for analyzing and determining care required and the need for further medical evaluation and treatment shall be made by nursing staff and recorded in the resident's medical record.</p> <p>These requirments are not met as evidenced by:</p> <p>Based on observation, interview, and record review the facility failed to implement interventions for a resident experiencing significant weight loss for 1 of 4 residents (R8) reviewed for weight loss in the sample of 17. This failure resulted in R8 experiencing a 19.47% weight loss from 11/23/23 to 1/24/24 (2 months and 1day.)</p>	S9999		

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S9999	<p>Continued From page 4</p> <p>The findings include:</p> <p>R8's face sheet showed she was admitted to the facility on 7/6/23 with diagnoses to include abnormal posture, cerebral infarction, dysphagia, Gastro-Esophageal Reflux Disease, major depressive disorder, Type 2 Diabetes, and weakness.</p> <p>R8's facility assessment dated 1/1/24 showed she has no cognitive impairment and requires substantial to maximum assistance with eating.</p> <p>R8's weight was recorded in her medical record as follows: 11/23/23 she weighed 113 lbs, on 12/4/23 she weighed 89 lbs, and as of 1/24/24 she weighs 91 lbs (19.47% weight loss over 2 months).</p> <p>R8's January 2024 Physician Order sheet showed nutritional supplements including "2.0 Calorie Supplement, Magic Cup, and Mighty Shake" all starting 1/13/24 (over 1 month after the significant weight loss was identified).</p> <p>R8's care plan initiated 7/20/23 showed, "Potential risk for altered nutritional status and/or weight loss. Related Diagnosis: dysphagia, Additional Risk Factors: noncompliance... Resident will gain 1# (pound) per month for next 90 days. Assist/feed mealtimes as needed to complete meal. Educate family, visitors and staff not to provide food from outside the facility without checking with charge nurse before giving to resident. Encourage self-feeding. Feed resident to complete as much of meal as possible..."</p> <p>R8's care plan initiated 1/5/24 showed, "The resident has unplanned/unexpected weight loss</p>	S9999		

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S9999	<p>Continued From page 5</p> <p>related to poor intake... The resident will consume 75-100% two of three meals/day... Alert dietitian if consumption is poor for more than 48 hours... Give the resident supplements as ordered. Alert nurse/dietitian if not consuming on a routine basis. If weight decline persists, contact physician and dietitian as soon as practical... Monitor and evaluate any weight loss. Determine percentage lost and follow facility protocol for weight loss. Monitor and record food intake at each meal. Offer substitutes as requested or indicated. The residents prefers: _____ (no preferences mentioned) ..."</p> <p>On 1/24/24 at 12:20 PM, R8 was sitting in the dining room in her wheelchair at the table. A tray of pureed meatloaf was given to R8 and placed out of reach. At 12:25 PM, there was a CNA sitting across the round table from R8 and she was assisting two other residents with their lunch. At 12:38 PM (18 minutes after R8's lunch was placed on the table), V11 CNA (Certified Nursing Assistant) sat down next to R8. V11 placed R8's spoon into the meatloaf and moved it in front of R8. R8 did not attempt to eat the meatloaf. V11 then put the spoon into R8's dessert and moved that in front of R8. R8 did not eat the dessert. At 12:50 PM, R8 left the dining room without eating any of her lunch. Staff did not offer assistance at any time during the meal. There was no Magic Cup or ice cream provided.</p> <p>On 1/24/24 at 2:20 PM, R8 said, "They give me pureed food and it is gross. My feeding tube came out before and I don't know how it happened, but I had an infection... Most of my weight loss happened before the feeding tube came out. I do sometimes eat the pureed food, but I hate their meatloaf and I don't like chili. I can't ask for anything else, they won't get it for</p>	S9999		

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S9999	<p>Continued From page 6</p> <p>me. I've asked before. I like Spaghetti-O's and ice cream, but they don't give me that very often."</p> <p>On 1/25/24 at 11:04 AM, V10 CNA (Certified Nursing Assistant) said, "[R8's] appetite is not good, and she refuses a lot of her meals. We try to encourage her, but she tends to refuse a lot. She just says she isn't hungry, or she doesn't like the meal. If she does not like the main meal or the substitute, we can offer her a peanut butter and jelly or a deli sandwich. We also have snack bins that have chips, pudding, jello, and crackers. I would say it is very rare that she does request a sandwich. I know she likes pop, chips, mac and cheese, canned ravioli, and spaghetti. She really likes those. I haven't seen her get any supplements. I haven't seen a magic cup or anything. I don't recall ever seeing ice cream on her tray either."</p> <p>On 1/24/24 at 12:45 PM, V14 (Dietary Manager) said R8 always refuses the pureed diet. V14 said family bring in canned Spaghetti-Os and raviolis and she will eat that, applesauce or pudding. She will not eat pureed food, always refuses it.</p> <p>On 1/25/24 at 1:25 PM, V14 (Dietary Manager) said the Registered Dietitian (RD) comes in once a month to review residents. V14 said, "The RD comes into the kitchen and looks at everybody. She talks about the menu to see if there is any problems. I am learning how to monitor weight loss, but it's been a little hard because I started in November, and we were down a couple people in the kitchen. Dietary assessments should be done by me but I'm still learning so the floor nurse is doing the assessments while I am being trained. I am trying to talk to the residents about their preferences but haven't had much of a chance to do that due to staffing shortage. I am starting to</p>	S9999		

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S9999	<p>Continued From page 7</p> <p>do one on one interviews with the residents and ask how things are going, allergies, likes and dislikes. If a resident does not like something we are serving, we also have a substitute. If they don't like the substitute, they can get a deli sandwich or a peanut butter and jelly sandwich. We have a weight meeting once a week that I sit in on and they talk about gains and losses, and we work out a game plan. I have a notebook that I have written down some things in from the weight meeting, but I don't have anything that I put in their chart. For R8, I know we are giving her ice cream at every meal if she takes it. We are doing chocolate pudding; she likes tomato soup, so we try and give her tomato soup. Anything she wants we are giving her just because we are trying to get her to gain weight. We have not given her any ravioli or Spaghetti-O's because her husband brings some of that in, but it is in my notes to see if that is something they want to start doing.</p> <p>On 1/25/24 at 2:12 PM, V2 (Regional Clinical Director) said, the nurses are doing the dietary assessments right now until the Dietary Manager is trained. They are assessing weight, diet, their diagnoses, hydration needs, chewing ability, swallowing, any issues like that. R8 can have whatever she wants, and I know one of the nurse's has brought a can of ravioli in at times because she does eat that. If they told her she can't have a substitute, I know who that would have been in the kitchen.</p> <p>The facility's policy and procedure revised 9/2008 showed, "Resident Weight Monitoring... If there is an actual significant weight change, the resident, family/guardian, physician and dietitian are notified. The date of notification for the physician and family/guardian is documented on the Report</p>	S9999		

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S9999	Continued From page 8 of Monthly Weight form... The food service manager and/or dietitian reviews the resident's nutritional status and makes recommendation for interventions in the nutrition progress note. (B)	S9999		