

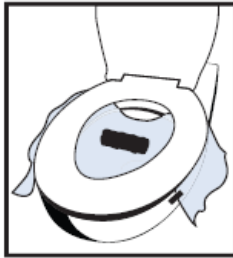
## Patient Instructions for Stool Specimen Collection for Bacterial Analysis Using a Cary Blair Vial

**NOTICE: The red liquid in the bottom of the container is poisonous. Do not drink it. Keep the container out of the reach of children. In case of swallowing, call a physician IMMEDIATELY. In case of skin or eye contact with the liquid, flush with water. If irritation persists, contact a physician.**

1. Gather all supplies: Pen, wax paper or plastic wrap, adhesive tape, container with spoon, plastic bags, paper bag, and test requisition form.
2. **Wash hands with soap and water** before beginning stool specimen collection (bowel movement).
3. Write the **patient's full name as well as the date and time that the specimen is collected** on the outside of the of the transport vial. **Print legibly.**
4. **Completely** fill out the information on the test requisition. **Print legibly.**
5. **To collect a stool specimen**, before using the toilet, lift the toilet seat and place a piece of wax paper or plastic wrap over the toilet bowl secured by

adhesive tape to prevent the sample from falling into the toilet bowl.

6. Make a depression in the plastic wrap or wax paper to aid specimen collection. Lower the toilet seat and



proceed with expelling bowel movement (stool specimen). Do not expel the specimen into the toilet. **Do not urinate on the specimen.** Do not pass (expel) the specimen directly into the container (vial).

7. Open the container and use the spoon built into the cap to transfer small samples from areas that appear bloody, slimy, or watery. If the specimen is firm, take samples from both ends and the middle. Continue adding samples until the liquid level reaches the red fill line.
8. Mix the contents of the vial with the spoon. It is not necessary to remove the spoon before recapping.
9. Recap the container, making sure the **lid is tight, and ensure contents will not leak.** Shake the container until the contents are well mixed.

10. Make sure that the patient's name as well as the date and time of collection are on the outside of the specimen container.
11. Place the container in the plastic bag and seal it.
12. Place the sealed plastic bag in a paper or plastic bag.
13. Dispose of the remaining stool in the toilet and discard the soiled plastic wrap by placing it in a paper or plastic bag. Place this bag into a plastic bag. Close the plastic bag with a twist tie and put it in the garbage.
14. **Wash hands thoroughly with soap and water.**
15. Place the specimen container in a paper or plastic bag in the refrigerator until it is returned to the health department. If refrigeration is unavailable, the specimen can be stored at room temperature.
16. Place the test requisition form in the outer plastic specimen bag. Do not put the test requisition form in the side of the bag containing the specimen. Deliver the bag with the specimen container as soon as possible within 24 hours of collection, unless otherwise instructed, to the following facility:

Name of Facility

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Address \_\_\_\_\_

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Phone \_\_\_\_\_

Hours \_\_\_\_\_

For questions, call:

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Thank you for your time and  
cooperation.